

## sandwiches

**PARISIAN  
HAM & BRIE 7.30**  
wth dijon, & dill pickle

**SMASHED AVOCADO &  
CHICKPEA WRAP 7.30**  
red onion, cucumber, spinach,  
arugula, alfalfa sprouts, avocado  
with lemon & sea salt  
on a wheat wrap

**ALBACORE TUNA  
SALAD 7.30**  
multigrain, tuna salad,  
greens, tomato

**UPTOWN TURKEY CLUB  
7.30**  
ciabatta, roast turkey, bacon,  
garlic mayo, greens, tomato

**VEGGIE HUMMUS  
SANDWICH 7.30**  
X

**APPLE PECAN  
CHICKEN SALAD  
WRAP 7.30**  
fesh apple, dried cranberries,  
pecans, chicken, & arugula  
on a wheat wrap

+ avocado 1.50  
+ tomato .50

**CHOOSE YOUR BREAD**  
roll, or multigrain  
bagel .85

## breakfast all day

**BREAKFAST  
BURRITO 7.30**  
eggs, cheddar, onions, pepper, & salsa

**BREAKFAST BEAN  
BURRITO 7.30**  
eggs, cheddar, black beans,  
onions, peppers, & salsa

**ROASTED VEGGIE  
BURRITO 7.30**  
eggs, cheddar, roasted veggies, & salsa

**EGGS TO ORDER  
1.05 per egg**

**BACON (3) 2.05**

**SAUSAGE (2) 2.05**

**GOLDEN WHEAT  
TOAST (2) 1.85**

**BREAKFAST TOTS 2.95**

**BAGEL WITH CREAM CHEESE  
2.50**

## build-your-own breakfast sandwich

**EGG ON A BUN 2.60**

**EGG + CHEESE  
ON A BUN 3.85**  
american, cheddar, havarti,  
or vegan cheddar

**EGG + PROTEIN  
ON A BUN 3.95**  
bacon, pork sausage, turkey  
bacon, or vegan sausage

**EGG + CHEESE +  
PROTEIN  
ON A BUN 5.00**  
bacon, pork sausage,  
turkey bacon, or vegan  
sausage, american, cheddar,  
havarti, or vegan cheddar



UG

**DAY CAFE**  
Monday-Friday  
8pm-5pm  
Saturday & Sunday  
noon-4pm

**NIGHT CAFE**  
Monday-Sunday  
8pm-midnight

**610 526 7413**

BEFORE PLACING YOUR ORDER,  
PLEASE SPEAK TO THE SUPERVISOR  
IF YOU HAVE A FOOD ALLERGY

## burgers

**CHOICE OF: BEEF BURGER,  
TURKEY BURGER,  
OR GARDEN BURGER**

**THE CLASSIC 6.85**  
lettuce & tomato

**THE CLASSIC  
+ CHEESE 7.35**  
lettuce & tomato; choice of:  
american, jack, or cheddar

**SUNRISE 8.25**  
smoked bacon, fried egg, american  
with lettuce & tomato

**CALIFORNIA 8.25**  
smoked bacon, sliced avocado,  
lettuce, tomato & garlic mayo

**THE ABOBE 8.25**  
cheddar, sliced avocado,  
sautéed onion & peppers,  
topped with chipotle mayo

**+ FRIES 1.65**

## quesadilla

**MADE ON  
FLOUR TORTILLA,  
SERVED WITH SALSA**

**CHEESE 6.50**  
cheddar

**CHICKEN 7.20**  
grilled chicken, & cheddar,

**BLACK BEAN 7.20**  
red onion, cheddar, & black beans

**ROASTED  
VEGETABLE 7.20**  
roasted vegetables, & cheddar

**SOUR CREAM .55**

**GUACAMOLE 1.35**

## toasted sandwiches

**TOMATO PESTO  
MOZZARELLA 7.30**  
basil pesto, roma tomatoes,  
fresh mozzarella & basil  
on ciabatta

**SHROOM GRILLED  
CHEESE 7.30**  
sauteed mushrooms, red onion,  
spinach with harvarti cheese  
on golden wheat

**GRILLED CHICKEN  
AVOCADO MELT 8.15**  
grilled chicken, avocado, tomato,  
jack & fresh spinach  
on country white

**VEGGIE PIZZA  
BAGEL 7.30**  
plain bagel topped with marina-  
ra, onions, peppers, & mush-  
room with jack,  
& cheddar cheese

**CHIPOTLE CHICKEN  
MELT 8.15**  
grilled chicken, smoked bacon,  
cheddar topped with spinach,  
tomato, & chipotle mayo  
on country white

## fryer

**CHICKEN  
TENDERS 6.25**  
with bbq sauce,  
honey mustard,  
or ranch

**VEGAN  
CHICKEN  
TENDERS 6.95**  
with bbq sauce,  
honey mustard,  
or ranch

**+ FRIES 1.65  
(TO TENDERS)**

## fryer snacks

**TOTS  
2.95**

**FRENCH  
FRIES 2.95**

**MOZZARELLA  
STICKS  
WITH MARINARA 3.85**

**FALAFEL  
WITH RANCH 3.95**

**SWEET POTATO  
FRIES 2.95**

**SPICY  
CAULIFLOWER  
WITH RANCH 3.95**

## salads

**MEDITERRANEAN  
GREEK SALAD 7.30**  
romaine, cucumber, tomato,  
red onion, feta, olives, hummus,  
& balsamic dressing

**BLT SALAD 7.30**  
romaine, corn, avocado,  
cucumber, chicken, pork bacon  
& honey mustard

**HAIL CAESAR  
SALAD 7.30**  
romaine, roasted chicken,  
parmesan, croutons,  
& caesar dressing

**HOUSE SALAD 5.80**  
romaine, cucumber, tomato,  
onion, & peppers