



FIT CLUB SCHEDULE

Hooray for **May 2012**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1 11:30-12:30 Indoor cycling 12:45-1:15pm Middle management 6:30pm Master's Swim	2 7:15am-8:15 Indoor cycling 11:30am Yoga w/ Lauren 12:00pm Tennis at tennis courts 12:30pm Badminton 12:30pm Meditation 5:30pm Yoga w/ Molly 6:30pm Master's Swim	3 11:30-12:30 Indoor cycling 12:30-1:30pm Basketball 12:45-1:15pm Middle management 6:30pm Master's Swim	4 7am Yoga w/ Lauren 12:00pm Total Body Bounce 12:30pm Badminton
7 11:30-12:30 Indoor cycling 12:30pm Badminton 12:30-1:30pm Basketball 5-6pm Zumba w/ Christine 6:30pm Master's Swim	8 11:30-12:30 Indoor cycling 6:30pm Master's Swim	9 7:15am-8:15 Indoor cycling 11:00am Weight Training 11:30am Yoga w/ Lauren 12:00pm Tennis at tennis courts 12:30pm Badminton 12:30pm Meditation 5:30pm Yoga w/ Molly 6:30pm Master's Swim	10 11:30-12:30 Indoor cycling 12:30-1:30pm Basketball 12:45-1:15pm Middle management 2-4pm Pick-up Soccer 6:30pm Master's Swim	11 7am Yoga w/ Lauren 12:00pm Total Body Bounce 12:30pm Badminton
14	15	16	17	18
<p>-----Fit Club classes will be on break from Saturday May 12th - Sunday June 3rd----- SUMMER FIT CLUB will begin Monday June 4th through Friday, August 3rd</p>				
21	22	23	24	25
28	29	30	31	<u>Summer Fit Club Calendar</u> will be finalized and posted by graduation