

grilled panini

Monday-Friday 11am-3pm and 8pm-11pm

EGGPLANT POMODORO

5.50

eggplant cutlet with mozzarella, fresh basil and marinara sauce on ciabatta

CHICKEN POMODORO

5.50

chicken with mozzarella, fresh basil and marinara sauce

TUNA MELT

5.50

tuna salad with choice of cheese and bread

TOMATO, PESTO, FRESH MOZZARELLA

5.50

on ciabatta, basil pesto, tomatoes, fresh mozzarella and fresh basil leaves

CHICKEN POMODORO

5.50

sliced chicken breast, mozzarella, fresh basil and marinara sauce

SMOKED TURKEY

5.50

with monterey jack, bacon, red onion and sun dried-tomato pesto

GRILLED HAM AND SWISS

5.50

with dijonnaise, thinly sliced ham and swiss

CALIFORNIA GRILLED CHICKEN

5.50

With roasted vegetables, grilled chicken, fontina and pesto on ciabatta

quesadilla

Monday-Friday 11am-3pm and 8pm-11pm

CHEESE 3.25

on a plain flour tortilla with cheddar and monterey jack

CHICKEN 4.25

on a plain flour tortilla with cheddar and monterey jack, salsa and cilantro

ROASTED VEGETABLE 4.25

on a honey wheat tortilla with roasted vegetables and fontina

BLACK BEAN 4.25

on a sundried tomato tortilla with cheddar and monterey jack, black beans, roasted corn, sauteed onions and cilantro

ROASTED MUSHROOM 4.25

on a spinach tortilla with monterey jack cheese, roasted mushrooms and spinach

SOUR CREAM 35¢

GUACAMOLE 55¢

SALSA 35¢

deli

Monday-Friday 11am-3pm and 8pm-11pm

TURKEY SWISS 5.25

with baby spinach, roma tomatoes and dijonaise on croissant

VEGGIE HUMMUS PITA 5.25

Whole wheat pita, olive oil, hummus, tomatoes, cucumbers, onions and peppers

TUNA SALAD 5.25

with tuna salad, roma tomatoes and mesclun greens on multigrain bread

HAM, APPLE AND CHEDDAR 5.25

with roasted ham, apple slices, cheddar, baby spinach, and honey mustard on a croissant

CHICKEN PESTO SALAD 5.25

with roma tomatoes and spring mix on a tortilla wrap

UPTOWN TURKEY CLUB 5.25

with garlic mayo, slow roasted turkey, bacon, roma tomatoes and spring mix on ciabatta

Freeal

milkshakes

3.59

Smoothies

3.69

Available in the freezer!

blended tea 4.00

Thai Tea

Mango

Green Tea

Plum

add bubbles .50

fountain soda 1.45

Coke

Diet Coke

Iced Tea

Sprite

Lemonade

Root beer

grill

Monday - Friday 11am-3pm and 8pm-11pm

ALL GRILL ITEMS ARE SERVED WITH
POTATO CHIPS AND FRESH PICKLE SPEARS

JUMBO BURGER	4.59
1/4 LB HOT DOG	3.75
TURKEY BURGER	4.39
GARDEN BURGER	4.30
GRILLED CHEESE	3.59
B.L.T.	3.99

fryer

CHICKEN TENDERS	3.55
WITH BBQ SAUCE OR HONEY MUSTARD	
MOZZARELLA STICKS	3.09
WITH MARINARA	
FRENCH FRIES	1.79
WAFFLE FRIES	1.79



COFFEE

12oz (SMALL)	1.65
16oz (MEDIUM)	1.75
20oz (LARGE)	1.85
REFILL	1.50
JOE TO GO	14.95
ICED COFFEE	1.85

tea 1.65

English Breakfast	Jasmine Fancy
Earl Grey with Bergamot	Xiaos Blend
Hibiscus C Blend	Sencha
Pure Peppermint Organic	Masala Chai
Red Rooibos Organic	Darjeeling Choice
Assam Golden Top	Lemon Rose

iced tea 1.65



tea 1.65

Assam Golden Tip...a rich, full bodied, malty, and pungent; excellent with milk. A solid morning tea.

Lemon Rose...blended with lemon peel, rosehips, lemon grass and lemon myrtle. Zesty and citrusy, with a bright rose color. Caffeine free

Darjeeling Choice...a tangy tea with a bright and penetrating flavor. Grown in the foothills of the Himalayas, this Darjeeling has the famous Muscat grape character the region is known for.

Masala Chai... "Chai" is the Indian word for tea. Meant to be consumed with milk and sugar, Masala Chai combines India tea with cinnamon, ginger, cardamom, cloves, and black pepper.

Sencha...The classic green tea from Japan. Savory, bright, with notes of fresh mown grass.

Xiaos Blend...Pronounced like the first syllable of "shower," Xiao's Blend combines peppermint, chamomile, and rosehips for a refreshing and soothing cup. Caffeine free

Chamomile Organic...Long associated with a relaxing beverage, Chamomile is sweet with an apple aroma. A delightful cup that is organically grown, and brews to a bright yellow-gold color. Caffeine free.

Decaf English Breakfast...We blend the finest available decaffeinated black teas from India and other regions to make a cup that is well balanced, mildly brisk, and can take well to milk.



tea 1.65

English Breakfast...brisk and slightly tangy high-grown India black tea. Formulated with milk and sugar in mind, for a balanced cup

Earl Grey with Bergamot...the classic Earl grey taste, using fragrant bergamot oil on a base of select black teas. A unique twist on a classic tea

Hibiscus C Blend...a complex herbal tea that blends Hibiscus with rosehips, cinnamon, lemongrass and sweet chamomile. Bright, rosy colour and tangy flavour. Caffeine free.

Pure Peppermint Organic...our peppermint is organically grown in the Pacific Northwest states of Oregon and Washington and has an intensely minty quality. Bright and refreshing. Caffeine free.

Red Rooibos Organic...our newest herbal tea is naturally caffeine free. Made organically from the Red Bush (Rooibos) of the South Africa's Cedarberg Mountains, this tea is a great alternative to black teas, Mellow deep red cup with a satisfying saffron-vanilla aroma.

Jasmine Fancy...China green tea with real Jasmine flower petals. Aromatic and floral.

salads

Monday-Friday 11am-3pm and 8pm-11pm

CAPRESE SALAD

5.59

spring mix topped with sliced tomato, fresh mozzarella, onions and fresh basil

BABY SPINACH

4.29

...with tuna salad

ADD 1.59

...with pesto chicken salad

ADD 1.59

MECLUN GREENS

3.99

...with tuna salad

ADD 1.59

...with pesto chicken salad

ADD 1.59

CHICKEN BREAST

5.59

With spring mix, tomatoes red onions and cucumbers

FRESH MOZZARELLA

5.59

SPINACH SALAD

with red onions, roasted red peppers, almonds and raspberry vinaigrette

One Newman's Own dressing with each salad! extra dressing .85

breakfast

Monday - Friday

8am-11am

CHEESE OMELET 2.99

PLUM TOMATO 3.55

MOZZARELLA OMELET

ROASTED PEPPER AND FRESH 3.99

MOZZARELLA OMELET

BACON AND SWISS OMELET 3.55

BACON, EGG AND CHEESE 3.15

SANDWICH

BACON AND EGG SANDWICH 2.95

EGG AND CHEESE SANDWICH 2.40

SAUSAGE, EGG AND CHEESE 3.15

SANDWICH

SAUSAGE AND EGG SANDWICH 2.89

BREAKFAST BURRITTO 3.65

Scrambled eggs, salsa, red peppers, red onions,
monterey jack and cheddar cheese in a tortilla

breakfast

Monday-Friday 8am-11am

FRESH EGGS	(1)	.75
<i>Cooked To Order</i>	(2)	1.40
	(3)	1.99
BACON (4 strips)		1.85
SAUSAGE (3 patties)		1.75
BAGEL with butter		1.65
with cream cheese		1.75
TOAST (2)		1.50
with butter		
FRENCH TOAST		2.60
BUTTERMILK	(2)	2.35
PANCAKES	(3)	2.75
APPLE CINNAMON	(2)	2.40
PANCAKES	(3)	2.85

specialty drinks

	single	double	triple
Espresso	1.75	2.00	2.25
Macchiato	2.00	2.25	2.50
	short	tall	grande
Americano	1.75	2.00	2.25
Cappuccino	2.80	3.30	3.80
Latte	2.80	3.30	3.80
Mocha	3.30	3.80	4.25
Steamer	2.60	3.05	3.60
Cocoa	2.60	3.05	3.60
Café au Lait	2.30	2.55	2.80
Chai	3.00	3.55	4.00
Cider	2.50	2.95	3.50

CARAMEL SAUCE .55

MADE WITH SOY MILK .75

FLAVORED SYRUP .55

Soup

Monday-Friday

Hearty Chili

Monday

Cream of Broccoli

Tuesday

Chicken Noodle

Wednesday

Minestrone

Thursday

Italian Wedding

Friday

Maryland Crab

12oz cup 2.99

daily special

One free
fountain soda
with purchase
of any
premade grab
and go
sandwich or
salad.

While supplies
last....