

Laura Marzano Kemper

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EDUCATION

University of Delaware, Newark, Delaware

Masters of Science in Exercise Physiology (May 2003)

- ❖ Thesis Title: Comparison of cardiopulmonary responses, distance walked and Par-Q exclusion rates in active and sedentary age-matched older adults during a six-minute walk test

Hofstra University, Hempstead, New York

Bachelors of Science Specialization in Athletic Training (May 2000)

EXPERIENCE

Bryn Mawr College, Department of Athletics and Physical Education; Bryn Mawr, Pennsylvania

❖ Assistant Athletic Trainer August 2007 –Present

- Responsible for on-site coverage and the preparation, assessment and treatment of athletic injuries of 13 Division III athletes.
- Assist in budget and equipment oversight.

❖ Physical Education Instructor August 2007- Present

- American Heart Association First Aid and CPR Instructor for students and staff.

❖ Bryn Mawr College Community Fit Club Coordinator and Instructor September 2007-Present

- Responsible for Instructor hiring and supervision, scheduling of classes and events, budget managing and program development from a faculty/staff 1 month program to a year-round program open to the entire college.

❖ Body Image Counsel Member September 2007-Present

- Attend regular meeting and assist in organization of various eating disorder and body image awareness educational programming and events.
- Athletic Department Coordinator for Wellness and Body Image Counsel Annual Speaker

❖ Snell-Shillingford Coaching Symposium January 2009

- Panelist for educating women athletes about the possibility of coaching youth through college levels.

Eastern University, Athletic Training Education Program, Radnor, Pennsylvania

❖ Accredited Clinical Instructor, 2007- Present

- Clinical Education and Supervision of Student-Athletic trainers.

The Baldwin School, Bryn Mawr, Pennsylvania

❖ Guest Speaker

- Presentation to student-athletes on Sports Nutrition and Positive Body Image *Fall 2009*
- Presentation to entire student body on Positive Body Image *Spring 2010*

AquaSport Physical Therapy, Norristown, Pennsylvania

❖ Athletic Trainer August 2004 – May 2006

- Provide daily practice preparation for Perkiomen Valley high school and middle school aged athletes.

- Assisted physical therapists in the rehabilitation of patients of various ages and disabilities.
- Experience with patient insurance verification and billing
- Provided per diem athletic training coverage of Division III athletic teams

Wesleyan University, Middletown, Connecticut

❖ **Athletic Trainer** September 2003- May 2004

- Provide practice preparation and rehabilitation of various athletic teams

HealthTrax Health & Wellness Corporation, Newington, Connecticut January 2003- July 2004

❖ **Exercise Specialist/ Personal Trainer/Manager**

- Organized exercise programs for members, supervised activity floor, developed and implemented fitness programs for special populations.
- Member of Management team and Facility Safety Committee

United States Figure Skating Association Championships, Dallas, Texas & Atlanta, Georgia

January 2003 & 2004

- ❖ Member of USFSA High Performance Team. Assisted in the collection and analysis of on-ice cardio respiratory data in elite athletes.

University of Delaware, Newark, Delaware

❖ **Graduate Assistant Athletic Trainer** August 2000-May 2001

- Provided daily practice preparation and rehabilitation for 5 Division I athletic teams
- Primary athletic trainer for **Men's Soccer** and **Softball** and various seasonal athletic tournaments
- Supervision of athletic training students

Alfred I. DuPont Hospital for Children, Wilmington, Delaware

❖ **Exercise Physiology Internship** September 2001- December 2001

- Assisted a multidisciplinary team of Pediatricians, Psychiatric Nurse and Nutritionist in the acute and long-term of treatment children and adolescents with anorexia nervosa, bulimia nervosa and obesity.

University of Delaware, Department of Health & Exercise Sciences, Newark, Delaware

❖ **Teaching Assistant** August 2000- July 2002

- Assisted professor in instruction of human anatomy course and organized study sessions.
- Instructed students in the principles of first aid and CPR.
- Created and instructed various university-credited self-defense and fitness courses.

PROFESSIONAL CERTIFICATIONS & LICENSURE

- ❖ NATABOC Athletic Training Certification August 2000
- ❖ Pennsylvania State Athletic Training License
- ❖ American Heart Association Basic Life Support Instructor Certification
- ❖ American Heart Association Professional Rescuer Certification

ACCOMPLISHMENTS

❖ **Yeager Cup Award**

- Bryn Mawr College 2010
 - Awarded to an individual who has given outstanding service to the Dept. of Athletics and Physical Education.

❖ **Professional Memberships**

- National Athletic Trainers Association since 1997
 - Pennsylvania Athletic Trainers Association since 2004
- ❖ University of DE Graduate Student Representative 2000-2002
- ❖ **Awarded City of Newark and University of Delaware Community Service Award** for
“The Golden Years” presentation to the Newark YMCA community.

EXERCISE PHYSIOLOGY EXPERIENCE

- ❖ **U.S. Figure Skating Training Camp Lake Placid, NY** June 2004
Assisted in the testing and diagnosis of exercise induced asthma in figure skaters.
- ❖ **Special Olympics, Connecticut/Eastern Region** May 2003
Assisted athletes in execution of drills and awarded medals
- ❖ **Newark YMCA, Newark, Delaware** Spring 2001
Addressed senior citizens on the importance of physical activity later in life.
Presentation title: Advanced Exercise Prescription for “The Golden Years”
- ❖ **Awarded City of Newark and University of Delaware Community Service Award**
for
“The Golden Years” presentation
- ❖ **Special Olympics, Newark, Delaware** Fall 2000
Assisted athletes in execution of drills and awarded medals