

Curriculum Vitae
Marc S. Schulz

Department of Psychology
Bryn Mawr College
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Current Position

Professor, Department of Psychology, Bryn Mawr College, 2009 - present
(Assistant Professor, 1997-2003, Associate Professor, 2003-2009)
Director, Graduate Ph.D. Program in Clinical Developmental Psychology, 2005 – present

Education and Training

Academic:

1994 University of California, Berkeley, Ph.D. in Clinical Psychology.
1989 University of California, Berkeley, M.A. in Clinical Psychology.
1984 Amherst College, B.A. in Sociology, Magna Cum Laude.

Postdoctoral and Internship Training:

1992-1993 Psychology Intern, Harvard Medical School (Children's Hospital, Massachusetts
Mental Health Center, McLean Hospital)
1993-1994 Pollin Psychology Fellow, Health Psychology Training Program, Harvard Medical
School (Children's Hospital, Dana Farber Cancer Center, Judge Baker Children's
Center)
1994-1996 Postdoctoral Fellow, Harvard Medical School (Judge Baker Children's Center)
National Institute of Mental Health NRSA Funding for Postdoctoral Research in
the Clinical Research Training Program (CRTP) directed by Stuart Hauser and
Robert McCarley, Harvard Medical School.

Previous Academic Positions

Instructor in Psychology, Psychiatry Dept., Harvard Medical School and Children's Hospital (1996-1997).

- Research Director and Project Coordinator, Coping with Breast Cancer Project, Harvard Medical School.
- Research Associate, Across Generations Project, Harvard Medical School.

Grants and Awards

- Co-Organizer, Mellon Foundation Grant for Conference at Williams College: Clinical Psychology in the Liberal Arts College: Surviving and Thriving in the 21st Century, 2011 (\$19,960)
- Co-Principal Investigator, National Institute on Aging (1R01AG034554-01), Social and Neural Underpinnings of Octogenarian Wellbeing, 07/15/2009 – 06/30/2013, Year 1 Funding: \$449,570.
- American Psychological Association and University of California Institute of Human Development Conference Grants (\$15,000 total): “Advances in Theory and Research on Family Development and Family-Based Prevention and Policy.” Co-organizers: John Coie, Ross Parke, Marsha Kline Pruett, 2005.
- Co-Investigator, Bryn Mawr College Center for Science in Society Research Grant for Work and Family Project, \$4,000, 2002-2004.
- Principal Investigator, Solomon Asch Center for Ethno-Political Conflict, Research Grant, \$9,900, 2001-2003.
- National Institute for Mental Health, RO1 Grant subcontract for research on psychopathology trajectories, \$9,000, 1999-2000.
- Principal Investigator, Penn National Commission Grant for Research on Reconciliation and Conflict Processes, \$16,350, 1999.
- Principal Investigator, John Templeton Foundation Grant Proposal approved by External Scientific Review Panel for \$200,000 in funding over three years (grant never awarded because of Foundation fundraising difficulties). Anger and Forgiveness Processes in Close Relationships, 1999.
- Bryn Mawr College Faculty Research Grants, 1998 (\$3,700), 2001 (\$3,490)
- National Institute of Mental Health National Research Service Award (NRSA) for Post-Graduate Research, 1994-1996.
- Linda Pollin Fellowship in Clinical Health Psychology, 1993-1994.
- Spring Foundation Dissertation Research Grant, 1991-92.
- Sheldon J. Korchin Dissertation Prize in Clinical Psychology at the University of California, Berkeley, 1991.
- Woodrow Wilson Foundation Spencer Dissertation-Year Fellowship, Alternate Selection, 1991.
- Amherst College Memorial Fellowship for Graduate Study, 1986-1990.
- Research Presentation Travel Grants, University of California, Berkeley, 1989 & 1991.
- Institute for East Asian Studies-Masayasu Edayoshi Fellowship for research in Japan, Summer, 1987.
- University of California Nonresident Tuition Scholarships, 1986-87.

Courses Taught

- Graduate: Multivariate Statistics, Developmental Psychopathology, Psychotherapy
- Undergraduate: Abnormal Psychology, Emotion Research Seminar, Developmental Psychopathology, Psychology of Mindfulness

Professional Experience

- Consultant to Swiss National Science Foundation Study: “Dyadic coping in adolescent couples: How do young couples cope together and how is their dyadic coping influenced by their parents.” Guy Bodenmann, Principal Investigator, University of Zurich, 2010-present.

Reviewer for Swiss National Science Foundation Grants for Psychological Research, 2010.

External Reviewer for Faculty Sabbatical Fellowship Awards, Swarthmore College, 2009, 2010.

Visiting Scholar, University of Fribourg, Switzerland, Chair of Clinical Psychology, Spring 2009

Editorial Board, *Journal of Family Psychology*, 2006-2010.

Invited Reviewer: Child Development, *Journal of Family Psychology*, *Journal of Marriage and Family*, *Journal of Social and Clinical Psychology*, *Journal of Research on Adolescence*.

Research Associate, Study of Adult Development Project, George Vaillant and Robert Waldinger, Principal Investigators, Harvard University (NIMH-funded longitudinal study of individual and family adaptation), 2002-present.

Consultant for Harvard NeuroDiscovery Center Grant to Robert J. Waldinger, Principal Investigator, "Social Neuroscience of Successful Aging." 2007-2009.

Consultant to Fidelity Foundation Grant to Robert J. Waldinger, Principal Investigator, "Adding Neuroscience Assessments and Genetics to a 68-Year Longitudinal Study of Aging." 2008-2009

Honors Examiner, Swarthmore College, Psychology Department, May 2008.

Staff Psychologist, Bryn Mawr College Child Study Institute, 1997- present.

Research Associate and Consultant, Across Generations Project, Harvard Medical School and Judge Baker Children's Center, 1994-2008. A longitudinal study of individual and family development from adolescence through adulthood.

Research Director, Coping with Breast Cancer Project, Harvard Medical School, Boston, MA, 1996-1997; Research Associate, 1997-2000.

Instructor in Psychology, Department of Psychiatry, Harvard Medical School and Children's Hospital, Boston, MA, 1996-1997.

Supervisor and Instructor, Pain Treatment Service and Behavioral Medicine Department, Children's Hospital and Harvard Medical School, Boston, MA 1996-1997.

Psychology Fellowship, Children's Hospital and Dana Farber Cancer Institute, Harvard Medical School, Boston, MA. September 1993-August 1994.

Psychology Internship, Massachusetts Mental Health Center, Children's Hospital and McLean Hospital/Harvard Medical School, Boston, MA. July 1992-June 1993.

Psychology Testing Practicum, Langley Porter Psychiatric Institute, University of California, San

Francisco Medical Center, January 1990-June 1990.

Publications

- Maneta, E.K., Cohen, S., Schulz, M.S., & Waldinger, R.J. (accepted). Links between childhood physical abuse and intimate partner aggression: The mediating role of anger expression. *Journal of Violence and Victims*.
- Schulz, M.S. & Lazarus, R.S. (in press) Emotion regulation during adolescence: A cognitive-mediational conceptualization. In P.K. Kerig, M.S. Schulz, & S.T. Hauser (Eds.), *Adolescence and beyond: Family interactions and transitions to adulthood* (pp. 19-42). Oxford University Press.
- Liu, L., Cohen, S., Schulz, M.S., & Waldinger, R.J. (in press). Linking attachment style with somatization: The mediating roles of anger experience and expression. *Social Science and Medicine*.
- P.K. Kerig, M.S. Schulz, & S.T. Hauser (Eds.) (in press). *Adolescence and beyond: Family interactions and transitions to adulthood*. Oxford University Press.
- Schulz, M.S., & Kerig, P.K. (in press). Looking Beyond Adolescence: Translating Basic Research into Clinical Practice. In P.K. Kerig, M.S. Schulz, & S.T. Hauser (Eds.), *Adolescence and beyond: Family interactions and transitions to adulthood* (pp. 304-313). Oxford University Press.
- Hauser, S.T., Allen, J.P., & Schulz, M.S. (in press). Exceptional Outcomes: Using Narratives and Family Observations to Understand Resilience. In P.K. Kerig, M.S. Schulz, & S.T. Hauser (Eds.), *Adolescence and beyond: Family interactions and transitions to adulthood* (pp. 231-248). Oxford University Press.
- Waldinger, R.J., Kensinger, E.A., & Schulz, M.S. (2011). Neural Activity, Neural Connectivity, and the Processing of Emotionally-Valenced Information in Older Adults: Links with Life Satisfaction. *Cognitive, Affective, and Behavioral Neuroscience*, 11, 426-436.
- Schulz, M.S., Pruett, M.K., Kerig, P.K., & Parke, R.D. (editors; 2010). *Strengthening Couple Relationships for Optimal Child Development: Lessons from Research and Intervention*. Washington, DC: American Psychological Association.
- Schulz, M.S. & Waldinger, R.J. (2010). Capturing the Elusive: Studying Emotion Processes in Couple Relationships. In M.S. Schulz, M.S., M.K. Pruett, P.K. Kerig, & R.D. Parke (eds.). *Strengthening Couple Relationships for Optimal Child Development: Lessons from Research and Intervention*. Washington, DC: American Psychological Association.
- Schulz, M.S., Kerig, P.K., Pruett, M.K., & Parke, R.D. (2010). Introduction: Feathering the nest. In M.S. Schulz, M.S., M.K. Pruett, P.K. Kerig, & R. D. Parke (eds.). *Strengthening Couple Relationships for Optimal Child Development: Lessons from Research and Intervention*. Washington, DC: American Psychological Association.

- Parke, R.D., Schulz, M.S., Pruett, M.K., & Kerig, P.K. (2010). Tracing the development of the couples and family research tradition: The enduring contributions of Philip and Carolyn Pape Cowan.. In M.S. Schulz, M.S., M.K. Pruett, P.K. Kerig, & R.D. Parke (eds.). *Strengthening Couple Relationships for Optimal Child Development: Lessons from Research and Intervention*. Washington, DC: American Psychological Association.
- Schulz, M.S., Kerig, P.K., Pruett, M.K., & Parke, R.D. (2010). Coda: Looking to the Future. In M.S. Schulz, M.S., M.K. Pruett, P.K. Kerig, & R. D. Parke (eds.). *Strengthening Couple Relationships for Optimal Child Development: Lessons from Research and Intervention*. Washington, DC: American Psychological Association.
- Waldinger, R.J., & Schulz, M.S. (2010). Facing the music or burying our heads in the sand?: Adaptive emotion regulation in midlife and late life. *Research in Human Development, 7*, 292-306.
- Waldinger, R.J., & Schulz, M.S. (2010). What's love got to do with it? Social functioning, perceived health, and daily happiness in married octogenarians, *Psychology and Aging, 25*, 422-431.
- Whitton, S.W., Waldinger, R.J., Schulz, M.S., Allen, J.P., Crowell, J.A., & Hauser, S.T. (2008). Prospective associations from family-of-origin interactions to adult marital interactions and relationship adjustment. *Journal of Family Psychology, 22*, 274-286.
- Waldinger, R.J. & Schulz, M.S. (2006). Linking hearts and minds in couple interactions: Intentions, attributions and overriding sentiments. *Journal of Family Psychology, 20*, 494-504.
- Schulz, M.S., Cowan, P.A., & Cowan, C.P. (2006). Promoting healthy beginnings: A randomized controlled trial of a preventive intervention to preserve marital quality during the transition to parenthood. *Journal of Clinical and Consulting Psychology, 74*, 20-31.
- Waldinger, R.J., Schulz, M.S., Barsky, A.J., & Ahern, D.K. (2006). Mapping the road from childhood trauma to adult somatization: The role of attachment. *Journal of Psychosomatic Medicine, 68*, 129-135.
- Schulz, M.S., & Waldinger, R.J. (2005). The value of pooling "naïve" expertise. *American Psychologist, 60*, 656-657.
- Schulz, M.S., Waldinger, R.J., Hauser, S.T., & Allen, J.P. (2005). Adolescents' behavior in the presence of interparental hostility: Developmental and emotion regulatory influences. *Development and Psychopathology, 17*, 489-507.
- Schulz, M.S. (2005). Parents' work experiences and children's adaptation to school. In P.A. Cowan, C.P. Cowan, J.C. Ablow, V.K. Johnson, & J.R. Measelle (eds.), *The family context of parenting in children's adaptation to elementary school*, Monographs in Parenting Series (Journal of Parenting: Science and Practice) (pp. 237-253). Mahwah, NJ: Lawrence Erlbaum Associates.

- Harter, K.S., Waldinger, R.J., & Schulz, M.S. (2005). The relation of shame to anger in intimate adult relationships (Abstracts of the American Psychoanalytic Association Winter Meetings, *Journal of the American Psychoanalytic Association*, 53, 1333-1335.
- Schulz, M.S., Cowan, P.A., Cowan, C.P., & Brennan, R. T. (2004). Coming home upset: Gender, marital satisfaction and the daily spillover of workday experience into marriage. *Journal of Family Psychology*, 18, 250-263.
- Schulz, M.S. & Waldinger, R.J. (2004). Looking in the mirror: Participants as observers of their own and their partners' emotions in marital interactions. In P. Kerig & D. Baucom (Eds.), *Couple observational coding systems* (pp. 257-270). Mahwah, NJ: Lawrence Erlbaum Associates.
- Waldinger, R.J., Schulz, M.S., Hauser, S.T., Allen, J.P., & Crowell, J.A. (2004). Reading others' emotions: The role of intuitive judgments in predicting marital satisfaction, quality and stability. *Journal of Family Psychology*, 18, 58-71.
- Stein, J. & Schulz, M.S. (2000). Emotion and its regulation: Recent family-based research. *Couple and Family Therapy Quarterly*, 9-13, APA Division 39.
- Schulz, M.S., Bennett, A., & Stein, J. (1999). To forgive or not to forgive: The nature of offenses and the costs and benefits of confronting upsetting experiences. A report commissioned by the Penn National Commission on Society, Culture, and Community, Judith Rodin, Chair. Philadelphia, PA: University of Pennsylvania.
- Cowan, P.A., Cowan, C.P., & Schulz, M.S. (1996). Thinking about risk and resilience in families. In E.M. Hetherington & E. Blechman (Eds.), *Stress, coping, and resiliency in children and families, Advances in Family Research, Vol. 5* (pp.1-38). Mahwah, NJ: Lawrence Erlbaum Associates.
- Schulz, M.S. & Masek, B.J. (1996). Medical crisis intervention with children and adolescents in chronic pain. *Professional Psychology: Research and Practice*, 27, 121-129.
- Cowan, P.A., Cowan, C.P., Schulz, M.S., & Heming, G. (1994). Prebirth to preschool family factors predicting children's adaptation to kindergarten. In R. Parke & S. Kellam (Eds.), *Exploring family relationships with other social contexts, Advances in Family Research, Vol. 4* (pp.75-114). Hillsdale, NJ: Lawrence Erlbaum Associates.

Manuscripts under review

- Cohen, S., Schulz, M.S., Weiss, E., & Waldinger, R.J. (under review). "A" for effort: The individual and dyadic contributions of empathic accuracy and empathic effort to relationship satisfaction. *Journal of Family Psychology*.
- Waldinger, R.J., & Schulz, M.S. Defenses as a transdiagnostic window on psychopathology. In P. Luyten, L. Mayes, P. Fonagy, M. Target, & S.J. Blatt (eds.), *Handbook of contemporary psychodynamic approaches to psychopathology*. Guilford Press.

Manuscripts in progress

- Marvin, S.E., Schulz, M.S., & Waldinger, R.J. Dyadic anger in the prediction of intimate partner violence.
- Maneta, E.K., Cohen, S., Schulz, M.S., & Waldinger, R.J. Two to tango: A dyadic analysis of links between borderline personality traits and intimate partner violence.
- Waldinger, R.J. & Schulz, M.S. Checking the Brakes: Heart Rate Variability and Intimate Partner Violence.
- Stein, J. & Schulz, M.S. Connecting heart and mind: Links among beliefs about the consequences of emotion, interpersonal intentions, and affective expression in marital interactions.
- Weiss, E., Schulz, M.S., & Waldinger, R.J. Interpersonal sensitivity: Moment-to-moment affective and motivational influences.
- Scott, J. & Schulz, M.S. Mindfulness and everyday experience: The role of motivation to observe one's experience and surroundings.

Conference Presentations

- Schulz, M.S., Waldinger, R.J., & Lavin, E. (2010, September). Capturing Emotion Regulation in Action: Multi-Method Dynamic Approaches to Assessing Emotion in Couple Interactions. Paper presented at the biennial meeting of the European Society of Family Relations, Milan, Italy.
- Scott, J.R. & Schulz, M.S. (2009, November). The How, What, and Why of Mindfulness: Motivation for Observing and Emotional Well-Being. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, New York, NY.
- Scott, J.R. & Schulz, M.S. (2009, June). Daily Experience and Mindfulness: Motives Matter. Presented at the biennial meeting of the Society for Ambulatory Assessment, Griefswald, Germany.
- Waldinger, R.J. & Schulz, M.S. (2008, July). Heart rate variability, emotion regulation, and intimate partner violence. In M.S. Schulz (Chair), Innovative methods for studying the influence of emotions on couple relationships. Paper presented at the meeting of the International Association for Relationship Research, Providence, RI.
- Weiss, E., Waldinger, R.J., & Schulz, M.S. (2008, July). The influence of emotional arousal on interpersonal sensitivity: Modeling within-partner covariation across time. In M.S. Schulz (Chair), Innovative methods for studying the influence of emotions on couple relationships. Paper presented at the meeting of the International Association for Relationship Research, Providence, RI.

- Kim, H., Schulz, M.S., & Compton, R. (2007, November). Relationships among Mindfulness, Rumination and EEG Asymmetries. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Philadelphia, PA.
- Waldinger, R.J., Schulz, M.S., Hasan, N.S., & Dion, N. (2007, November). Checking the Brakes: Heart Rate Variability and Intimate Partner Violence. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Philadelphia, PA.
- Grundy, K.M., Schulz, M.S., Zimmerman, V.D., & Miller, M. (2007, November). Exploring Cognitive Consequences of Expressive Emotion Suppression: The Relationship between Mindfulness and Memory. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Philadelphia, PA.
- Schulz, M.S. & Waldinger, R.J. (2007, November). Reading Others' Emotions: Using Intuitive Judgments from Naive Coders to Predict Relationship Satisfaction and Stability. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Philadelphia, PA.
- Waldinger, R.J. & Schulz, M.S. (2007, October). What's Love Got To Do With It?: Relationship satisfaction, social connections, health stressors, and daily mood in married octogenarians. Paper presented at the biennial meeting of the Society for the Study of Human Development, State College, PA.
- Winkles, J.K., Whitton, S.W., Waldinger, R.J., Schulz, M.S., & Hauser, S.T. (2007, March). Associations of attachment styles with expression of broad and specific emotions during couple conflicts. Poster presented at the biennial meetings of the Society for Research in Child Development, Boston, MA.
- Hamilton, D., Schulz, M.S., & Hills, T. (2007, March). The Power of Positive Thinking: Do Positive Emotions Broaden the Cognitive Repertoire of Preschoolers. Poster presented at the biennial meetings of the Society for Research in Child Development, Boston, MA.
- Schulz, M.S. (2006, November). Promoting healthy beginnings: A randomized controlled trial of a preventive intervention to preserve marital quality during the transition to parenthood. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Chicago, IL.
- Stein, J., Schulz, M.S., & Waldinger, R.J. (2006, November). Connecting heart and mind: Links among beliefs about the consequences of emotion, interpersonal intentions, and affective expression in marital interactions. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Chicago, IL.
- Schulz, M. & Waldinger, R.J. (2006, July). Linking Hearts and Minds in Couple Interactions Via Video Recall: Intentions, Attributions and Overriding Sentiments. Paper presented at the biennial conference of the International Association for Relationship Research, Rethymnon, Crete, Greece.

- Waldinger, R.J., Kuo, S., Schulz, M., & Vaillant, G. (2006, July). Grumpy Old Men?: Social Integration as a Moderator of Links Between Daily Stressors And Well-Being In Octogenarian Men And Their Partners. Paper presented at the biennial conference of the International Association for Relationship Research, Rethymnon, Crete, Greece.
- Schulz, M. (2005, October). Emotion Regulation and Couple Interactions: Integrating Cognitive-Mediational and Family Research Perspectives. Invited paper presented at Advances in Theory and Research on Family Development and Family-Based Prevention and Policy, Berkeley, CA
- Paris, A., Frantz, J., Heindel, S., & Schulz, M.S. (2005, April). Multimethod approaches to studying the effects of interparental conflict history on sensitivity to future relationship conflict. Poster presented at the biennial meetings of the Society for Research in Child Development, Atlanta, GA.
- Bennett, A.E. & Schulz, M.S. (2005, April). Assessing work-family conflict on a daily basis: Links to parenting. Poster presented at the biennial meetings of the Society for Research in Child Development, Atlanta, GA.
- Kristina, S. M., Harter, K.S.M., Waldinger, R.J., & Schulz, M.S. (2005, January). The Relation of Shame to Anger in Intimate Adult Relationships. Poster presented at the annual meeting of the American Psychoanalytic Association, New York, NY.
- Schulz, M.S., Waldinger, R.J., Chivers, L., & Zimmerman, V. (2003, November). Assessing Cognitions and Emotions in Couple Interactions: Methods and Links to Marital Quality. Paper presented at the annual meetings of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Waldinger, R.J., Schulz, M.S., Moore, C., & Weiss, E. (2003, November). The Active Ingredients of Empathic Behavior and Perceptions in Couple Interactions. Paper presented at the annual meetings of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Zimmerman, V.D., Schulz, M.S., & Waldinger, R.J. (2003, November). The Measurement and Consequences of Emotion Suppression in Marital Interactions: Does Hiding Your Emotions Require Physiological Work? Poster presented at the annual meetings of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Frantz, J., Heindel, S., & Schulz, M.S. (2003, April). More than meets the eye: Effects of interparental conflict history on encoding and reacting to future relationship conflict. Paper presented at the biennial meetings of the Society for Research in Child Development, Tampa, FL.
- Waldinger, R.J., Moore, C., & Schulz, M.S. (2003, April). Childhood sexual abuse and the experience of adult intimacy: Links with attachment styles and self-reports of emotion during video recall of couple interactions. Paper presented at the biennial meetings of the Society for Research in Child Development, Tampa, FL.

- Waldinger, R.J., Schulz, M.S., & Moore, C. (2002, October). Looking in the mirror: Participants as observers of their own and their partners' emotions in couple interactions. Poster presented at the American Psychological Association Conference: Couples Under Stress, Boston, MA.
- Waldinger, R.J., Moore, C., Chivers, L., Heaney, A., & Schulz, M.S. (2001, December). "Mountains out of molehills?: How borderline individuals read their partners' emotions." Invited poster presentation at the annual meeting of the American Psychoanalytic Association, New York, NY.
- Schulz, M.S. & Cowan, C.P. (2001, April). Promoting healthy beginnings: Marital quality during the transition to parenthood. A poster presented at the biennial meetings of the Society for Research in Child Development, Minneapolis, MN.
- Bennett, A. & Schulz, M.S. (2001, April). Parenting stress, daily parenting experience and working parents' psychological investment in family. A poster presented at the biennial meetings of the Society for Research in Child Development, Minneapolis, MN.
- Heaney, A., Waldinger, R.J., Schulz, M.S., & Moore, C. (2000, November). You just don't understand: Child abuse and empathic accuracy in adult couples. A poster presented at the annual meetings of the International Society for Traumatic Stress Studies, San Antonio TX.
- Stein, J. & Schulz, M.S. (2000, August). Assessing beliefs about emotional expression within marriage. Poster presented at the annual meetings of the American Psychological Association, Washington, DC.
- Waldinger, R.J. & Schulz, M.S. (2000, June). When abuse survivors marry: Emotion regulation in intimate relationships. A paper presented at the 7th International Family Violence Research Conference, University of New Hampshire, Durham, NH.
- Moore, C., Heaney, A. Waldinger, R.J., & Schulz, M.S. (2000, July). Empathic accuracy in child sexual abuse survivors. A poster presented at the 7th International Family Violence Research Conference, University of New Hampshire, Durham, NH.
- Schulz, M.S., Hauser, S.T., Allen, J., Crowell, J., Gralinski-Bakker, H., Hladek, D., Best, K., & Waldinger, R.J. (2000, March). Psychopathology and development: Trajectories of psychopathology from early adolescence through young adulthood. Paper presented at the biennial meetings of the Society for Research on Adolescence, Chicago, IL.
- Bennett, A., & Schulz, M.S. (1999, June). Linking psychological investment in work and family roles, parenting stress, and quality of parent-child interactions among working parents with young children. Poster presented at the meetings of the Pennsylvania Psychological Association, King of Prussia, PA.
- Stein, J. & Schulz, M.S. (1999, June). Beliefs about emotional expression within marriage. Poster presented at the meetings of the Pennsylvania Psychological Association, King of Prussia, PA.

- Schulz, M.S. & Waldinger, R.J. (1999, April). Links between adolescents' emotional regulatory capacities and their emotional behavior in marital interactions as young adults. Paper presented at the biennial meetings of the Society for Research in Child Development, Albuquerque, NM.
- Waldinger, R.J., Schulz, M.S., & Gerber, A. (1999, April). Intimacy after child abuse: Emotion regulation in the marriages of abused children grown up. Paper presented at the biennial meetings of the Society for Research in Child Development, Albuquerque, NM.
- Schulz, M.S. (1998, February). Emotional regulatory capacities and adolescents' behavior in family interactions: The impact of interparental hostility. Paper presented at the biennial meetings of the Society for Research on Adolescence, San Diego, CA.
- Schulz, M.S. (1997, April). Daily linkages between parents' stressful work experiences and the quality of parent-child interactions. Paper presented at the biennial meetings of the Society for Research in Child Development, Washington, DC.
- Schulz, M.S. (1997, April). Parental work conditions and children's school adaptation: Identifying familial moderators and pathways. Paper presented at the biennial meetings of the Society for Research in Child Development, Washington, DC.
- Almeida, D. & Schulz, M.S. (1996, June). Examining the days of our lives: Using daily and within-day data collections to study family processes. Invited paper presented at the Family Research Consortium Summer Institute, San Diego, CA.
- Schulz, M.S., Hauser, S.T., Allen, J., & Borman-Spurrell, E. (1996, June). Emotion-focused coping styles and adolescents' behavior in family interactions. Paper presented at the Family Research Consortium Summer Institute, San Diego, CA.
- Schulz, M.S. (1993, March). Family interaction under stress: Emotional spillover from work stress to family life for parents of kindergartners. Paper presented at the biennial meetings of the Society for Research in Child Development, New Orleans, LA.
- Schulz, M.S. & Measelle, J.R. (1992, November). Psychological processes that shape the impact of women's job stress on women's well-being and family life. Paper presented at the American Psychological Association-National Institute for Occupational Safety and Health Conference on Stress in the 90's, Washington, DC.
- Schulz, M.S. (1992, April). Coping with negative emotional arousal from work: Spillover into marital and parent-child relationships. Invited colloquium at the Wright Institute, Berkeley, CA.
- Schulz, M.S. (1991, April). Linkages among both parents' work roles, parenting style and children's adjustment to school. Paper presented at the biennial meetings of the Society for Research in Child Development, Seattle, WA.
- Schulz, M.S. (1989, April). Cognitive complexity, expectations, and idealizations during the transition to parenthood. Paper presented at the biennial meetings of the Society for Research in Child Development, Kansas City, MO.

Professional Activities

Invited Faculty Member, European Society for Family Research Doctoral Workshop, Investigating Interpersonal Sensitivity and Emotion Regulation in Couples and Families. University of Fribourg, April, 2009.

Symposium organizer and chair, Innovative methods for studying the influence of emotions on couple relationships. Biennial meetings of the International Association for Relationship Research, Providence, RI, July, 2008.

Honors Examiner for Swarthmore College, Department of Psychology, May, 2008.

Symposium organizer and chair, Moving couples research to the front lines: Results from three preventive interventions designed to promote healthy couple and family relationships. Annual meeting of the Association for Behavioral and Cognitive Therapy, Chicago, IL, November, 2006.

Symposium organizer and chair, Moving Beyond Snapshots of Affective and Relational Processes: New Findings Using Experience Sampling and Video Recall. Biennial conference of the International Association for Relationship Research, Rethymnon, Crete, Greece, July 2006.

Conference co-organizer: Advances in Theory and Research on Family Development and Family-Based Prevention and Policy, Berkeley, CA, October 2005.

Symposium co-organizer and co-chair, Psychopathology across time: Studying trajectories of maladaptive functioning from adolescence through early adulthood. Biennial meetings of the Society for Research on Adolescence, Chicago, IL, March 2000.

Symposium co-organizer and co-chair, Parents' work and children's family experiences: Using daily diaries to examine the linkages. Biennial meetings of the Society for Research in Child Development, Washington, DC, April 1997.

Selective List of Recent Invited Presentations:

Convocation Speech, Bryn Mawr College, August 31, 2009.

Capturing the Elusive: Emotion Processes in Couple Relationships. Invited Colloquium at the University of Zurich, Department of Psychology, May 26, 2009.

Emotion Regulation: History, Theory and Measurement in Couple Relationships, Keynote Address for European Society for Family Relations, Doctoral Workshop, University of Fribourg, April 27, 2009.

Emotion Regulation in Couple Relationships. Invited Colloquium at the University of Fribourg, Department of Psychology, April 2, 2009.

Close Relationships, Presentation to the Social and Cultural Psychology Proseminar at the University of Pennsylvania, Department of Psychology, February 26, 2008.

Passion and Reason: Emotion Processes in Couple Relationships, Invited colloquium for the Departments of Psychology and Human Development, Virginia Tech University, September 8, 2006.

Presentation for Bryn Mawr Graduate Student Orientation. Protocols of Research and Writing. 2005, 2006. 2010, 2011.

Presentation to the Women Living Well Series at Bryn Mawr College. Mindfulness, Reflecting, and Brooding: Links to Well-being and Distress. March 23, 2005.

Panelist, "The (Continuing) Evolution of (My) Mind: An Engagement with Dan Gottlieb." Bryn Mawr College, March 31, 2004.

Invited presentation, Church of the Redeemer Adult Education Series, Bryn Mawr. Presentation on efforts to promote healthy marriages, February 23, 2003.

Presentation at Bryn Mawr College's Parents Weekend on the psychological study of marriage, November 2, 2002.

Invited presentation, Church of the Redeemer Adult Education Series, Bryn Mawr College. Presentation on marital relationships, October 27, 2002.

Invited presentation, Center for Science in Society Brown Bag Series, Bryn Mawr College: Studying Work-Family Connections, March 19, 2002.

Invited presentation, Church of the Redeemer Adult Education Series, Bryn Mawr College. Presentation on adolescent-parent relationships, January 20, 2002.

In-studio guest for "Voices in the Family" show on Children and Responses to 9/11 on WHYY (National Public Radio), October 8, 2001.

Panelist for Theatre Ariel "Conversation" about Born Guilty. National Museum of American Jewish History, Philadelphia, PA, February 7, 2001.

Presentation at Bryn Mawr College's Parents Weekend: "The Psychological Study of Marriage: Thoughts, Emotions and Videotapes," October 2000.

Invited Colloquium Speaker, Department of Psychology, Lehigh University, April 14, 2000.

Invited Presentation, White Dog Café "Table Talks" Community Discussions, Philadelphia, PA. Presentation on Forgiveness in Marriages, February 7, 2000.

Psychology Department Colloquium, University of Delaware, November 15, 1999.
Presentation on emotion regulation in family relationships.

Penn National Commission Annual Meetings, Philadelphia, PA, November 8, 1999.
Presentation on findings of forgiveness study.

Symposium on Forgiveness and Reconciliation, Harvard University, October 1999. Invited
participant in workshops on forgiveness and family relationships.

Solomon Asch Center for Ethno-Political Conflict, University of Pennsylvania, July 1999.
Presentation on forgiveness.

Howard Hughes Medical Institute Summer Research Program, Bryn Mawr College, June
1999. Presentation on the study of emotion in marriage.

Reviewer, Student Editorial Board, American Journal of Community Psychology, 1990-1991.

*Presentations at Continuing Education Conferences or Grand Rounds for Mental Health
Professionals:*

Organizer and Presenter, "Focused Interventions for Children with Medical Problems,"
cosponsored by Bryn Mawr College Child Study Institute, Linda Pollin Institute at
Harvard Medical School and the Pennsylvania Psychological Association. Bryn Mawr,
PA, October 1998.

Chronic Pain: Etiology and Treatment, presented at "Intervening with Medically Ill Patients,"
sponsored by Harvard Medical School, Boston, MA, May 1996.

Treating Chronic Pain in Childhood, presented at "Crisis Counseling for Patients and Families
of Patients with Chronic Medical Illnesses," sponsored by the University of Maryland
School of Medicine, Baltimore, MD, November 1995.

Beyond It's all in Your Head: Psychological Considerations in Chronic Pain in Childhood,
presented at "Medical Crisis Counseling," sponsored by Children's Hospital, Boston, MA,
July 1994.

Individuation and group identity: Reflections on a group therapy intervention for conduct-
disordered adolescent boys. Grand Rounds presentation with A. Mayer at the
Massachusetts Mental Health Center, Harvard Medical School, May 1993.

Consulting and Other Professional Experience

Consultant to Depression Preventive Intervention Project, Harvard Medical School, Boston, MA.
William Beardslee, M.D., principal investigator, 1996.

Consultant to Philip Zimbardo, Ph.D. and Harper Collins Press for chapter on abnormal psychology
in introductory psychology textbook, 1990-1991.

Consultant on Program Planning and Development, Healthy Mothers, Healthy Babies, Berkeley, CA, 1988-1989.

Staff Writer, Committee for Economic Development, Social Policy Analysis, New York, NY, 1985-1986.

Consultant on Program Evaluation and Planning, Programs for Disadvantaged Youth, New York Foundation, New York, NY, 1983.

Community Organizer, N.Y. Public Interest Research Group's Citizens Alliance, Freeport, NY, 1981.

Supervision of Honors Theses, M.A. Theses and Ph.D. Dissertations

Senior Theses (Director):

1. Jean McGloin (1999). Men and women: Who is more physiologically reactive in emotional situations?
2. Lauren Hellew (1999). Psychological and physiological correlates of shifting cognitive and emotional states.
3. Masumi Iida (2000). Beliefs about emotional expression in close relationships: A comparison of Japanese and Americans.
4. Jenifer Snaveley (2000). Gender differences in negative emotional experience and expression.
5. Gretchen Holthaus (2000). Gender differences in negative emotional experience in close relationships.
6. Jen Doubile and Jen Faerber (2000, Haverford Psychology majors; co-director: Doug Davis). Biases in assessing emotional experience in close relationships: The role of parental marital conflict.
7. Jill Furterer (2001). Experiencing and expressing emotion: Suppression of emotion in marital interactions.
8. Elizabeth Andrew (2001). Emotion suppression: New methodologies in the study of gender differences in emotion regulation.
9. Greta Tessman (2003). Attributional and language use patterns of depressed individuals in naturalistic couple interaction.
10. Tracy Hills (2004). Positive mood induction and emotion facial recognition.
11. Julie Eddy (2007). An attachment theory perspective on work.
12. Odile Schalit (2007). A study of the implications of adult development for personal work experience.
13. Bonnie Balun (2007). Work and family life.
14. Margaret Miller (2008). Physiological effects of suppression.
15. Genevieve Reich (2010). Mindfulness, Attentional Skills, and Emotion Recognition
16. Elizabeth Coleman (2010). Adult attachment and the use of embodiment during expression recognition.
17. Elaine Lavin (2011). Dyadic Emotion Regulation in Couple Interactions
18. Adelyn Kisbaugh (in progress). Mindfulness and metacognition.
19. Alessandra Lembo (in progress). Emotion display rules across cultures.
20. Tiffany Ozluk (in progress). Everyday mindfulness.

Masters Theses (Director):

1. Alexis Bennett (1999). Linking psychological investment in work and family roles, parenting stress and quality of parent-child interactions among working parents with young children.
2. Julia Stein (2000). Measuring beliefs about emotional expression within marriage: Presentation of a new measure and implications for communication within marriage.
3. Timothy Edge (2000). Marital tension and the quality of parent-child interactions: Using daily diaries to examine the linkage.
4. Deanna Hamilton (2001). A look at psychopathology across the life-span: The validity of retrospective recall.
5. Virginia Zimmerman (2003). Emotional suppression and physiological reactivity in couple interactions.
6. Emily Malcoun (2004). Religiosity and forgiveness processes in couple relationships.
7. Emily Weiss (2004). Empathy and marriage.
8. Jeanne Frantz (2004). Effects of interparental conflict on sensitivity to negative affect.
9. Amy Paris (2005). Multimethod approaches to studying the effects of interparental conflict history: The history of family resolution styles interview.
10. Heejin Kim (2006). The relationship among mindfulness, rumination and hemispheric asymmetries in brain activity.
11. Karen Grundy (2007). Exploring the Cognitive Consequences of Expressive Emotion Suppression: The Relationship between Mindfulness and Memory
12. Joanna Scott (2008). Mindfulness and Daily Coping.
13. Sarah Scheckter (2008). Regrets in Middle Life: Typology, Correlates and Consequences.
14. Lindsey Dever (2011). Socioemotional Selectivity Theory: Time perspective and affective biases.
15. Mary McMannaman (in progress). Embodiment and the understanding of others' emotions: The role of experiential avoidance.

Dissertations (Director)

1. Cheryl Stayton (2002). Normative compulsive behavior in children ages 6 to 11.
2. Staci Heindel (2003). The effects of parental marital conflict on perceptions of conflict and emotion.
3. Alexis Bennett (2004). Work and family role conflict: The daily experiences of working parents.
4. Bhavna Shyamalan (2005). The cultural construction of emotional experience: The influence of cultural values in Presbyterian and Hindu samples.
5. Timothy Edge (2005). Links between daily work experience and family life for firefighters: The role of attachment style.
6. Deanna Hamilton (2005). The Power of Positive Thinking: Do Positive Emotions Broaden the Cognitive Repertoire of Preschoolers?
7. Julia Stein (2006). Believe in your heart? Interconnections among partners' beliefs about the consequences of sharing feelings in marriage and their intentions and expressiveness in marital conflicts.
8. Virginia Zimmerman (2007). The Physiological Consequences of the Emotional Suppression of Anger: Investigation in both Non-social and Interpersonal Contexts.
9. Emily Weiss (2008). Interpersonal Sensitivity in Couple Interactions.
10. Emily Malcoun (2008). Determinants of Outcomes in Mindfulness-Based Stress Reduction (MBSR) Interventions.
11. Sarah E. Marvin (2011). Dyadic Emotion Processes in the Prediction of Intimate Partner Violence.

12. Heejin Kim (2011). The Relationships Among Styles Of Mindfulness Engagement, Components Of Emotion Regulation, And Heart Rate Variability.
13. Amy Paris (in progress). Work experience, motivation to work, and well-being.
14. Sarah Scheckter (in progress). Narrative approaches to understanding well-being in the elderly.
15. Joanna Scott (in progress). Metacognition, mindfulness and coping under stress.
16. Stefanie Poulos Hopkins (in progress). Intimacy during the transition to parenthood.