

**BRYN  
MAWR**

**POSTBACCALAUREATE  
PREMEDICAL  
PROGRAM**



**A YEAR  
THAT WILL  
CHANGE  
YOUR LIFE**

[www.brynmawr.edu/postbac](http://www.brynmawr.edu/postbac)



## HIGHLIGHTS OF OUR PROGRAM

One of the nation's oldest, strongest, and most respected postbac premedical programs

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Medical school acceptance rate of more than 98 percent

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Early acceptance to medical school through our extensive linkage program

Intensive, full-time preparation for medical school in one year

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Intellectually charged and rewarding environment

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Ideal size—small enough for individual attention, large enough for diverse perspectives

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Wide range of medically related volunteer and job opportunities and programs



"I loved going to school with people who were so passionate about their new career choice. The postbacs had a very strong sense of community. Everyone was friendly and willing to help one another. I could go to the library at night and sit down with any one of my classmates to talk about a concept or ask for their help. It was a great experience."

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KATHLEEN DEGNAN

University of Pennsylvania Medical School, Class of 2012  
Postbac Class of 2007  
University of Notre Dame  
B.B.A. Finance 2006



## A SELECTIVE, COLLABORATIVE COMMUNITY

Bryn Mawr College offers highly motivated career changers who never took premedical courses the opportunity to complete an intensive, full-time preparation for medical school in one year. We offer one of the nation's oldest, strongest, and most respected postbac premedical programs, which consistently achieves a medical school acceptance rate of more than 98 percent.

Our intellectually charged, rewarding environment is the ideal size—large enough for you to encounter a variety of perspectives, yet small enough to offer a tight-knit community of diverse individuals with a shared goal of becoming a physician.

Supportive, individual academic and premedical advising is one of the hallmarks of the Bryn Mawr program.

Bryn Mawr maintains linkages with a large selection of medical schools offering provisional early acceptance—more than any other postbac program—and we provide our students with the opportunity to visit each of these schools and to access postbac alumni who are students at these schools.

We can also connect you with a diverse network of medically related volunteer and job opportunities through our contacts with alumni and other leaders in the health-care community.



“One of the things I loved about the program was the other students. We had a really good class—my study group was the best group of people; they were all so smart. I made some good friends at Bryn Mawr, and I think I’ll be in touch with them for the rest of my life.”

HOLLIN CALLOWAY  
University of North Carolina  
School of Medicine,  
Chapel Hill, Class of 2012  
Postbac Class of 2007  
Dartmouth College  
B.A. Art and Mathematics 2000





“The Bryn Mawr postbac program has a personal touch—the program is just small enough that everyone knows everyone else, including the professors.” One of the things I enjoyed about Bryn Mawr was the accessibility of academic help, including direct access to the professors, peer support, and informal study groups with classmates.”

RICHARD (DICKIE) BOWER

Dartmouth Medical School, Class of 2012  
Postbac Class of 2008  
United States Naval Academy  
B.S. Mathematics 1999



## Individual Attention

As a student in the program, you enjoy full access to members of the Bryn Mawr College faculty, who work closely with you in an academic environment that emphasizes learning by mentoring, collaboration, and hands-on experience.

Also, our director and dedicated program staff get to know you as an individual and provide the support, counsel, and resources that meet all your unique interests and needs, from selecting courses to choosing the medical school that is right for you. The director will guide you in setting career goals, advise you on preparing for the MCAT, write a personalized letter of recommendation, and continue to support you throughout your glide year, if that is what you decide to do.

At Bryn Mawr, we recognize how challenging yet rewarding it is for you to meet all of the science course requirements for medical school in just one year. We are committed to supporting you every step of the way—by helping you manage all of the logistics of life as a postbac candidate and student, including admission to our program, orientation, making a successful transition to a science-based curriculum, preparing for the MCAT, and applying to medical school.

## A Learning Community

Bryn Mawr College is distinguished as a small learning community that fosters close working relationships among faculty and students. Our faculty of teacher/scholars emphasizes learning through conversation and collaboration, primary reading, original research, and experimentation. As a postbac student, you will be welcomed and supported by our learning community.

Our faculty are readily available outside of class, as well, to help you with any questions or concerns you may have about your coursework. Many of our faculty members supplement their courses with evening group help sessions.

In addition, we offer peer-led instruction for many of the required courses you will be taking. Our faculty members carefully select outstanding students majoring in the specific subject or a former postbac student to supplement class lectures. In addition, peer instructors organize non-mandatory group work sessions one or two nights a week during the academic year and almost every day during the summer to reinforce your learning. Group or individual peer tutoring in the sciences is also available free of charge at any time during the program.

At Bryn Mawr, postbac students help one another reach their full potential. You'll be encouraged to form or join informal study groups, in which fellow students collaborate to strengthen their understanding of the material presented in classrooms and labs. Our postbac students also form interest groups devoted to medical topics, sponsor special events and lectures by guest speakers, organize study groups and journal clubs to keep up on medical advances, and pursue other self-directed learning opportunities. They also know how to relax, have fun, and socialize with their fellow students, forming close personal and professional relationships that endure long after their time at Bryn Mawr.





## SUPPORTING YOUR SUCCESS

### Easing the Transition

Even before you arrive on campus, there are several ways we help ease your transition to a rigorous course of study in the sciences. You can access a variety of science review resources on our Web site for enrolled students, including math self-assessment tools, math practice problems, and study tips from our science faculty members. Before classes begin in the fall, you can take an optional math review course designed specifically for postbac students. Mini-courses in basic math are also offered by the Department of Mathematics in the fall term.

### Getting Settled

Once admitted to our program, we'll make it easy for you to find housing in the many apartment complexes and other rental properties within walking distance of the College, which offer convenient access to everything you might need, from shops to the train station. Enrolled students may access a comprehensive housing section on our Web site that provides details on all the housing options in the area. You may also access an interactive Web space to get in touch with your classmates and find students to share your housing, if you are interested in roommates.

### Flexible Enrollment

You may choose to enroll in the program in the summer or fall. Students who begin their studies in the summer typically complete the program the following May, and are prepared to take the Medical College Admission Test (MCAT) in the spring. Those starting in the fall usually finish the following summer, when they also take the MCAT.

### Curriculum

Bryn Mawr offers a structured, comprehensive curriculum that fulfills all the requirements you will need to apply to—and succeed in—medical school. Over a 12-month period, you will carry a full-time load of courses in biology, general chemistry, organic chemistry, and physics. This typically involves three laboratory sciences per semester during the academic year and, if needed, a two-semester laboratory science course during the summer session.

Like all of the undergraduate and graduate students at Bryn Mawr, you have the freedom to decide when to schedule your final examinations in many of your classes. Self-scheduled examinations are one example of the freedom and independence granted by Bryn Mawr's Honor Code—students may choose to take most of their examinations at whatever time during the examination period that is most convenient to their schedules and study patterns.

### Hands-On Learning

We have long-standing relationships with many local and regional medical schools, hospitals, and clinical and social service organizations that welcome the meaningful contributions our students make to the health and welfare of their patients. By working side-by-side with health care professionals, residents, and medical students, your volunteer experience will enrich your postbac year. That experience also is a powerful way to demonstrate your commitment to the delivery of health care as you apply to medical school.

**"The faculty members were the most impressive aspect of my year at Bryn Mawr. Not only are their expertise and research tremendous, but so are their teaching quality and accessibility. Any time you have a question or concern, by the end of the day you are talking face-to-face with a professor. We had a great relationship with our professors."**

**GREGORY CHARAK, PH.D.**  
University of Pennsylvania  
School of Medicine, Class of 2012  
Postbac Class of 2008  
University of California-San Diego  
Ph.D. Philosophy 2007  
Boston University  
B.A. Philosophy and  
Political Science 2002



# PREPARING FOR A MEDICAL CAREER

## Medical School Admissions

Your preparation for medical school admission begins during your first week at Bryn Mawr. Our workshops explain the admissions process, including the various requirements and expectations of different medical schools, to help you select the most suitable school(s) for you. We also offer practical workshops on preparing for the Medical College Admission Test (MCAT) as well as an optional in-house study course, which teaches you study and review strategies for the MCAT.

The program director will personally advise you, as often as needed, in all phases and aspects of the medical school admissions process—e.g., how to prepare your medical school applications, how to write your personal statements, how to select schools, and how to prepare for interviews. The director also writes a comprehensive and personal letter for each student. Our staff will assemble your completed letters of recommendation for electronic transmittal to your selected medical school(s).



**“There are so many built-in mechanisms within the Bryn Mawr postbac program to help you succeed, including exam reviews, student study groups, and peer tutoring. We were encouraged to study together and cooperate, but you can certainly find whatever suits your learning style: if you’re an individual, solo studier, you can do that, but you also have the options of going to group exam reviews or forming your own study group.”**

REBECCA G. LINDSAY

U.C. Berkeley/U.C. San Francisco Joint Medical Program, Class of 2012  
Postbac Class of 2006  
University of California (U.C.) Berkeley  
B.A. Urban Studies and Public Health 2005

## Medical School Linkages

We have formed strong links with many medical schools that offer conditional early acceptance to our students. Bryn Mawr offers the largest selection of consortial medical schools, and we have some of the longest-standing relationships with these schools. Our consortial option enables you to attend medical school directly after you complete the postbac program, instead of having a “glide year” in between. Throughout the fall semester, you will have ample opportunity to visit the consort schools and meet with their admissions deans.

## Making the Most of Your Glide Year

We will assist you in your search for a medically related job in the “glide year” between the time you complete our program and enroll at medical school, provide letters of recommendation, and support your applications. We regularly receive job leads and postings, including positions created with our students in mind. Recent graduates of our program also provide us with information and contacts about where they are working during their glide year, and even pass their jobs on to our students as they enter medical school. We can also help you create your own ideal job through networking with medical school faculty whose research or clinical specialization matches your specific interests.



## ADMISSION

Bryn Mawr's Postbaccalaureate Premedical Program is recognized as one of the most selective and well respected in the nation. We are looking for highly motivated, intellectually curious women and men who have completed a bachelor's degree with an excellent academic record, yet lack the science prerequisites needed for medical school.

Since admission to the program is highly selective, we look for applicants who show a strong academic record at both the high school and college level. Your motivation for becoming a physician will also be considered, along with your career history, volunteer activities, and any experiences you have had in health care.

Admission to our program is conducted on a rolling basis, with decisions made throughout the year. However, applying early is recommended because there are many more qualified applicants than spaces.

## Financing the Program

A member of the Financial Aid Office at Bryn Mawr is available to assist students enrolled in our program because we realize that each student's situation is unique. Students in our program are able to apply for loans for both tuition and living expenses.

There are different types of loans available, including Federal Stafford Loans and alternative loans. You will be able to defer payments on federal student loans obtained as an undergraduate once you are matriculated in our program.

Students may make equal monthly payments for the amount due to Bryn Mawr College through a payment service. Although there is a nominal service fee to sign up, the monthly payments are interest free.



**“There are very few decisions in life that lead us down a path that is dramatically different from where we were going. My decision to go to the Bryn Mawr postbac program was one of those moments. What is special about the program is it gives you the opportunity to remain who you are while allowing you to emerge as who you are going to be in the medical realm. You are embraced for being different and special.”**

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**BRENDAN CARR, M.D.**  
*Assistant Professor of Emergency Medicine, Epidemiology, and Surgery, University of Pennsylvania*  
University of Pennsylvania,  
M.S. Health Policy Research 2008  
Temple University School of Medicine, M.D. 2001  
Postbac Class of 1997  
Loyola College In Maryland,  
B.A. Psychology 1994  
M.A. Clinical Psychology 1996



## ABOUT BRYN MAWR

Founded in 1885, Bryn Mawr College is widely known as one of the nation's elite liberal-arts colleges for women and is respected worldwide for excellence in the arts and humanities, the social sciences, and the natural sciences. In addition to the coeducational Postbaccalaureate Premedical Program, Bryn Mawr has two coeducational graduate schools—in the Arts and Sciences and in Social Work and Social Research. Our 1,200 undergraduate women and 500 graduate women and men come from every state in the nation and more than 50 countries.



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### More Information

We encourage you to visit our Web site to learn more about our program, view videos of our students discussing their experiences, and read about how our graduates have realized their dreams to become a doctor.

### The Postbaccalaureate Premedical Program

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