# @ ERDMAN DINING HALL

Saturday 4/27

Sunday 4/28

E VEGETARIAN V = VEGAN

**△** = PREPARED WHEAT FREE

**BRUNCH** 

Oatmeal V

French Toast\*

Hard Cooked Eggs Δ\*

Scrambled Eggs with Kale & Mozzarella Δ\*

Chocolate Chip Muffins\*

Maple Granola Muffins V

Buttermilk Biscuits\*

Shredded Potatoes AV

Hickory Smoked Bacon A

Turkey Sausage A

Gruyere Frittata\*

Omelet & Yogurt Bar

Assorted Bagels\*

Doughnuts\* Sausage Gravy

Breakfast Sausage VA

Waffle Bar

DINNER

Vegetable Macaroni

& Cheese V

Beer Battered Cod

Grilled Chicken Breast A

Seasoned Sweet Potatoes VA

French Fries

Creamed Corn\*

Roasted Apples

& Leeks \*Δ

Beans & Rice VA

Marinara V A

Bolognese A

Farfalle V

Garlic Breadsticks\*

Sundae Bar

### **BRUNCH**

Oatmeal V Pancakes\* Hard Cooked Eggs Δ\* Fiesta Scrambled Eggs Δ\* Chocolate Chip Loaf\* Tuscan Lemon Muffins V **Buttermilk Biscuits\*** Hash Brown Patties Turkey Bacon A Omelet & Yogurt Bar Breakfast Sausage VA

Assorted Bagels\* & Doughnuts\* Pork Sausage Links A Everything Bagel Tofu V

DINNER

Crepe Bar

South Philly Italian Roast Pork Sandwich Breaded ChickenSandwich Sauteed Broccoli Rabe VA Roasted Red Peppers VA Fried Long Hot Peppers VA Provolone Cheese \*A Roasted Potato, Artichokes, Mushrooms & Olives VA Tomato Caprese Sheet Pan Pasta\* Roasted Italian Vegetables V MarinaraVA Pesto Sauce\* Farfalle V Garlic Breadsticks\* Italian Lemon Cream Cake\*

**BREAKFAST** 

Monday 4/29

Oatmeal V Congee AV hoc Almond Coffee Cake\* Chocolate Muffins V Berry Pancakes\* Tater Tots Turkey Bacon A Breakfast Sausage ΔV Hard Cooked Eggs Scrambled Eggs **\Delta**\* Assorted Bagels\* Doughnuts\* Yogurt Bar Omelet Bar

### LUNCH

Turkey Noodle Vegetable Soup Butternut Squash Soup \*A Cajun Grilled Chicken Breast A Veggie Griller V Penne with Tomato & Basil V French Fries Steamed Leaf Spinach VΔ White Beans & Vegetables VΔ Brown Rice VA Cheese Pizza\* Alpine Pizza\* Potato Chips VA Deli & Salad Bar Kale, Quinoa & Edamame Vegetable Salad  $\Delta V$ Selection of Cookies Strawberry Shortcake Parfait \*

### DINNER

Tofu Stir Fry V∆ Chicken Teriyaki A Panko Crusted Salmon with tonkatsu Grilled Chicken Breast A White Rice VA Ginger Cilantro Soba Noodles V Roasted Sesame Broccoli VA Sugar Snap Peas VA White Beans & Mushrooms ΔV Marinara V Sundried Tomato Sauce A\* Bow Tie Pasta V Garlic Breadsticks\* Dutch Apple Pie\*

Tuesday 4/30

**BREAKFAST** 

Oatmeal V Congee AV Chocolate Chip Muffins\* Blueberry Muffins V Shredded Potatoes AV French Toast \* Hickory Smoked Bacon A Breakfast Sausage AV Hard Cooked Eggs A\* Scrambled Eggs A\* Assorted Bagels\* Doughnuts\* ogurt Bar Omelet Bar

# Wednesday 5/1 **BREAKFAST**

Oatmeal V Congee AV Chocolate Chip Loaf\* Apple Crunch Muffins V **Diced Potatoes** Pancakes\* Turkey Sausage Patty Δ Breakfast Sausage ΔV Hard Cooked Eggs Δ\*

Scrambled Eggs Δ\* Assorted Bagels\* Doughnuts\* Yogurt Bar Omelet Bar

### LUNCH

Hearty Beef Vegetable Soup A Black Bean, Sweet Potato & Quinoa Soup VA Chicken Fillet Sandwich A Kale Burger V Lemony Pasta V Grilled Chicken Breast A Fresh Seasoned Broccoli VA Braised Black Beans VA Brown Rice VA Cheese Pizza \* Taco Pizza Pretzels V Mediterranean Olive Salad VA Deli Bar Salad Bar

# DINNER

Spiced Chicken

& Mango Salsa A

Cuban Sandwich

Brown Rice VA

Flame Roasted

Marinara AV

Spaghetti V

Carrot Cake\*

Magic Cookie Bars\*

Strawberry Mousse

with Chocolate Chips\*

Grilled Tuna with Mojo A Grilled Chicken Breast A Cuban Black Beans V A Fresh Fried Plantains Mediterranean Vegetables VA Sausage Marinara A Garlic Breadsticks\*

### LUNCH

Chicken Escarole Soup Carrot Ginger Soup Δ\* Hot Dog Bar Black Bean & Corn Burger V Edamame, Tofu & Fresh Vegetable Stir-Fry VA Crinkle Cut French Fries Fresh Sautéed Kale VA Pinto Beans VA Brown Rice VA Cheese Pizza\* Pesto Trapanese Pizza<sup>3</sup> Corn Chips VA Deli Bar Salad Bar Roasted Balsamic Beet Salad VA Selection of Cookies\* Chocolate Oreo Mousse Parfait\*

### DINNER

Pulled Jackfruit Sandwich with Bourbon BBO V Pulled Pork Sandwich BBQ Chicken Thighs Grilled Chicken Breast A Corn on the Cob VA Coleslaw \*A Macaroni & Cheese\* Olive Oil Whipped Potatoes VA Veg-head Cannellini Beans ΔV Cornbread\* Marinara VA Creamy Alfredo Sauce\* Spaghetti V Garlic Breadsticks\* Blueberry Pie V

# Thursday 5/2

## **BREAKFAST**

Oatmeal V Congee AV Monkey Muffins\* Strawberry Shortcake Muffin V Hickory Smoked Bacon A Home Fried Potatoes VA French Toast Sticks\* Breakfast Sausage AV Hard Cooked Eggs Δ\* Scrambled Eggs A\* Assorted Bagels Doughnuts\* Yogurt Bar Omelet Bar

# LUNCH

Cream of Broccoli Soup\* Maryland Crab Soup A Chicken Ranch Sandwich Ratatouille Pasta VA Veggie Griller Sandwich V Roasted Red Potatoes VA Petite Spring Peas & Brunoise Carrots VΔ Navy Beans VA Brown Rice VA Cheese Pizza\* Asian Pizza Tortilla Chips V∆ Deli & Salad Bar Tortellini Salad with Avocado & Feta\* Rocky Road Brownies\* Cannoli Parfait\*

#### DINNER

**Grilled Marinated** Chicken Breast A Taco & Nacho Fiesta **Balsamic Honey Roasted** Vegetables\* Collard Greens VA Spanish Rice VA Steamed Fresh Vegetables VA Lentils & Rice AV Marinara AV Shrimp Scampi Sauce Pasta V Garlic Breadsticks\* Churros\*

### AT BRYN MAWR COLLEGE Friday 5/3

**DINING SERVICES** 

### **BREAKFAST**

Oatmeal V Congee AV Chocolate Almond Coffee Cake\* Chocolate Banana Muffin V Shredded Potatoes AV Chocolate Chip Pancakes\* Breakfast Sausage VA Pork Sausage A Hard Cooked Eggs Δ\* Scrambled Eggs A\* Assorted Bagels\* Doughnuts\* Yogurt Bar Omelet Bar

#### LUNCH

Stuffed Pepper Soup VA Curry Carrot Parsnip Soup V **Buffalo Style Chicken Wings** with Bleu Cheese & Celery Lemon Lentils with Kale VA "Chicken" Nuggets V Rigatoni Ponza\* Friday Fries Fresh Seasoned Vegetable s VA Kidney Beans with Herbs VA Brown Rice VΔ Cheese Pizza\* Focaccia Pizza\* Potato Chips VA Spicy Cabbage Salad VA Deli Bar Salad Bar Selection of Cookies\* Peach Melba Parfait\*

### DINNER

Grilled Lemon Chicken with

Tomato Fennel Vinaigrette  $oldsymbol{\Delta}$ Falafel with Tzatziki V Cod with Peperonata A Lentil Rice Pilaf VA Grand Atlas Couscous V Broccoli Rabe & Cherry Peppers VA Mediterranean Zucchini VA Maple Baked Beans AV Pita Bread V Marinara VA Penne Pasta V Red Clam Sauce A Garlic Breadsticks Cheesecake with Toppings 3