

BRYN MAWR COLLEGE

2011 - 2012

STIMULATING

Graduate School of Social Work and Social Research

SUPPORTIVE

Quality Programming for Professional Enrichment and Personal Growth

CHALLENGING

Welcome to Bryn Mawr!

With its 2011-2012 program calendar of trainings, The Center for Professional Development at Bryn Mawr College Graduate School of Social Work and Social Research continues its commitment to offering quality programming for professional enrichment and personal growth.

One-day workshops and in-depth certificates and special topic programs offer continuing education credits (CEUs) for professional social workers, professional counselors, and marriage and family therapists. A number of offerings also offer Act 48 credits for those who maintain a professional license or certificate through the Pennsylvania Department of Education.

We look forward to welcoming newcomers to Bryn Mawr's Professional Development programs, and to greeting those who have come to rely on Bryn Mawr as a source of excellent professional instruction in familiar areas of practice as well as in new fields of interest. Face-to-face workshops, the opportunity to network with other professionals, and personal service continue to be hallmarks of the program.

I encourage you to review the many opportunities presented in the 2011-2012 schedule outlined in this publication. I look forward with great anticipation to a productive and worthwhile professional development training year.

Warm regards,

Elaine Robertson

Center Director for Professional Development

Certifying Officer, Home and School Visitor Program

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NOTE: At the time of publication, registration information and course offerings, descriptions, and scheduled dates that follow were accurate. For the most complete and up-to-date status of the course schedule, please consult the website at www.brynmawr.edu/socialwork/pd. You may register with the form on p. 29, or by accessing the online registration form available through the website. Note also that course descriptions and facilitator bios have been abbreviated for this publication.

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HOME and SCHOOL VISITOR REQUIRED COURSES

Students enrolled in the ***Home and School Visitor Certificate program*** are granted enrollment priority in these courses that are required for completion of academic requirements for the Certificate. Registration requests from non-HSV participants will be considered once HSV students have enrolled. Both courses offer CEUs and Act 48 credit (*Note that Act 48 credits may be applied only to an existing PDE certification and not to courses taken in the pursuit of the HSV Certificate*).

B5020*

English Language Learners

Saturdays, Sept.24-Dec.3 - 9am-3:30pm

\$1000

Facilitator: Linnea Iles

This eight-part program introduces candidates to the current issues, policies and procedures associated with English as a Second Language Programs and the education of English language learners as defined by the Pennsylvania Department of Education. Two of the eight sessions will be spent in an independent research project.

B5000*

Psychological Testing for School Social Workers (Part I)

Friday, January 27, 2012– 9am-3:30pm

\$125 (\$95 for HSV students)

(and)

B5010 *

Psychological Testing for School Social Workers (Part II)

Friday, February 17, 2012 – 9am-3:30pm

\$125 (\$95 for HSV students)

Facilitator: Joan Manhardt, PhD

This two-part course introduces participants to issues in school-based psychological testing, and instruction to assist families in understanding assessment results, with specific attention to cognitive functioning and development in children and adolescents. There is a reading requirement associated with this course.

*Act 48 credit

**Ethics credit

SOCIAL WORK LICENSE EXAM PREP COURSES

B2480

The Social Work License Exam Prep Course, offered by The Center for License Information and Exam Prep, is designed to increase student success, while decreasing test anxiety, on the master's (LSW) and clinical (LCSW) social work license exam. Special attention is given to practice theory, social work terminology, therapeutic strategies, treatment, practice techniques, ethics, social work values, DSM-IV, psychopharmacology, as well as diversity sensitive practice. A study guide is provided. There are no CEUs associated with this course.

Saturdays and Sunday (see dates below) – 12-5pm - \$140

Facilitator: David W. Wohlsifer, PhD

Saturday, September 24, 2011

Saturday, November 5, 2011

Saturday, January 21, 2012

Saturday, February 18, 2012

Sunday, March 18, 2012

Saturday, April 21, 2012

Saturday, June 2, 2012

SPECIAL TOPICS, LECTURES, and CERTIFICATES

B1960*

Autism Across the Lifespan: What Every Social Worker Needs to Know – *SAVE THE DATE!*

Saturday, October 22, 2011 – 9am-3:30pm – 6 CEUs – 6 Act 48 - \$125

Facilitator: Nina Wall-Cote, MSS, LSW

Autism Spectrum Disorder (ASD) is a neurological disorder that profoundly impacts the lives of individuals living on the spectrum, their families and caregivers. Every social worker, regardless of practice area, will work with individuals living with an ASD. To that end, every social worker should understand the diagnostic criteria, characteristics, and unique challenges experienced by individuals living on the spectrum, as well as the unique experiences of their families, and caregivers. Every social service system intersects with this population, so it is critical for social workers to have a baseline understanding of how to effectively serve this population of children and adults across the lifespan. This seminar is geared toward building a strong fundamental understanding of ASD from a social work perspective.

B2686

Book and Film Series

Fridays – 9am-12pm – 3 CEUs/session - \$65/session

Facilitator: Jennifer Beer, PhD

November 18, 2011-*“The Immortal Life of Henrietta Lacks” (book)*

December 9, 2011-*“Concrete, Steel and Paint” (film)*

January 27, 2012-*“In the Realm of Hungry Ghosts: Close Encounters with Addiction” (book)*

February 17, 2012-*“The Soloist” (book)*

* Act 48 credit

**Ethics credit

B2051**Certificate in The Biology and Psychopharmacology of Behavioral Health**

Fridays – (see individual course dates below) – 27 CEUs for entire series

Full Certificate Discount: \$500; Individual course fee \$125 (full days); \$65 (half day)

REGISTRATION DEADLINE FOR DISCOUNT: Midnight, October 27, 2011

Facilitator: Craig Strickland, PhD

Researchers, clinicians, people in recovery and their family members sometimes view the “recovery” and “medical model” approaches of behavioral health recovery as polar opposites and, as such, irreconcilable. This certificate series is designed to look at the biological component within the context of recovery and each course will focus on the use of biological information as it applies to behavioral health. A background in biology is not a prerequisite for this course. Although enrollment in all sessions is not required, those who enroll in the full program will receive a frameable certificate of completion at the final session. Registration options include enrolling in the Full Certificate (five courses) at the discounted fee, or enrolling in specific courses (see below) at the standard tuition rate.

November 4, 2011 - 9am-3:30pm - Basic Psychopharmacology - Children/Adolescents/Adults*

November 18, 2011 - 9am-12pm - Current Developments in Pharmacology

December 9, 2011 - 9am-3:30pm - Co-Occurring Disorders and Pharmacology

January 27, 2012 - 9am-3:30pm – Neurobiology/Psychopharmacology of Trauma/PTSD

February 24, 2012 - 9am-3:30pm - Recovery, Ethics and Psychopharmacology**

B4500****Clinical Certificate Program in Psychodynamic Psychotherapy**

Thursdays, January 19 – May 10, 2012 – 6:30-9:00pm

\$50 application fee; \$825 tuition (\$750 tuition for PSCSW members or field supervisors of current BMCGSSWSR students)

APPLICATION DEADLINE: December 9, 2011

Facilitators: Marjorie Adis, MSW, LCSW; Miriam Field, MSS, LCSW; Sara Bressi Nath, PhD, LSW; Leda Sportolari, MSW, LCSW; Peggy Vogt, MSS, LCSW

This course will explore several complementary psychodynamic theories which emphasize the therapeutic relationship as central to the work. Understanding and sensitively handling the vicissitudes of the therapeutic relationship are hallmarks of effective treatment. No one theory guarantees that therapeutic change will occur. The program will begin by tracing the evolution of relational approaches within psychoanalytic thought, considering Freudian and post-Freudian theories and techniques, and will use object relations, attachment, intersubjectivity and trauma theories, among others, to formulate strategies for assessment and intervention. Participants discuss how to meaningfully integrate neurobiological knowledge, cognitive behavioral strategies and mindfulness techniques within psychodynamic approach. The course aims to deepen and expand participants’ understanding of key theoretical concepts. The program is designed for all levels of clinicians and is relevant to practitioners working in a variety of agency settings as well as those in private practice. The course will focus primarily but not exclusively on clinical interventions with individual adult clients. The program fulfills 15 hours of group supervision for those pursuing their LCSW license, and three hours of social work ethics instruction. (NOTE: Social Work Board regulations require that group supervision occur simultaneously with individual supervision).

*Act 48 credit

**Ethics credit

B6036**Cognitive Behavioral Therapy Certificate****Saturdays (see below) – 12-5pm – 40 CEUs for entire series – Act 48 where indicated****Full Certificate Discount \$800; Individual Course Tuition \$110****REGISTRATION DEADLINE FOR DISCOUNT: Midnight, September 8, 2011****Facilitator: David Wohlsifer, PhD**

Cognitive Behavioral therapy continues to be one of the most in demand models of treatment in clinical practice. This Certificate will increase your skills and marketability as a therapist. Completion of the certificate will indicate to the public that you have received advanced training in CBT from one of the nation's top social work programs. Although enrollment in all sessions is not required, those who enroll in the full program will receive a frameable certificate of completion at the final session. Registration options include enrolling in the Full Certificate (eight courses) at the discounted fee, or enrolling in specific courses (see below) at the standard tuition rate. *(NOTE: Participants must attend "Introduction to CBT Theory" on September 17 as well as six of the seven elective courses listed below to be eligible for the certificate. No additional tuition adjustments will apply to enrollment in fewer than the eight total sessions.)*

- September 17, 2011 : Introduction to CBT Theory
- October 1, 2011: CBT Treatment for Mood Disorders
- November 12, 2011: CBT Treatment for Anxiety Disorders
- December 3, 2011: CBT Treatment for Couples and Families*
- January 28, 2012: CBT Treatment for Personality Disorders
- February 25, 2012: CBT Treatment and Sex Therapy
- March 24, 2012: CBT Treatment with Adolescents*
- April 28, 2012: CBT Treatment for OCD and PTSD

B7051**Contemporary Approaches to Group Treatment: "The Basics"****Saturdays (see dates below) – 9am-12pm – 15 CEUs for entire series****Full Certificate Discount \$275; Individual Course Tuition \$65****REGISTRATION DEADLINE FOR DISCOUNT: Midnight, October 20, 2011****Facilitators: (see individual sessions below)**

This series of five workshops is designed to introduce participants to contemporary approaches to clinical work with clients in groups. The five workshops will be taught by four senior clinicians with an expertise in conducting group therapy in a range of settings. The basic concepts of group treatment will be introduced as well as three different theoretical perspectives. The last workshop will focus on tailoring the information to the participants' groups. The workshops will have both a didactic and an experiential component. The course is designed so that attending all five sessions will comply with the didactic training regulations set by the American Group Psychotherapy Associations' National Registry for Certified Group Psychotherapists. Although enrollment in all sessions is not required, those who enroll in the full program will receive a frameable certificate of completion at the final session. Registration options include enrolling in the Full Certificate (five courses) at the discounted fee, or enrolling in specific courses (see below) at the standard tuition rate.

- October 29, 2011: Fundamentals of Working with Groups (*Thomas K. Hurster, MSS, LCSW, CGP, FAGPA*)
- November 12, 2011: Psychodynamic Group Psychotherapy (*Edward Karmiol, PhD, CGP, FAGPA*)
- December 3, 2011: Systems Centered Therapy in Groups (*Meredith Barber, PsyD*)
- January 28, 2012: Interpersonal Therapy in Groups (*April Fallon, PhD, CGP*)
- February 25, 2012: Applying Group Therapy Principles to Different Populations (*Thomas K. Hurster, MSS, LCSW, CGP, FAGPA*)

*Act 48 credit

**Ethics credit

B1021**Domestic Violence Through a Trauma-Informed Lens – SAVE THE DATE!****Friday, March 16, 2012 – 9am-4pm – 6 CEUs - \$65 (\$50 for current graduate students) - \$10 for CEUs**

This full-day symposium is co-sponsored with Laurel House, a comprehensive domestic violence agency serving individuals, families and communities throughout Montgomery County, Pennsylvania. The program will include a keynote address by a well-known advocate for victims of domestic violence, as well as morning and afternoon workshops facilitated by experienced clinicians. Workshop topics will include Domestic Violence and the Law; Counseling Abusers; the Homeless; Impact on the Family; and Domestic Violence and Mental Illness; among others. Pre-registration is required.

NOTE: The webpage describing this event (see www.brynmawr.edu/socialwork/pd) will be updated with details of the day's schedule as further information becomes available. Thank you for your patience.

B1023***DSM-IV-TR: Diagnosis and Assessment****Sunday, October 30, 2011***(or)***Sunday, February 5, 2012****12-5pm – 5 CEUs – 5 Act 48 - \$110****Facilitator: David Wohlsifer, PhD**

The ability to utilize the DSM IV-TR has become a standard competency in clinical social work practice. This course will offer a thorough introduction and overview of the process of making a differential diagnosis using the DSM IV-TR. Participants will be instructed on how to utilize the DSM-IV-TR as a resource for the assessment and treatment of clients.

Expressive Arts Series

This series offers an assortment of trainings in the expressive arts. Participants may enroll in all five of the workshops, or may choose the ones that are of most interest. Descriptions of individual workshops may be found under *"One Day Trainings by Date"*.

B1018 - October 5, 2011 - Film Screening – "Kings Park" – 5:30-9pm - \$25 – 3 CEUs**B1019** - October 7, 2011 - Photography as a Healing Tool - 9am-12pm – \$65 - 3 CEUs**B1012** - October 28, 2011 – Introduction to Dance Movement Therapy - \$65 - 9am-12pm – 3 CEUs**B1011** - November 4, 2011 – Introduction to Psychodrama – 9am-3:30pm – \$125 - 6 CEUs**B9070*** - November 18, 2011 - Power of Healing Through Play – 9am-3:30pm – \$125 - 6 CEUs

*Act 48 credit

**Ethics credit

B1021**Obsessive Compulsive Disorder Series****Saturdays, October 29; November 5; November 12 – 9am-12pm****Full Series \$180; Individual Course Tuition \$65 - 3 CEUs/session****Facilitator: Harold P. Kirby, LCSW, BCD**

This three-part course offers an introduction to the diagnosis and treatment of Obsessive Compulsive Disorder. Enrollment in all sessions is not required. Registration options include enrolling in the Full Series (three courses) at the discounted fee, or enrolling in specific courses (see below) at the standard tuition rate.

October 29, 2011 – Understanding OCD and its prevalence; OC Spectrum Disorders

November 5, 2011 – Grayson's model of uncertainty; Use of intervention

November 12, 2011 – The role of medication; Exposure Response Prevention

B2660**Spanish for Human Service Professionals****Tuesdays, Oct.18 and 25; Nov. 1, 8, 15, 22, and 29; Dec.6 and 13, 2011****6-8pm – 18 CEUs - \$450****Facilitator: Ken Mathieu, MEd**

This course is an introduction to the Spanish language from a human services perspective. Assuming no previous knowledge of Spanish, its intention is to offer integrated Spanish language tools for the workplace and to increase Spanish fluency for working professionals who seek to improve their communication skills. The classes are built around themes and provide scenarios in which the course material will be relevant and interesting. The lessons are meant to be truly useful in situations that direct-service personnel encounter on a daily basis. Each class has three areas of emphasis: 1) *Communicative* – in which vocabulary and pronunciation are stressed; 2) *Grammatical* – in which the structures of the language are examined and practiced; and 3) *Cultural* – in which the beliefs, traditions and commonalities of Latin American culture are emphasized. This is an interactive class, lively and focused on proficiency. Students should expect to participate in Spanish conversation with others. No textbook is required. **DEADLINE TO ENROLL:** Monday, October 10, 2011

B3085 and B3086**Trauma-Informed Principles and Their Clinical Application****December 8-9, 2011 – 9am-3:30pm - 6 CEUs/session - \$125/session****Facilitators: Joseph Foderaro, MSS, LCSW, BCD, and Ruth Ann Ryan, APRN, BC**

As part of the Sanctuary® Model, the framework of S.E.L.F. provides the clinician and consumer alike with a nonlinear, cognitive and behavioral therapeutic language and approach for facilitating trauma recovery within four constructs (Safety, Emotion Management, Loss and Letting Go and Future) that are the prism through which the complexity of trauma recovery can be viewed. This two-part course includes a summary of the psychobiology of trauma as well as illustrations of the use of the S.E.L.F. framework to organize and address the clinical sequelae of trauma and significant adversity.

NOTE: Attendance at Part I of this course is a prerequisite for attendance at Part II.

*Act 48 credit

**Ethics credit

2011-2012 PROGRAM CALENDAR

SEPTEMBER 2011

September 17 (Saturday)	B6038 Introduction to Cognitive Behavioral Therapy (Session 1 of 8 – CBT Certificate)	12-5pm
September 24 (Saturday)	B5020* English Language Learners (Session 1 of 8) B2480 SW License Exam Prep Course	9am-3pm 12-5pm

OCTOBER 2011

October 1 (Saturday)	B6038 CBT Treatment for Mood Disorders (Session 2 of 8 - CBT Certificate) B5020* English Language Learners (Session 2 of 8)	12-5pm 9am-3pm
October 5 (Wednesday)	B1018 Film: "Kings Park" (Bryn Mawr Film Institute)	5:30-9pm
October 7 (Friday)	B1019 Photography as a Healing Tool	9am-12pm
October 18 (Tuesday)	B2660 Spanish for Human Service Professionals (Session 1 of 9)	6-8pm
October 22 (Saturday)	B1960* Autism Across the Lifespan B5020* English Language Learners (Session 3 of 8) – IND.RESEARCH	9am-3:30pm n/a
October 25 (Tuesday)	B2660 Spanish for Human Service Professionals (Sessions 2 of 9)	6-8pm
October 28 (Friday)	B1012 Introduction to Dance Movement Therapy B1013 Psychoanalytic Object Relations Theory B1270 Spirituality and the Helping Process	9am-12pm 9am-3:30pm 9am-3:30pm
October 29 (Saturday)	B5020* English Language Learners (Session 4 of 8) B1022 Understanding Obsessive Compulsive Disorder (Session 1 of 3 - OCD Series) B7053 Fundamentals of Working with Clients in Groups (Session 1 of 5 –Group Treatment Series)	9am-3pm 9am-12pm 9am-12pm
October 30 (Sunday)	B1023* DSM-IV-TR: Diagnosis and Assessment	12-5pm

NOVEMBER 2011

November 1 (Tuesday)	B2660 Spanish for Human Service Professionals (Sessions 3 of 9)	6-8pm
November 4 (Friday)	B2100* Adolescents and Sexuality B2053* Basic Pharmacology (Session 1 of 5 –Biology/Psychopharm.Cert.) B1011 Introduction to Psychodrama	9am-12pm 9am-3:30pm 9am-3:30pm
November 5 (Saturday)	B5020* English Language Learners (Session 5 of 8) B1022 Grayson's Model of Uncertainty (Session 2 of 3 – OCD Series) B2480 SW License Exam Prep Course	9am-3pm 9am-12pm 12-5pm
November 8 (Tuesday)	B2660 Spanish for Human Service Professionals (Sessions 4 of 9)	6-8pm
November 12 (Saturday)	B6038 CBT Treatment of Anxiety Disorders (session 3 of 8 – CBT Cert.) B7053 Psychodynamic Group Psychotherapy (session 2 of 5 –Group Treatment Series) B5020* English Language Learners (Session 6 of 8) B1022 Medication; Exposure Response (session 3 of 3 – OCD Series)	12-5pm 9am-12pm 9am-3:30pm 9am-12pm
November 15 (Tuesday)	B2660 Spanish for Human Service Professionals (Sessions 5 of 9)	6-8pm

*Act 48 credit

**Ethics credit

November 18 (Friday)	B1850	Addictions 101: Introduction to Dependency Issues	9am-3:30pm
	B2686	Book/Film Series: "Immortal Life of Henrietta Lacks"	9am-12pm
	B1014**	Ethics in Health and Aging	9am-3:30pm
	B2053	Current Developments in Psychopharmacology (Session 2 of 5 – Biology/Psychopharm. Cert.)	9am-12pm
	B9070*	Power of Healing Through Play	9am-3:30pm
November 19 (Saturday)	B5020*	English Language Learners (Session 7 of 8) – IND.RESEARCH	n/a
November 22 (Tuesday)	B2660	Spanish for Human Service Professionals (Sessions 6 of 9)	6-8pm
November 29 (Tuesday)	B2660	Spanish for Human Service Professionals (Sessions 7 of 9)	6-8pm

DECEMBER 2011

December 3 (Saturday)	B6038*	CBT Treatment for Couples/Families (Session 4 of 8–CBT Cert.)	12-5pm
	B7053	System Centered Therapy in Groups (Session 3 of 5 - Group Treatment Series)	9am-12m
	B5020*	English Language Learners (Session 8 of 8)	9am-3pm
December 6 (Tuesday)	B2660	Spanish for Human Service Professionals (Session 8 of 9)	6-8pm
December 8 (Thursday)	B3085	Trauma-Informed Principles (Part I)	9am-3:30pm
December 9 (Friday)	B3086	Trauma-Informed Principles (Part II)	9am-3:30pm
	B2686	Book/Film Series: "Concrete, Paint and Steel"	9am-12pm
	B2053	Co-Occurring Disorders and Psychopharmacology (Session 3 of 5 – Biology/Psychopharm. Cert.)	9am-3:30pm
	B1026	Feminist Social Work Practice	9am-12pm
December 13 (Tuesday)	B2660	Spanish for Human Service Professionals (Session 9 of 9)	6-8pm

JANUARY 2012

January 19 (Thursday)	B4500**	Clinical Certificate Program (Session 1 of 15)	6:30-9pm
January 21 (Saturday)	B2480	SW License Exam Prep Course	12-5pm
January 26 (Thursday)	B4500**	Clinical Certificate Program (Session 2 of 15)	6:30-9pm
January 27 (Friday)	B2686	Book/Film Series: "In the Realm of Hungry Ghosts"	9am-12pm
	B1015*	Bullying and Cyberbullying	9am-12pm
	B2053	Neurobiology/Psychopharmacology of Traumatic Exposure/PTSD (Session 4 of 5-Biology/Psychopharm. Cert.)	9am-3:30pm
	B2725	Dialectical Behavioral Therapy	9am-3:30pm
	B5000*	Psychological Testing for Social Workers (Part I)	9am-3:30pm
January 28 (Saturday)	B6038	CBT Treatment for Personality Disorders (Session 5 of 8 – CBT Certificate)	12-5pm
	B7053	Existential Interpersonal Therapy in Groups (Session 4 of 5 – Group Treatment Series)	9am-12pm

FEBRUARY 2012

February 2 (Thursday)	B4500**	Clinical Certificate Program (Session 3 of 15)	6:30-9pm
February 5 (Sunday)	B1023*	DSM-IV-TR: Diagnosis and Assessment	12-5pm
February 9 (Thursday)	B4500**	Clinical Certificate Program (Session 4 of 15)	6:30-9pm
February 16 (Thursday)	B4500**	Clinical Certificate Program (Session 5 of 15)	6:30-9pm

*Act 48 credit

**Ethics credit

February 17 (Friday)	B2370* Addressing the Behavioral Health and Relationship Needs of Military Members, Veterans, and their Loved Ones	9am-3:30pm
	B2686 Book/Film Series: "The Soloist"	9am-12pm
	B2171 Forgiveness: Necessary Element of Recovery	9am-3:30pm
	B5010* Psychological Testing for School Social Workers (Part II)	9am-3:30pm
February 18 (Saturday)	B2480 SW License Exam Prep Course	12-5pm
February 23 (Thursday)	B4500** Clinical Certificate Program (Session 6 of 15)	6:30-9pm
February 24 (Friday)	B1016* Anger Management Group Therapy with Adolescents	9am-12pm
	B2053** Recovery, Ethics and Psychopharmacology (Session 5 of 5 Biology/Psychopharm. Cert.)	9am-3:30pm
	B1017 Leadership of Multigenerational Workforce	9am-12pm
February 25 (Saturday)	B6038 CBT Treatment and Sex Therapy (Session 6 of 8 – CBT Cert.)	12-5pm
	B7053 Applying Group Treatment Principles to Different Populations (Session 5 of 5 – Group Treatment Series)	9am-12pm

MARCH 2012

March 1 (Thursday)	B4500** Clinical Certificate Program (Session 7 of 15)	6:30-9pm
March 15 (Thursday)	B4500** Clinical Certificate Program (Session 8 of 15)	6:30-9pm
March 16 (Friday)	B1021 Domestic Violence Symposium	8:30am-4pm
March 18 (Sunday)	B2480 SW License Exam Prep Course	12-5pm
March 22 (Thursday)	B4500** Clinical Certificate Program (Session 9 of 15)	6:30-9pm
March 24 (Saturday)	B6038* CBT with Children and Adolescents (Session 7 of 8 – CBT Cert.)	12-5pm
March 29 (Thursday)	B4500** Clinical Certificate Program (Session 10 of 15)	6:30-9pm

APRIL 2012

April 12 (Thursday)	B4500** Clinical Certificate Program (Session 11 of 15)	6:30-9pm
April 19 (Thursday)	B4500** Clinical Certificate Program (Session 12 of 15)	6:30-9pm
April 21 (Saturday)	B2480 SW License Exam Prep Course	12-5pm
April 26 (Thursday)	B4500** Clinical Certificate Program (Session 13 of 15)	6:30-9pm
April 28 (Saturday)	B6038 CBT Treatment for OCD/PTSD (Session 8 of 8 – CBT Cert.)	12-5pm

MAY 2012

May 3 (Thursday)	B4500** Clinical Certificate Program (Session 14 of 15)	6:30-9pm
May 10 (Thursday)	B4500** Clinical Certificate Program (Session 15 of 15)	6:30-9pm

JUNE 2012

June 2 (Saturday)	B2480 SW License Exam Prep Course	12-5pm
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*Act 48 credit
**Ethics credit

ONE-DAY TRAININGS BY DATE

SATURDAY, SEPTEMBER 17, 2011

B6038

Introduction to Cognitive Behavioral Therapy

12:00pm-5:00pm – 5 CEUs - \$110

Facilitator: David B. Wohlsifer, PhD

This workshop is an introduction to the CBT model, its history, and current application. Emphasis will be placed on learning the CBT basic approaches and techniques to working with clients. This introductory course is required to receive the *Cognitive Behavioral Therapy Certificate* (see p.4).

SATURDAY, OCTOBER 1, 2011

B6038

CBT Treatment for Mood Disorders

12:00pm-5:00pm – 5 CEUs - \$110

Facilitator: David B. Wohlsifer, PhD

This workshop is an overview of the range and severity of mood disorders as per the DSM IV. Participants will be instructed on the protocols of treatment for mood disorders. This workshop is the second in a series of eight workshops in the *Certificate in Cognitive Behavioral Therapy* (see p.4).

WEDNESDAY, OCTOBER 5, 2011

B1018

Kings Park: Stories from an American Mental Institution

Wednesday, October 5, 2011 – 5:30-9:00pm – \$25 – 3 CEUs

BRYN MAWR FILM INSTITUTE, Bryn Mawr, PA

Facilitator: LUCY WINER, Producer/Director/Writer

While the Community Mental Health Act was enacted in 1963, the ramifications of psychiatric hospitalization can be long-term. In collaboration with the Bryn Mawr Film Institute, Bryn Mawr College Graduate School of Social Work and Social Research has initiated a project to better inform students, alumni and the community of the historical relevance and current state of psychiatric hospitalization. The documentary film, *Kings Park: Stories from an American Mental Institution*, produced and directed by Lucy Winer, will be screened at Bryn Mawr Film Institute, 824 W. Lancaster Ave., Bryn Mawr, PA. The evening will begin with a *Dinner and Dialogue* period (5:30-7pm) focusing on pre-assigned readings. The film screening at 7pm will be followed by a brief Q&A with Ms. Winer. **NOTE:** *Seating for the Dinner/Dialogue portion of the program is limited and registration is required. To be eligible for CEUs, students must attend the full program.*

*Act 48 credit

**Ethics credit

FRIDAY, OCTOBER 7, 2011

B1019

Photography as a Healing Tool

Friday, October 7, 2011

9am-12pm - \$65 – 3 CEUs

Facilitator: Elizabeth Barnwell, MEd

Photography is a visual language, and photographs are powerful tools for expressing thoughts and sharing experiences or feelings. The act of making photographs can be powerful for the photographer and the photographed, and both roles have found practical applications in the process of healing from trauma. In this workshop, documentary photographer and educator Elizabeth Barnwell will show and discuss examples of photographic work that has aided in the healing process and will provide participants with hands-on instruction in the practice of responsible and therapeutic image making. Participants should plan to bring a digital camera for use during the workshop, and should have a basic familiarity with the camera to make the hands-on portion of the workshop run more smoothly. This workshop is preceded on **Thursday evening, October 6**, by Ms. Barnwell's opening exhibition and community discussion of her work at Bryn Mawr College Canaday Library.

SATURDAY, OCTOBER 22, 2011

B1960*

Autism Across the Spectrum

Saturday, October 22, 2011 – 9am-3:30pm – 6 CEUs – 6 Act 48 - \$125

Facilitator: Nina Wall-Cote, MSS, LSW

This seminar is geared toward building a strong fundamental understanding of Autism Spectrum Disorder from a social work perspective. Participants are introduced to diagnosis and assessment of ASD; the characteristics and the unique challenges of individuals living on the spectrum; family and caregiver challenges; and appropriate supports to effectively serve this population of children and adults across the lifespan (*see p.2*)

FRIDAY, OCTOBER 28, 2011

B1013

Using Psychoanalytic Object Relations Theory and Tools to Enhance Clinical Work

9:00am-3:30pm – 6 CEUs - \$125

Facilitators: Neal Beatus, MSS, LCSW; Andrea Katin, LSCW, JD

Psychoanalytic object relations theory offers many tools to help clinicians better understand their clients and intervene more effectively. This workshop explores how a psychoanalytically oriented therapist structures a session and listens to the material. The use of transference and counter-transference as a lens to understand clients' relationship patterns and feelings about themselves is examined. Clinical case data and videotaped sessions are incorporated. Participants are encouraged to present cases from their own practices, while maintaining the confidentiality of their clients. This seminar is appropriate for all levels of post-master's degreed practitioners.

* Act 48 credit available

**Ethics credit

B1270**Spirituality and the Helping Process****9:00am-3:30pm – 6 CEUs - \$125****Facilitator: Tawana Ford Sabbath, MSS, PhD**

Since religion and spirituality are often used interchangeably, many people avoid the subject altogether. This course is designed to help social work practitioners determine how to use spirituality as a resource in their work with individuals and families. Participants are introduced to theories about stages of spiritual development and to the difference between religion and spirituality. The course is designed to address the learning needs of practitioners at all levels of educational training and practice experience.

B1012**Introduction to Dance Movement Therapy****9:00am-12:00pm – 3 CEUs - \$65****Facilitator: Dawn Morningstar, MA, BC-DMT, LP**

In addition to a unique personality, individuals have unique movement styles. This workshop illustrates the use of dance and movement as a diagnostic and therapeutic tool for psychological health and recovery. It allows participants to understand movement and nonverbal behavior and explore how they use and can incorporate this understanding into their practice. Participants are encouraged to wear comfortable clothing, as the workshop will incorporate movement to understand the way a dance movement therapist may use this therapeutic model. This workshop is appropriate for all levels of post-master's degreed practitioners who work directly with groups or individuals. Dance training and/or experience are not required.

SATURDAY, OCTOBER 29, 2011**B7053****Fundamentals of Working with Clients in Groups: The Best Practices Research****9:00am-12:00pm – 3 CEUs - \$65****Facilitator: Thomas Hurster MSS, LCSW, CGP, FAGPA**

This workshop will focus on the basic concepts that underlie most approaches to group therapy. Based on the "Best Practices" research conducted over ten years by a committee of the American Group Psychotherapy Association, the workshop will discuss group dynamics and group process, and the specific aspects of group psychotherapy which make groups such a powerful change modality for participants. This workshop is the foundation for the following four workshops in the *Contemporary Approaches to Group Treatment* Certificate program (see page 4).

B1022**Understanding OCD and its Prevalence****9:00AM-12:00PM – 3 CEUs - \$65****Facilitator: Harold Kirby, LCSW, BCD**

This workshop provides the practitioner with an understanding of OCD and its' prevalence. Discussion includes the biology and learning components of OCD and medication. Additionally, the different OC Spectrum Disorders are reviewed. This workshop is the first in a series of three workshops in the *Obsessive Compulsive Disorder Series* (see p.6).

* Act 48 credit available

**Ethics credit

SUNDAY, OCTOBER 30, 2011

B1023*

DSM-IV-TR: Diagnosis and Assessment

12-5pm – 5 CEUs – 5 Act 48 - \$110

Facilitator: David Wohlsifer, PhD

The ability to utilize the DSM IV-TR has become a standard competency in clinical social work practice. This course will offer a thorough introduction and overview of the process of making a differential diagnosis using the DSM IV-TR. Participants will be instructed on how to utilize the DSM-IV-TR as a resource for the assessment and treatment of clients.

FRIDAY, NOVEMBER 4, 2011

B2100*

Adolescents and Sexuality: Defining Cultural Trends and Norms and Their Impact on Relationships and Treatment

9:00am-12:00pm – 3 CEUs - \$65

Facilitator: Stephanie Newberg, MEd, MSW, LCSW

The adolescent developmental period is one in which there is progression towards becoming more resourceful, forming identity and self worth, recognizing choices, making decisions, and developing peer and romantic relationships. Adolescents and their sense of their sexuality relate directly to many types of behaviors and ways in which they create and establish relationships. Practitioners will be introduced to the latest research and statistics regarding adolescent sexuality in order to help them understand the dynamics and cultural influences on adolescents and ways to support them at all levels of their development. This workshop is appropriate for intermediate and advanced post-master's degreed practitioners, with at least two years' direct practice experience and/or policy development work within social service agencies and/or schools.

B2053

Basic Psychopharmacology for Children, Adolescents and Adults*

9am-3:30pm - 6 CEUs - 3 Act 48

Facilitator: Craig Strickland, PhD

This course is designed to provide a basic overview of commonly prescribed medications used to treat emotional and psychiatric disorders in children, adolescents and adults. The primary classes of medication will be discussed including antipsychotics, anti-depressants, anti-anxiety medications and mood stabilizers. This workshop is the first in a series of five in the *Certificate in the Biology and Psychopharmacology of Behavior Health Certificate program (see p. 3)*.

B1011

Engaging Right and Left Hemispheres of the Brain: An Introduction to Psychodrama

9:00am-3:30pm – 6 CEUs - \$125

Facilitators: Deborah Karner, MSS, LSW and David Moran, CAC, LCSW, CP, PAT

Psychodrama is the use of action techniques to explore an individual's affect, behavior, cognition and spirituality. Psychodramatic interventions are strength-based and designed to encounter people at their particular functioning level. Psychodramatic action method techniques may be used for assessment, intervention and evaluation in groups, with couples and individuals. This training is appropriate for therapists in direct practice, group settings, individual therapy, administration, and those who are supervisors and/or trainers.

* Act 48 credit available

**Ethics credit

SATURDAY, NOVEMBER 5, 2011

B1022

Grayson's Model of Uncertainty; Use of Intervention

9:00AM-12:00PM – 3 CEUs - \$65

Facilitator: Harold Kirby, LCSW, BCD

This workshop introduces uncertainty, the engine that drives most forms of OCD. Dr. Jonathan Grayson's model of uncertainty is employed, as related to the treatment of OCD. Getting ready for treatment includes normalizing the sufferer's concerns, giving them a reasonable expectation for outcome, and discussing treatment interventions. Focus is on acceptance as a primary goal of treatment. Case examples are employed. This workshop is the second in a series of three workshops in the *Obsessive Compulsive Disorder Series* (see p.6).

SATURDAY, NOVEMBER 12, 2011

B1022

The Role of Medication; Exposure Response Prevention

9:00AM-12:00PM – 3 CEUs - \$65

Facilitator: Harold Kirby, LCSW, BCD

This workshop continues the theme of learning to live with uncertainty while using intervention strategies to aid the sufferer in doing exposure response treatment. We will learn to administer cost/benefit analysis, script CD's, and employ deep core values. This workshop is the final one in a series of three workshops in the *Obsessive Compulsive Disorder Series* (see p.6).

B6038

CBT Treatment for Anxiety Disorders

12:00-5:00PM – 5 CEUs - \$110

Facilitator: David B. Wohlsifer, PhD

This workshop is an introduction to the treatment of the anxiety disorders from a CBT perspective. Participants are instructed in a myriad of CBT skills that are aimed at the treatment and remission of anxiety disorders. This workshop is the third in a series of eight workshops in the *Certificate in Cognitive Behavioral Therapy program* (see p.4).

B7053

Psychodynamic Group Psychotherapy: The Basics

9:00am-12:00pm – 3 CEUs - \$65

Facilitator: Edward Karmioli, PhD, CGP, FAGPA

This workshop will focus on the basic theoretical tenets of psychodynamic group psychotherapy viewed primarily from an object relations perspective. The basic theory of object relations and how it informs group treatment, the therapeutic use of the multiple transferences available in group therapy, and the change mechanisms that underlie psychodynamic group psychotherapy will be reviewed. This workshop is the second in a series of five workshops in the *Contemporary Approaches to Group Treatment Certificate program* (see p. 4).

* Act 48 credit

**Ethics credit

B1850

Addiction 101: An introduction to Dependency Issues

9AM-3:30PM – 6 CEUs - \$125

Facilitator: Marilyn G. Stein, MEd

Addiction knows no boundaries regarding age, education or socio-economic status, and can spur an emotional reaction that limits the ability to offer helpful intervention. Understanding the science of addiction allows the social worker to provide timely and appropriate options for the addict, the family and the community. This workshop considers factors that increase an individual's vulnerability to addiction by exploring the role of genetics and environment. It offers examples of alcohol and drug screening, assessment tools, and a thorough review of levels of care and treatment options. Relapse prevention strategies that support long term recovery are addressed. Some clinical experience is recommended, but all social workers will find this information useful.

B2053

Current Developments in Psychopharmacology

9am-12pm - 3 CEUs

Facilitator: Craig Strickland, PhD

With the advent of sophisticated research tools and technology, contemporary psychopharmacology research is being driven by what we know about the etiology of the disorder as well as what we know about how medications work in the brain. This workshop looks at the specific medications that have been developed to "normalize" altered brain chemistry that result in mental illness. This workshop is the second in a series of five in the *Biology and Psychopharmacology of Behavior Health Certificate program* (see p. 3).

B9070*

The Power of Healing Through Play

9AM-3:30PM – 6 CEUs – 6 Act 48 - \$125

Facilitator: Tammi Van Hollander, MSW, LCSW, RPT

Play is a natural means of communication for children; it is their language and the toys are their words. This interactive class incorporates both directive and non-directive play therapy techniques that can be utilized in any practice. Play therapy is viewed as a "living relationship" because the play is active and in the moment. When children are given permission to play in a client-centered context, they can move toward the deepest level of healing. The playroom is a space of unconditional respect and acceptance, helping clients become empowered, increase self-esteem and alleviate anxiety as they work out what is troubling them. Sandtray therapy will be introduced as a therapeutic intervention to be utilized in client-centered play, family assessment and sibling work. This seminar will be helpful to those doing direct work with children and/or families in social services agencies, schools and other clinical settings.

* Act 48 credit

**Ethics credit

B1014**Ethics in Health and Aging******9am-3:30pm – 6 CEUs - \$125****Facilitators: Jenny Campbell, PhD, MSW, and Michele Mathes, JD**

As a result of demographic factors and advances in medical science, the number of older adults in the United States, and the proportion of the population they comprise, will increase significantly over the next several decades. With extended life expectancy come difficult choices related to quality of life, chronic illness and increasing frailty. In both their professional and personal lives, social work professionals often confront challenging questions about “doing the right thing” for clients, themselves, and their loved ones. Diverse populations with different cultural expectations make these decisions even more challenging. This seminar considers ethical issues that often arise in caring for older adults living in institutional settings and in the community, and addresses ways to identify and resolve ethical dilemmas, as well as techniques for engaging others in the often difficult conversations about these issues.

B2686**Book/Film Series (Par I): “*The Immortal Life of Henrietta Lacks*”****9am-12pm – 3 CEUs - \$65****Facilitator: Jennifer Beer, PhD,**

Cells taken from a cancerous tumor of young Henrietta Lacks in 1950 have been mass-produced for use in medical research ever since, for many years without the knowledge or permission of Lack's African-American family. Discussion will focus on the intersections of medical care, medical research, genetics, journalism, race, and class. Who profits? Who owns your cells? Who owns your story?

EXTRA CREDIT AVAILABLE: Three extra credits may be earned for this workshop if you read the book in advance and submit a commentary (form available online) by midnight, November 9, 2011 (no exceptions). Responses are to be emailed to swprodev@brynmawr.edu, or faxed to 610-520-2655. An extra \$10 fee for these credits will be assessed. (*NOTE: In the event that this workshop is canceled, the \$10 extra credit fee will be returned, but continuing education credit will not be applied.*)

SATURDAY, DECEMBER 3, 2011**B6038****CBT Treatment for Couples and Families****12:00pm-5:00pm – 5 CEUs - \$110****Facilitator: David B. Wohlsifer, PhD**

CBT, often thought of only as a model for individual therapy, has established and empirically validated approaches to work with couples and families. Participants will be instructed on how to apply the model to systemic work. This workshop is the third in a series of eight workshops in the *Certificate in Cognitive Behavioral Therapy* (see p.4).

* Act 48 credit

**Ethics credit

B7053

System Centered Therapy in Groups

9:00am-12:00pm – 6 CEUs - \$65

Facilitator: Meredith Barber, PsyD

This workshop will focus on the tenets of Systems Centered Therapy in groups. Dr. Barber, a student of Yvonne Agazarian (the founder of Systems Centered Therapy), will review the theoretical concepts of Systems Centered Therapy, including the use of functional sub-grouping to work with differences and similarities between group members and the stages of group development according to the SCT model. Attention will be given to adapting these principles to a range of groups and settings. The workshop will include a demonstration group composed of volunteer participants, followed by a discussion. This workshop is the third in a series of five in the *Contemporary Approaches to Group Treatment Certificate program* (see p. 4).

THURSDAY-FRIDAY, DECEMBER 8-9, 2011

Thursday-Friday, December 8-9, 2011

B3085

Trauma-Informed Principles (Part I)

Thursday-Friday, December 8-9 – 9am-3:30pm – 6 CEUs/session - \$125/session

The S.E.L.F. model is an acronym which represents the themes of Safety, Emotion Management, Loss and Letting Go and Future. These are the primary domains or themes shown to be most relevant and useful when addressing the challenges faced by the client throughout the recovery process. In addition, S.E.L.F. serves as a unifying language that allows for ease of translation across the professional disciplines engaged in the design and delivery of trauma-informed care.

(and)

B3086

Trauma-Informed Principles(Part II)

This seminar is designed to more specifically address the clinical challenges that accompany trauma-specific clinical dilemmas. Using real case examples, combined with the theoretical and technical material presented in the first seminar, this day will be dedicated to providing actual trauma-informed supervisory assistance in the development of trauma-informed treatment strategies

Facilitators: Joseph Foderaro, MSS, LCSW, BCD, and Ruth Ann Ryan, APRN, BC

Friday, December 9, 2011

B2686

Book/Film Series: "Concrete, Steel and Paint"

9am-12pm – 3 CEUs - \$65

Facilitator: Jennifer Beer, PhD,

This film, six years in the making, is a recent documentary made in Philadelphia, about art and restorative justice. Graterford Prison inmates initiate a Mural Arts Program project with victims of crime that opens wounds and hard questions. The film will be viewed in class, followed by discussion of the issues of justice, reconciliation, and restoration of offenders to their communities.

* Act 48 credit

**Ethics credit

December 9, 2011

B2053

Co-Occurring Disorders and Pharmacology

9am-3:30pm - 6 CEUs - \$125

Facilitator: Craig Strickland, PhD

This course takes a look at best practice as it applies to prescribing, or not prescribing, psychotropic medications for the person in recovery who has both a mental illness and substance abuse (MISA) diagnosis. Each medication class will be discussed in terms of benefits and side effects and, whenever possible, recommendations of one medication type over another for the “dually-diagnosed” individual. Introductory material relating to the neuroanatomy and physiology of the central nervous system will also be presented and linked to why some medications should be prescribed and why others should be avoided for this population. Case studies will be used to illustrate some of the concepts presented. This workshop is the third in a series of five in *the Biology and Psychopharmacology of Behavioral Health Certificate program* (see p. 4).

B1026

Feminist Social Work Practice

9am-12pm – 3 CEUs - \$65

Facilitator: Carly Goldberg, MSW, LCSW

There is little current writing or opportunity for discussion about the impact of contemporary feminist theory on 21st century social work practice and scholarship. This workshop is designed to offer social workers an opportunity to gain an awareness and understanding of feminist theory in the context of social work practice. Participants of this workshop will 1) gain a basic awareness and understanding of feminist theory in the context of social work practice; 2) discuss how gender-conscious services and programming can support social workers’ professional growth and work with clients; and 3) evaluate their current professional needs for expanding the work with clients from a gender-conscious perspective. Central to this seminar is addressing the needs of women of various racial, ethnic, cultural, class, sexual, and national backgrounds. Participants are encouraged to present case examples that would benefit from exploration from a gender-conscious perspective, while maintaining the confidentiality of their client. Handouts and educational materials will be provided. This workshop is appropriate for all levels of post master’s degreed practitioners who work in direct practice.

THURSDAY, JANUARY 19, 2012

B4500**

Clinical Certificate Program in Psychodynamic Psychotherapy

(See p. 3 for details)

Thursdays, January 19 – May 10, 2012 – 6:30-9:00pm

* Act 48 credit

**Ethics credit

B2686

Book/Film Series: *"In the Realm of Hungry Ghosts: Close Encounters with Addiction"*

9am-12pm – 3 CEUs - \$65

Facilitator: Jennifer Beer, PhD

Author Dr. Gabor Mate tells the painful stories of people with chemical addictions that he treats in his Vancouver safe-injection site. Rejecting genetic explanations and excoriating the "drug war" approach to addiction, Mate finds that adversity in early life impedes healthy brain development, and discusses compassionate treatment approaches. Discussion will cover 1) personal experience of addiction; 2) causes and treatment; and 3) politics of addiction.

EXTRA CREDIT AVAILABLE: Three extra credits may be earned for this workshop if you read the assigned chapters of the book in advance and submit a commentary (form available online) by midnight, January 18, 2012 (no exceptions). Responses are to be emailed to swprodev@brynmawr.edu, or faxed to 610-520-2655. An extra \$10 fee for these credits will be assessed. (*NOTE: In the event that this workshop is canceled, the \$10 extra credit fee will be returned, but continuing education credit will not be applied.*)

B1015 *

Bullying and Cyberbullying: Implications for Emotional and Psychological Development

9am-12pm – 3 CEUs - \$65

Facilitator: Stephanie Newberg, MEd, MSW, LCSW

Bullying, both on and off line, takes a dramatic and painful toll on an adolescent's ability to function and cope within a variety of settings. The internet has taken bullying to a new level and has changed the challenges that teens face, the peer pressure that they deal with, and the images and issues that they are exposed to. Practitioners will learn how to understand bullying, assess the multidimensional dynamics of it, and provide appropriate interventions for adolescents and their families who are experiencing it. This workshop is appropriate for intermediate and post-master's degreed practitioners with at least two years' direct practice or policy experience.

B2725

Introduction to Dialectical Behavioral Therapy: What is it and how do you do it?

9am-3:30pm – 6 CEUs - \$125

Facilitators: Linda Filetti, PhD, and Stephanie Mattei, PsyD

Prerequisite: *Participants must have a basic understanding of psychopathology, especially Borderline Personality Disorder; some coursework in Cognitive Behavioral Therapy and behaviorism; and at least one year of direct client contact.*

Dialectical Behavior Therapy was originally developed in 1993 to treat individuals with borderline personality disorder. It has become the most empirically supported treatment for Borderline Personality Disorder, and has been expanded to treat other problems in which emotion dysregulation is a central feature. This workshop is designed to provide an overview of the theory and structure of Dialectical Behavior Therapy (DBT). Participants are encouraged to challenge myths and preconceived ideas about clients who meet criteria for Borderline Personality Disorder so that they are more willing to treat them in clinical settings. Clinical examples will illustrate the use of several different DBT skills that can be integrated into clinical practice. This workshop is appropriate for all levels of post-master's degreed practitioners who work in private practice, in-patient units, outpatient community mental health, substance abuse programs, eating disorder programs, or facilities focused on trauma.

* Act 48 credit

**Ethics credit

B5000**Psychological Testing for School Social Workers (Part I)**

This course is required for Home and School Visitor students (*see p. 1*).

B205D**Neurobiology and Psychopharmacology of Traumatic Exposure/PTSD**

9am-3:30pm - 6 CEUs - \$125

Facilitator: Craig Strickland, PhD

PTSD is very often difficult to diagnose as evidenced by the number and variation of other disorders from which PTSD must be distinguished. It is important to study traumatic exposure/PTSD and to try to understand why some individuals will develop the disorders and others, also exposed to specific traumatic events, do not. Neural changes, which may occur as a result of experiencing a traumatic event, may explain the variability of PTSD symptoms as well as the long-term nature of these symptoms. Treatment options including medication and Eye Movement Desensitization and Reprocessing (EMDR) will be discussed. This workshop is the fourth in a series of five in the *Certificate in the Biology and Psychopharmacology of Behavioral Health Certificate program* (*see p. 3*).

SATURDAY, JANUARY 28, 2012**B6038****CBT Treatment for Personality Disorders**

12:00pm-5:00pm – 5 CEUs - \$110

Facilitator: David B. Wohlsifer, PhD

Traditionally (and erroneously) deemed “untreatable”, the signs and symptoms of personality disorders have shown a marked improvement with CBT intervention. Specific attention will be paid to Borderline, Histrionic, Narcissistic, Dependent, Avoidant, and Obsessive-Compulsive Personality Disorders. This workshop is the fifth in a series of eight in the *Cognitive Behavioral Therapy Certificate program* (*see p.4*).

B7053**Interpersonal Therapy in Groups**

9:00am – 12:00pm – 3 CEUs - \$65

Facilitator: April Fallon PhD, CGP

This workshop will focus on the basic theoretical tenets of Irvin Yalom’s Interpersonal approach to group psychotherapy. The presenter, Dr. April Fallon, is a very experienced group therapy teacher and quite versed in Yalom’s approach. She will review the approach’s focus on curative factors unique to group treatment, the emphasis on interpersonal learning, the focus on here-and-now experiences, and the therapist’s use of self-disclosure. Attention will be given to adapting these principles to a range of groups and settings. A demonstration group comprised of volunteer participants will be conducted and discussed. This workshop is the fourth in a series of five in the *Contemporary Approaches to Group Treatment Certificate program* (*see p. 4*).

SUNDAY FEBRUARY 5, 2012

B1023*

DSM-IV-TR: Diagnosis and Assessment

12-5pm – 5 CEUs – 5 Act 48 - \$110

Facilitator: David Wohlsifer, PhD

The ability to utilize the DSM IV-TR has become a standard competency in clinical social work practice. This course will offer a thorough introduction and overview of the process of making a differential diagnosis using the DSM IV-TR. Participants will be instructed on how to utilize the DSM-IV-TR as a resource for the assessment and treatment of clients.

FRIDAY, FEBRUARY 17, 2012

B2686

Book/Film Series: "The Soloist"

9am-12pm – 3 CEUs - \$65

Facilitator: Jennifer Beer, PhD,

When Steve Lopez, a former Philadelphia Inquirer reporter, moves to Los Angeles he meets and befriends a homeless schizophrenic street musician. The reporter writes honestly about his attempts to find help and housing for the man in order to reconnect him to the world of classical musicians, and about his setbacks, motives, and what he learns about himself. Discussion will focus on the politics and practicalities of working with mentally ill and homeless people, the role of passion and art in making a meaningful life, as well as what participants have learned about themselves in working with marginalized people.

EXTRA CREDIT AVAILABLE: Three extra credits may be earned for this workshop if you read the book in advance and submit a commentary (form available online) by midnight, February 6, 2012 (no exceptions). Responses are to be emailed to swprodev@brynmawr.edu, or faxed to 610-520-2655. An extra \$10 fee for these credits will be assessed. *(NOTE: In the event that this workshop is canceled, the \$10 extra credit fee will be returned, but continuing education credit will not be applied.)*

B2370*

The Cost of Conflict: Addressing the Behavioral Health and Relationship Needs of Military Members, Veterans, and their Loved Ones

9am-3:30pm – 6 CEUs – 6 Act 48 - \$125

Facilitator: James Martin, PhD, MSW, BCD

Over the past ten years, America's Armed Forces have responded to a wide array of foreign and domestic challenges ranging from stabilization operations in Libya to disaster relief in Haiti. This all-volunteer military represents an ever changing population of active and reserve component members and families whose service and sacrifice comes with physical, psychological, social, and spiritual consequences often carried back into their personal, family and community life. This workshop will enhance awareness of this population, develop practice knowledge, provide intervention skills, and promote engagement with military members, veterans, and their loved ones. A variety of resource materials for practice with individuals, couples, families, and "military related children" will be provided to all participants.

* Act 48 credit

**Ethics credit

B2171**Forgiveness: A Necessary Element of Recovery****9am-3:30pm – 6 CEUs - \$125****Facilitator: Marilyn G. Stein, MEd**

The process of forgiveness influences everyone. Those harmed by addiction - the addicts, their families, and their communities – must learn forgiveness in order for recovery to be a lasting opportunity. Social workers deal with those who are facing a variety of challenges that often leave unresolved feelings of resentment and anger. This workshop offers tools for addressing those emotions and replacing them with a more healing alternative. The process begins with honest acceptance of our behavior and the behavior of those around us. Consideration is given to the distinctions of forgiveness, reconciliation and acceptance, and offers the practitioner useful techniques and exercises to share with clients.

B5010**Psychological Testing for School Social Workers (Part II)**

This course is required for Home and School Visitor students (*see p.1*).

FRIDAY, FEBRUARY 24, 2012**B1016*****Anger Management Group Therapy with Adolescents****9am-12pm – 3 CEUs – 3 Act 48 - \$65****Facilitator: Jillian Graves, LCSW**

Adolescents who are at risk for committing violent acts, or who are involved in the court system, challenge the clinician to understand adolescent development, including assessing the difference between teenagers whose actions are largely reflective of developmental issues and those whose behavior may be more indicative of long-term psychosocial issues. Understanding the ways that racism, classism and zero tolerance laws influence the experiences of adolescents assists the practitioner in forming positive therapeutic bonds and in providing helpful interventions. This seminar provides guidance in understanding adolescent risk assessment, ways to write group curriculum, the provision of effective interventions, and an appreciation of how anger management treatment can promote social justice principals. This workshop is appropriate for all levels of post-master's degreed practitioners. Some clinical experience with teenagers who have court involvement and/or who are at risk of behaving violently is helpful, but not required.

B1017**Leadership of the Multi-Generational Workforce: Challenges and Opportunities for the 21st Century****9am-12pm – 3 CEUs - \$65****Facilitators: Darylne Bailey, PhD, LISW, and Jessica Schaffner, MSW, LCSW**

For the first time in our history, the workplace can represent four generations, with workers spanning the ages of 20 to 70 years. Their differences can include values and perspectives on 'work/life balance', leadership styles, and preferred work environments. This interactive workshop explores how to dialogue with and maximize the potential of nonprofit leaders, within and among, multiple generations. Discussion will include how to communicate effectively across the age span, anticipate the potential challenges that may arise, and explore ways to transform generational differences into organizational strength. Age diversity will be the primary focus of the workshop, but complications that other identity issues (race, class, gender, lifestyle) can have on generational relationships will also be discussed. This workshop is appropriate for all levels of post-master's degreed practitioners.

* Act 48 credit

**Ethics credit

B2053**Recovery, Ethics and Psychopharmacology ******9am-3:30pm - 6 CEUs - \$125****Facilitator: Craig Strickland, PhD**

Psychopharmacology can be a powerful tool within the context of personal recovery. However, the person taking the medications may take a passive role regarding these medications. This workshop is designed to look at the practice of psychopharmacology and how it can be seen as a wellness tool e.g. how a person in recovery “can get off the bench and can get in the game” regarding their treatment with psychotropic medications. This course focuses on ways behavioral health staff can help people in recovery become active partners in their treatment. Several ethical and best practice issues regarding the use of and research involving medication will be included in this session. Three ethics credits are incorporated in this workshop, which is the final session of five in the *Certificate in the Biology and Psychopharmacology of Behavioral Health program (see p. 3)*.

SATURDAY, FEBRUARY 25, 2012**B6038****CBT Treatment and Sex Therapy****12:00pm-5:00pm – 5 CEUs - \$110****Facilitator: David B. Wohlsifer, PhD**

“Sexual dysfunction” is a broad term that encompasses sexual concerns along a biopsychosocial continuum. Participants are taught how to assess, diagnose, and treat sexual dysfunctions in clinical practice. An array of CBT techniques and resources are introduced. This workshop is the sixth in a series of eight in the *Cognitive Behavioral Therapy Certificate program (see p. 4)*

B7053**Applying Group Treatment Principles to Different Populations****9:00am-12:00pm – 3 CEUs - \$65****Facilitator: Thomas Hurster, MSS, LCSW, CGP, FAGPA**

This workshop will attempt to pull together the material presented in the previous workshops with an eye towards tailoring groups to the specific populations served. Input from the participants will be used to focus the discussion as we problem solve tailoring the different theoretical approaches to specific populations. The presenter will also briefly discuss some models of working with children and adolescents, as well as psycho-educational and support groups from his own practice. This final workshop in the *Contemporary Approaches to Group Treatment Certificate program (see p. 4)* is designed to allow selected participants an opportunity to share their own group experiences for discussion.

* Act 48 credit
**Ethics credit

FRIDAY, MARCH 16, 2012

B1021

Domestic Violence Symposium – *SAVE THE DATE!*

9:00am-4:00pm – 6 CEUs - \$65 (\$50 for students) - \$10 for CEUs

This workshop is co-sponsored by Laurel House, a comprehensive domestic violence agency serving individuals, families and communities throughout Montgomery County, Pennsylvania.

NOTE: The webpage describing this event (see www.brynmawr.edu/socialwork/pd) will be updated with details of the day's schedule as further information becomes available. Thank you for your patience.

SATURDAY, MARCH 24, 2012

B6038*

CBT Treatment with Adolescents

12:00pm-5:00pm – 5 CEUs - \$110

Facilitator: David B. Wohlsifer, PhD

This session applies the CBT model by utilizing a developmental sensitivity to children and teens. Participants are taught how to integrate CBT concepts in play with children as well as to make CBT applicable and understandable to work with adolescents. This workshop is the seventh of eight in the *Cognitive Behavioral Therapy Certificate program* (see p. 4).

SATURDAY, APRIL 28, 2012

B6038

CBT Treatment for OCD and PTSD

12:00pm-5:00pm – 5 CEUs - \$110

Facilitator: David B. Wohlsifer, PhD

Building on the CBT approach to Anxiety disorders, this workshop provides participants with more specialized approaches to treating OCD and PTSD. This is the final workshop of eight in the *Cognitive Behavioral Therapy Certificate program* (see p. 4).

* Act 48 credit
**Ethics credit

FACILITATOR BIOS

ADIS, Marjorie, MSW, LCSW, is in private practice in Merion and Center City. She works with couples and individuals in long-term psychodynamic relational psychotherapy.

BAILEY, Darlyne, PhD, LISW, is Dean and professor at Bryn Mawr College Graduate School of Social Work and Social Research, and Special Assistant to the President for Community Partnerships, Bryn Mawr College

BARBER, Meredith, PsyD, has been a faculty member at Widener University and Immaculata University, and currently at Drexel University. She is past president of the Philadelphia Area Group Psychotherapy Society, and recently published a chapter on group therapy in *Psychotherapist Revealed: Therapists Speak about Self-Disclosure in Psychotherapy*. She maintains a private practice in Penn Valley, PA.

BARNWELL, Elizabeth, MEd, is a documentary photographer and art educator. Her recent work, "The Healing Project", is scheduled for display in Bryn Mawr College Canaday Library beginning October 6, 2011.

BEATUS, Neal, MSS, LCSW, is in private practice with GKS/Crystal Group Associates. He has been a social worker for over 20 years, has studied object relations theory extensively, and has conducted many psychotherapy trainings.

BEER, Jennifer, PhD, teaches negotiation skills at the University of Pennsylvania Wharton School, and has led workshops in cross-cultural communication and conflict resolution topics for many years.

CAMPBELL, Jennifer, PhD, MSW, has a consulting practice and works with non-profit agencies where she provides strategic planning, training, program development, program evaluation and grantwriting. Jenny also advises students at Bryn College Graduate School of Social Work and Social Research.

FALKENHEIM, Jacqueline, PhD, MSS, LCSW, is in private practice, working with individual adults, adolescents, and couples, and with clinicians in individual and group supervision. She is also a field instruction liaison at the Bryn Mawr College Graduate School of Social Work and Social Research.

FALLON, April, PhD, CGP, is a clinical psychologist and the co-author of three books on group therapy. An experienced teacher and supervisor, she is currently on the faculty in the School of Psychology of the Fielding Graduate University, an Associate Professor at Drexel College of Medicine, Dept of Psychiatry, is a member of the Alonso Center for Psychoanalytic Studies, and maintains a private practice in Bala Cynwyd, PA. April is a past president of the Philadelphia Area Group Psychotherapy Society.

FIELD, Miriam, MSS, LCSW, is in private practice treating individuals of all ages and couples in Merion and Center City, and is a psychoanalyst on the faculty of the Psychoanalytic Center of Philadelphia.

FILETTI, Linda, PhD, is co-founder of the Center for Acceptance and Change as well as an adjunct faculty member at West Chester University.

FODERARO, Joseph LCSW, BCD, maintains a private practice with an emphasis on providing services to survivors of extreme adversity. He is instrumental in creating trauma-informed communities across a wide spectrum of organizations serving diverse populations.

GOLDBERG, Carly, MSW, LCSW, is founder and director of the Women's Collaborative Circle in Bryn Mawr, and is a doctoral candidate at the University of Pennsylvania's School of Social Policy and Practice.

GRAVES, Jillian, MSW, LCSW, is a doctoral candidate at Bryn Mawr College Graduate School of Social Work and Social Research. She has worked as a Juvenile Court clinician directing group therapy programs and providing training seminars and student supervision.

HURSTER, Thomas MSS, LCSW, CGP, FAGPA, is a faculty member at Bryn Mawr College Graduate School of Social Work and Social Research. He is a Supervisor of Child and Family Support Services at Benchmark School in Media, PA, and is in private practice. He is co-chair of the Child and Adolescent Special Interest Group of the AGPA, and on the board of the Philadelphia Area Group Psychotherapy Society.

ILES, Linnea, is ESL Facilitator in the English as a Second Language Program of the Manheim Central School District.

KARNER, Deborah, MSS, LSW, is a drug and alcohol mental health therapist and psycho-dramatist currently working with co-occurring clients at Crozer Recovery Center in Chester PA.

KARMIOL, Edward, PhD, CGP, FAGPA, is a clinical psychologist who maintains a private practice in Center City Philadelphia. Ed has served as a group therapy training consultant to the Institute of the Pennsylvania Hospital, the Horsham Clinic, and Jewish Family Services, and has taught and supervised many area clinicians in group psychotherapy.

KATIN, Andrea, LSCW, JD, completed post graduate training at the Institute for Psychoanalytic Psychotherapy and is in private practice. She is a former attorney, and performs child custody evaluations for courts.

KIRBY, Harold, LCSW, BCD, is co-founder of the Anxiety and OCD Treatment Center of Philadelphia.

MANHARDT, Joan, PhD, is a licensed and certified school psychologist. She conducts evaluations and provides psychological services for a local public school district.

MARTIN, James, PhD, MSW, BCD, is tenured faculty at Bryn Mawr College Graduate School of Social Work and Social Research. His research and civic engagement address military and veteran populations.

MATHES, Michele, JD, is Director of Education and Director of Research Programs at the Center for Advocacy for the Rights and Interests of the Elderly in Philadelphia. She serves as adjunct faculty at Bryn Mawr College Graduate School of Social Work and Social Research and Saint Joseph's University .

MATHIEU, Ken, MEd, has been associated with Bryn Mawr College's "Language in Motion" Program and has taught at many levels in private and public institutions. He is a certified Facilitator of Spanish instruction in Pennsylvania and New Jersey.

MATTEI, Stephanie B., PsyD, is co-founder of the Center for Acceptance and Change as well as a clinical faculty member of the PsyD Program for Clinical Psychology at La Salle University.

MORAN, David, CAC, LCSW, CP, PAT, is vice president of the American Association of Group Psychotherapy and Psychodrama, and is director of the Crozer Chester Medical Center Substance Abuse Programs.

MORNINGSTAR, Dawn, MA, BC-DMT, LP, is an experienced dance movement therapist. She teaches and supervises students at Drexel University in the Dance and Creative Arts Departments.

NATH, Sara Bressi, PhD, LSW, is assistant professor at Bryn Mawr College Graduate School of Social Work and Social Research and is in private practice in Bryn Mawr.

NEWBERG, Stephanie, MEd, MSW, LCSW, is in private practice and works as a consultant for the Council for Relationships. Ms. Newberg specializes in work with adolescents and their families.

RYAN, Ruth Ann, APRN, BC, has been providing trauma informed treatment and consultation services to individuals and organizations for over 25 years. She maintains a private practice in Montgomery County, PA specializing in trauma-informed treatment.

SABBATH, Tawana, PhD, MSS, is a business co-owner and consultant in social work practice. Her areas of expertise include spirituality, racial and cultural diversity, women's issues, and issues related to death and dying.

SCHAFFNER, Jessica, MSW, LCSW, is a doctoral student at Bryn Mawr College Graduate School of Social Work and Social Research and is Research Assistant to the Dean. Jessica has worked in a number of agencies addressing various aspects of violence against women.

SPORTOLARI, Leda, MSW, LCSW, is in private practice in Bala Cynwyd, working with children, adolescents, adults, couples and families. She is an adjunct faculty member at the Bryn Mawr College Graduate School of Social Work and Social Research.

STEIN, Marilyn, MEd, is a Certified Allied Addiction Practitioner and was the lead developer of the Addiction 101 training used by the PA Department of Health.

STRICKLAND, Craig, PhD, is program director of the Behavioral Health Training and Education Network in Philadelphia. His teaching and research interests focus primarily on the biological etiology of mental illness and substance abuse and psychopharmacology.

VAN HOLLANDER, Tammi, MSW, LCSW, RPT, is a Registered Play Therapist, and is an associate of The Center for Psychological Services in Ardmore, PA.

VOGT, Peggy, MSS, LCSW, is on staff at the Drexel University College of Medicine Outpatient Psychiatry Service in Philadelphia. She is adjunct faculty for Drexel University's Creative Arts in Therapy program and the Smith College School for Social Work.

WALL-COTE, Nina, MSS, LSW, is director for Bureau of Autism Services, Office of Developmental Programs, PA Dept. of Public Welfare.

WINER, Lucy, Producer/Director/Writer, has been directing and producing award-winning documentaries focusing on issues of social concern for over 30 years.

WOHLSIFER, David W., PhD, LCSW, is a faculty member at Bryn Mawr College Graduate School of Social Work and Social Research and at the University of Pennsylvania School of Social Policy and Practice, and is in private practice.

REGISTRATION INFORMATION

Registration and Fees

The registration form must be completed in full. Please see “Special Topics, Lectures, and Certificates” for fees and discounts associated with those programs. Tuition for other “One-Day Workshops” is \$125 and includes a light lunch. Tuition for half-day workshops is \$65 and does not include lunch. Class size is limited to 25, with a minimum of 12, unless indicated otherwise. Payment to the Center for Professional Development is expected at the time of registration. Monthly statements of unpaid balances will be generated by the Bryn Mawr College Controller’s Office.

Discounts

Full-day tuition is \$95 for current BMCGSSWSR students; tuition is \$110 for Bryn Mawr faculty and staff, and field instructors of current BMCGSSWSR students. There is no discount for half-day seminars.

Continuing Education and Act 48 Credit

Most trainings offer CEUs for social workers, professional counselors and marriage and family therapists. A number of trainings also offer Act 48 credits. Full day programs offer six credits (excluding the CBT and DSM courses which offer 5 CEUs/session); half day programs offer three credits. Certificates are distributed at the close of trainings. There will be a \$10 charge for replacement certificates.

Multi-Session Certificate and Series Information

Presentation of all sections of multi-session programs relies on adequate participant registration. Should a session be canceled due to insufficient enrollment, participants will receive a refund of tuition paid for the canceled session.

Refunds and Cancellations

- 100% of fee may be transferred by participant to another training scheduled in the current Professional Development series.
- 100% of fee is forfeited by participant if training is dropped with less than two week prior notice
- 50% of fee is refunded to participant if training is dropped with two weeks prior notice and fee is not applied to another workshop in current series
- 100% refund if training is canceled

Transportation and Parking

Most trainings are held at the Bryn Mawr College Graduate School of Social Work and Social Research, 300 Airdale Rd., Bryn Mawr, PA. There is ample free parking. The SEPTA train station (Rosemont) is within walking distance from the School. Students will be notified if a specific course is scheduled at another campus location.

General Information

As temperatures in meeting rooms tend to vary, it is recommended that participants dress in comfortable layers to accommodate any variances. In the event of a weather emergency, announcements will be posted on the Professional Development website and/or on office phones. The School’s closing number – 415 in Montgomery County, PA – will be announced on KYW 1060 AM radio.

ProDev Phone – 610-520-2602

ProDev FAX – 610-520-2655

BMCGSSWSR – 610-520-2600

Campus Security – 610-526-7911

Email – swprodev@brynmawr.edu

Web – www.brynmawr.edu/socialwork/pd

REGISTRATION FORM

*= required field

Name *			
BMC grad	Yes	No	Grad Year
BMC grad name (if different than above)			
Birthdate *			
Home Address *			
City *		State *	Zip *
Preferred Phone *			
Alternate Phone			
Preferred Email *			
Alternate Email			
Employer			
Employment Address			
City		State	Zip

Please register me for the following trainings:

Course #	Course Title	Date	Fee
TOTAL FEE ENCLOSED			

Method of Payment

Check #	
Credit Card #	
C.C. Exp. Date	

Bryn Mawr College

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