**@ Erdman Dining Hall**

**Sunday 11.28**  
Monday 11.29  
Tuesday 11.30  
Wednesday 11.21  
Thursday 12.2  
Friday 12.3

<table>
<thead>
<tr>
<th>Time</th>
<th>Breakfast</th>
<th>Breakfast</th>
<th>Breakfast</th>
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</thead>
</table>
|      | Oatmeal & Grits ΔV  
Belgian Waffles*  
Marble Loaf*  
Chocolate Muffins V  
Beverage of the Day*  
Burrito Bar*  | Oatmeal & Grits ΔV  
Belgian Waffles*  
Blueberry Muffins*  
Shredded Potatoes VΔ  
French Toast*  
Hickory Smoked Bacon Δ  
Breakfast Sausage VΔ  
Hard Cooked Eggs Δ*  
Scrambled Eggs Δ*  
Assorted Bagels*  | Oatmeal & Grits ΔV  
Belgian Waffles*  
Banana Nut Loaf*  
Pineapple Muffin V  
French Toast*  
Turkey Sausage Δ  
Breakfast Sausage VΔ  
Hard Cooked Eggs Δ*  
Scrambled Eggs Δ*  
Assorted Bagels*  | Oatmeal & Grits ΔV  
Belgian Waffles*  
Oreo Muffins*  
Zucchini Carrot Muffins V  
Home Fried Sliced Potatoes VΔ  
French Toast*  
Hickory Smoked Bacon Δ  
Breakfast Sausage VΔ  
Hard Cooked Eggs Δ*  
Scrambled Eggs Δ*  
Assorted Bagels*  | Oatmeal & Grits ΔV  
Belgian Waffles*  
Lemon Ice Loaf*  
Banana Muffin V  
Shredded Potatoes VΔ  
Chocolate Chip Pancakes*  |  

**BRUNCH**

<table>
<thead>
<tr>
<th>Time</th>
<th>Lunch</th>
<th>Lunch</th>
<th>Lunch</th>
<th>Lunch</th>
</tr>
</thead>
</table>
|      | Turkey Rice Soup Δ  
Fire Roasted Tomato Soup V  
Grilled American Cheese on Wheat  
Marinated Char-Grilled Chicken Breast Δ  
Veggie Grilled Sandwich VΔ  
Bean Fest VΔ  
Seasoned Wedge Cut Fried Potatoes  
Seasoned Vegetable Medley VΔ  | Chicken Escarole Soup  
Lentil Soup VΔ  
BLT Roll VΔ  
Chickpea Stew VΔ  
Dan Dan Noodles VΔ  | New England Clam Chowder  
Tomato Florentine Soup VΔ  
Broccoli Cheddar  
Stuffed Chicken Δ  
Quinoa Lentil Burger V  
Kemmon Mushroom  
Baked Sweet Potato Wedges VΔ  | Fresh Greens & Lima Bean Soup VΔ  
Chicken Tortilla Soup  
Fajita Fiesta  
Santa Fe Strata VΔ  | Creole Seafood Gumbo  
Mushroom Soup VΔ  
South Street  
Cheesesteak Quesadilla  |
|      | Lunch | Lunch | Lunch | Lunch |
|      | Roasted Tomato Risotto*  
Vegan Meatballs with Brown Rice Noodles, & Rosemary Tomato Sauce VΔ  | Frijoles Verdes VΔ  
Egg Salad VΔ  | Argentine Beef  
Grilled Chicken with Red Chimichurri Δ  
Homingy Stew with Quinoa M*  
Grilled Eggplant VΔ  | beef & mashed peas VΔ  |  

**LUNCH**

<table>
<thead>
<tr>
<th>Time</th>
<th>Dinner</th>
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<th>Dinner</th>
</tr>
</thead>
</table>
|      | American Dinner  
Roasted Tomato Risotto*  
Honey Glazed Ham  
Meatloaf V  
Chicken & Dumplings  
Roasted Herb Potatoes V Δ  | Argentine Dinner  
Roasted Beef  
Vegan Meatballs with Brown Rice Noodles, & Rosemary Tomato Sauce VΔ  | Dinner  
“Chicken” & Dumplings V  
Roast Turkey Breast Δ  
Kale & Artichoke  
Stuffed Portabella Mushroom  | CARRIBEAN DINNER  
Jerk ChickenΔ  
Island Tilapia Δ  |  

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**DINING SERVICES**

AT Bryn Mawr College

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**MENU ITEMS IDENTIFIED WITH THIS MARK ARE PREPARED IN A COMMON KITCHEN TO BE WHEAT-FREE, DAIRY-FREE, SHELLFISH-FREE & NUT-FREE. BMCCS CAN NOT GUARANTEE THAT CROSS-CONTACT HAS NOT OCCURRED.

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**DIFFERENTIATION**

- **VEGETARIAN**: Vegetarian items are identified by a Δ symbol.
- **VEGAN**: Vegan items are identified by a V symbol.
- **PREPARED WHEAT FREE**: Items prepared in a wheat-free kitchen are identified by a Δ symbol.

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**AMERICAN DINNER**

- **Roasted Tomato Risotto**
- **Honey Glazed Ham**
- **Meatloaf V**
- **Chicken & Dumplings**
- **Roasted Herb Potatoes V Δ**
- **Maple Glazed Carrots V Δ**
- **Green Bean Casserole* **
- **Sourdough Bread* **
- **Sundae Bar**

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**ARGENTINE DINNER**

- **Roasted Beef**
- **Vegan Meatballs with Brown Rice Noodles, & Rosemary Tomato Sauce VΔ**
- **Italian Sausage Lasagna**
- **Spinach Ravioli with Marinara**
- **Oven Roasted Vegetables VΔ**
- **Focaccia V**
- **Cannoli**

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**DINNER**

- **“Chicken” & Dumplings V**
- **Roast Turkey Breast Δ**
- **Kale & Artichoke**
- **Stuffed Portabella Mushroom**
- **Whipped Yukon Gold Potatoes Δ**
- **Herbed Bread Dressing**
- **Seasoned Sweet Yellow Corn V**
- **Steamed Leaf Spinach VΔ**
- **Corn Bread**
- **Sweet Potato Pie * **

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**CARRIBEAN DINNER**

- **Jerk ChickenΔ**
- **Island Tilapia Δ**
- **Beef Stew with Peas Δ**
- **Jollof Rice VΔ**
- **Fried Plantains VΔ**
- **Cabbage & Carrots VΔ**
- **Curried Potatoes & Chic Peas VΔ**
- **Johnny Cakes VΔ**
- **Coconut Cake* **

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**W3**