WILD BELIZE ESCAPE

FEBRUARY 21-26, 2021

PLUS EXPLORE THE RUINS OF THE MAYA WORLD

Travel with Thomas Mozdzer, Associate Professor of Biology at Bryn Mawr College

ABoard National Geographic QUEST
That’s the exhilaration of discovery.
DEAR BRYN MAWR ALUMNAE/I AND FRIENDS,

Discover the tropical wonders of Belize on a voyage exploring the full length of the Belizean Barrier Reef—once endangered but now a UNESCO World Heritage site. Since the days of the ancient Maya, who flourished along this coast some 1,500 years ago, civilization has had relatively little impact. Much of the region remains genuine wilderness, with large expanses of dense tropical forest, miles of wild rivers, abundant bird life—and the largest coral reef in North America.

Few cruise lines venture here and National Geographic Quest is the perfect platform for exploring. Using a fleet of Zodiacs, kayaks, and paddleboards, you'll explore crystalline waters and land on isolated cayes. The snorkeling is immensely satisfying, and your ship is equipped with all the gear you need. And for those who want to and are certified to scuba dive, excursions can be arranged to fit seamlessly with our itinerary.

Make the most of your trip with a land extension that ventures into the rainforest to the ancient ruins of Tikal, once the hub of Maya civilization. Walk among the incredibly well-preserved stone temples, palaces, and ceremonial structures, delving deep into its culture and mystery.

Choose between two exciting itineraries: a 6-day voyage to Belize, exploring its wildlife, reefs, and rivers, or a 9-day sea and land expedition combining Belize with the famous Maya ruins at Tikal. I hope you will choose to join us on one of these adventures. **To reserve your space, please return the reservation form or call our group representative at Lindblad Expeditions toll free at 888-773-9007.**

Sincerely,

Saskia Subramanian, ’88, M.A. ’89
President
Bryn Mawr Alumnae Association

Craig Moylan
Director of Expedition Development –
North & Central America

**SPECIAL OFFER:** Book the 9-day Belize to Tikal expedition by Sept. 30, 2020 and receive **FREE ROUND-TRIP** economy group airfare between Miami/Guatemala City. Or receive an air credit. See page 12 or call for details.

**TRIP LEADER:**
Thomas Mozdzer, Associate Professor of Biology at Bryn Mawr College

Dr. Mozdzer is a global change coastal ecosystem ecologist who works with his undergraduate students in both temperate and tropical ecosystems. In his research, he aims to create a better understanding of how coastal ecosystems are responding and evolving to the plethora of anthropogenic factors, including rising concentrations of carbon dioxide, nutrient pollution, sea level rise, and global warming. As part of the “Coasts in Transition 360,” he leads a trip to the South Water Caye Marine Reserve in Belize where Bryn Mawr students conduct independent research projects on the mangrove forests, coral reefs, and animal communities in the South Water Caye.

NOTE: Dr. Mozdzer will be joining the 6-day Belize voyage.


Ship’s registry: United States
BELIZE: DIVE INTO A WEALTH OF BIODIVERSITY

The Belize Barrier Reef, the largest reef system in the Northern Hemisphere, reveals hundreds of species of fish, marvelous sea turtles, graceful rays, gentle manatees, and over 90 varieties of coral. As only a small percentage of the reef has been studied, researchers believe hundreds, even thousands, more species could be discovered in this protected zone. Much of Belize remains genuine wilderness, with large expanses of dense tropical forest, miles of wild rivers, and abundant bird life. The Cockscomb Basin Wildlife Sanctuary was established to protect the forests, fauna, and watersheds of an approximately 154-square-mile area of the eastern slopes of the Maya Mountains. It is internationally recognized as the world’s first jaguar reserve. Hike a nature trail with naturalists, photograph colorful tropical plants, search for exotic birds, and look out for the tracks of deer, tapirs, and wild cats.

A NATURAL SUCCESS STORY

In 1996, the Belize Barrier Reef was designated a UNESCO World Heritage site. In 2009, it was added to the List of World Heritage in Danger due to the detection of coral bleaching, mangrove cutting, and excessive development. But in 2019, the Belize Barrier Reef was removed from this list as UNESCO determined it no longer faced threats from development. In recent years, the Belize government placed a moratorium on oil exploration around the reef and added protections for coastal mangrove forests. Our expeditions put you at the heart of it—to experience the reef in all its natural splendor.

Opposite page (clockwise from top): Green iguana; howler monkey; diver encounters hawksbill turtle; keel-billed toucan; guest scans the treetops for bird life.
THE PERFECT PLATFORM FOR EXPLORING

*National Geographic Quest* is one of the only expedition ships exploring the Mesoamerican Reef, giving you rare access to turquoise lagoons and white-sand beaches. She is equipped with a fleet of onboard tools—snorkel gear for every guest, Zodiacs, kayaks, stand-up paddleboards—so you can experience this vibrant habitat up close and with all your senses. A supremely comfortable ship, *National Geographic Quest* offers large view-encompassing windows in her public spaces and 50 spacious, beautifully appointed outside cabins, 22 of which feature step-out balconies; and six of which are interconnecting, ideal for families and friends.

SHARE THE ADVENTURE WITH AN EXPERT TEAM

The A+ expedition team that accompanies you is your key to unlocking the wonders that lie within the diverse ecosystems and spectacular archaeological sites you explore. You travel with an expedition leader, an assistant expedition leader, and several naturalists—many of whom are knowledgeable locals—plus an undersea specialist and an expedition diver, a wellness specialist, and a video chronicler. A certified photo instructor is also aboard to assist you. Whether you are a novice or more advanced, you will take your best photos ever.

EXCLUSIVE MUSICAL PERFORMANCE

Enjoy a private concert by the internationally renowned Garifuna Collective, the premier representative of Garifuna music from Belize on the international stage.

*Opposite page (clockwise from top): Get up and explore on a stand-up paddleboard; discover diverse habitats up close on Zodiac forays; National Geographic Quest is ideal for exploring the tropical waterways of Central America; kayaking allows for personal discovery; naturalists help you spot birds and other wildlife.*
EXTEND YOUR STAY AND VISIT THE RUINS OF THE MAYA WORLD

Make the most of your time and explore the impressive ruins of the region, once the hub of classic Maya civilization. Spend a full day at Tikal, among extensive, well-preserved stone temples, palaces, ceremonial platforms, terraces, and roads cloaked in lush, wildlife-harboring vegetation.

Then discover seldom-visited Yaxhá, the third largest ruins of the Maya world, beautifully sited overlooking Yaxhá Lake.

Hike into the Maya Biosphere Reserve amid giant ceiba trees—the sacred tree of the Maya—and with the help of experienced naturalists, search for 400+ species of birds, howler and spider monkeys, tree frogs, and more.

Spend three nights at the beautiful Hotel Camino Real Tikal, your home base while you explore the Maya culture and ruins. The hotel is nestled in the rainforest, where you enjoy the many different species of birds while on an optional bird walk with your naturalist or relax on a sunset boat ride on Lake Petén Itzá.

Opposite page (clockwise from top): Gartered trogon; sunrise and morning mist at Tikal; Temple 1 in Tikal; explore the little-visited Maya ruins at Yaxhá; white-nosed coati in Tikal National Park.
DAY 1: DEPART U.S./GUATEMALA CITY, GUATEMALA/PUERTO BARRIOS/EMBARK
Arrive in Guatemala City and connect with your charter flight to Puerto Barrios. Transfer to Puerto Santo Tomás and embark National Geographic Quest. (D)

DAY 2: BELIZE BARRIER REEF
Awake anchored in the northern cayes of the Mesoamerican Reef System, second only to Australia’s Great Barrier Reef in terms of biodiversity. Enjoy a full day to further explore this dynamic ecosystem. Take to the water by kayak or stand-up paddleboard, or don a mask and fins and dive into turquoise waters to encounter sea turtles, swirling schools of tropical fish, and harmless nurse sharks. For scuba divers, incredible dive opportunities abound (additional cost). (B,L,D)

DAY 3: BELIZE BARRIER REEF
Today, we explore more of the Belize Barrier Reef in the central caye, with an opportunity to visit the Smithsonian-operated research station at Carrie Bow Caye. Here, we learn about the comprehensive studies being conducted on the reef ecosystem, including the biodiversity, evolution, and ecology of its organisms and communities, effectively “taking a pulse” of the reef. The surrounding area offers outstanding snorkeling and diving, with vibrant corals and an incredible underwater diversity—a tropical paradise both above and below the surface of the Caribbean. (B,L,D)

DAY 4: COCKSCOMB BASIN WILDLIFE SANCTUARY
Spend the morning discovering the Cockscomb Basin Wildlife Sanctuary, the world’s first jaguar reserve. Hike along one of the reserve’s many nature trails to photograph tropical plants, scan the treetops for
winged wonders, and spot the tracks of tapirs and jungle cats. Meet one of the researchers and learn about the ongoing research into the behaviors of Belize's jaguars, then visit a Maya handicraft center. Tonight, an internationally acclaimed drumming group, The Garifuna Collective, joins us on board for a festive music performance. (B,L,D)

DAY 5: MONKEY RIVER/BELIZE BARRIER REEF
Early this morning, we board local boats to cruise inland through this coastal river system. This afternoon we are back to the reef, this time in the southern cayes, where we go snorkeling, paddleboarding, or kayaking inside its fringing reef dotted with hundreds of coral patches that harbor parrotfish, butterflyfish, octopus, and other marine species. (B,L,D)

DAY 6: PUERTO SANTO TOMÁS, GUATEMALA/DISEMBARK
Disembark in Puerto Santo Tomás and catch a charter flight to Guatemala City, where you’ll connect with your flight home. Or continue on our land excursion to Tikal. (B)

BELIZE TO TIKAL: REEFS, RIVERS & RUINS OF THE MAYA WORLD
9 DAYS/8 NIGHTS—NATIONAL GEOGRAPHIC QUEST + LAND EXCURSION

DAYS 1-5: See above itinerary.

DAY 6: PUERTO SANTO TOMÁS, GUATEMALA
Disembark in Puerto Santo Tomás and catch a charter flight to Flores, gateway to Tikal—one of the largest cities in the classic Maya world. Enjoy lunch on the shores of picturesque Lake Petén Itzá before transferring to your lakefront hotel. Later, set out on an optional birding walk with the naturalists, or take a sunset boat cruise on the lake. (B,L,D)

DAY 7: TIKAL NATIONAL PARK
Spend a full day exploring Tikal, where ancient pyramids tower more than 200 feet, and thousands of temples, shrines, and plazas are scattered beneath the rainforest canopy. Discover the site’s archaeological treasures, including the Temple of the Great Jaguar and the North and South Acropolis. Encounter ancient Maya art and hieroglyphs, and examine carved stone inscriptions that illuminate the history and spiritual significance of Tikal. (B,L,D)

DAY 8: YAXHÁ
Visit Yaxhá, the third largest ruin in the Maya world, beautifully situated on a ridge overlooking Yaxhá Lake. One of the few Maya sites known by its Mayan name, “green waters,” Yaxhá is spread over nine plazas and contains hundreds of structures, dozens of stelae, multiple temple pyramids, and ball courts. Stop at a traditional Guatemalan restaurant for lunch. Savor an exclusive farewell dinner on the shores of Lake Petén Itzá as the sun sets on our final evening. (B,L,D)

DAY 9: FLORES/GUATEMALA CITY/U.S.
We’ll end our journey in Flores. Extend your stay in Flores or join the optional charter flight (additional cost) to Guatemala City for onward flights. (B)
CAPACITY: 50 outside cabins accommodating 100 guests.
REGISTRY: United States. OVERALL LENGTH: 238 feet.

*National Geographic Quest*, launched in 2017, is designed with over 50 years of expedition heritage and built in the U.S.A. She sets a new standard in exploration comfort and style.

PUBLIC AREAS: Global gallery; fitness center; LEXspa; lounge with full service bar and facilities for films and presentations; observation deck; mudroom with lockers for expedition gear; and a partially covered sundeck with chairs and tables. The open Bridge provides guests an opportunity to meet the officers and captain and learn about navigation.

MEALS: Served in single seatings with unassigned tables for an informal atmosphere and easy mingling. Breakfast is a wide-selection buffet and lunch is often served family-style. Cuisine is fresh, sustainable, and accented with regional flair.

CABINS: All cabins face outside with windows or portholes, private facilities, and climate controls. Category 4 cabins have step-out balconies.

EXPEDITION EQUIPMENT: A fleet of 8 Zodiacs and 24 kayaks, stand-up paddleboards, snorkeling equipment for all guests, ROV (remotely operated vehicle), hydrophone, splash-cam, underwater video camera, and video microscope.

SPECIAL FEATURES: Guest Wi-Fi access, elevator, certified photo instructor, undersea specialist, video chronicler, and ship physician.

WELLNESS: The vessel is staffed by a wellness specialist and features a gym with an elliptical machine, treadmill, exercise bikes, handweights, and resistance bands. Treatments in the LEXspa are available by appointment.

SELF-DISINFECTING SHIPS: Lindblad Expeditions became the first self-disinfecting fleet with the rollout of the ACT Global Premium Purity™ system in 2019. This photocatalytic cleaning process activates when illuminated, continuously breaking down unwanted microbes such as bacteria, viruses, mold, and airborne allergens. The positive environmental impacts of this non-toxic, chemical-free system are many: less plastic in the supply chain and waste stream, and more than one million gallons of water saved annually. The system lowers our carbon footprint and creates a cleaner, healthier shipboard environment for guests and crew alike.

**Prices are per person, double occupancy unless indicated as solo.**

<table>
<thead>
<tr>
<th>ITINERARY</th>
<th>CAT 1</th>
<th>CAT 2</th>
<th>CAT 4</th>
<th>CAT 5 SUITE</th>
<th>CAT 1 SOLO</th>
<th>CAT 2 SOLO</th>
<th>ADVANCE PAYMENT</th>
<th>SAMPLE AIRFARES</th>
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<tbody>
<tr>
<td>Wild Belize Escape: Wildlife, Reefs &amp; Rivers</td>
<td>$4,290</td>
<td>$4,590</td>
<td>$4,910</td>
<td>$5,180</td>
<td>$5,990</td>
<td>$6,300</td>
<td>$6,750</td>
<td>$750 Miami/Guatemala City/Miami – Economy from $550; Business from $850. Subject to change.</td>
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<td>Belize to Tikal: Reefs, Rivers &amp; Ruins of the Maya World</td>
<td>$6,480</td>
<td>$6,780</td>
<td>$7,100</td>
<td>$7,370</td>
<td>$8,180</td>
<td>$8,790</td>
<td>$9,240</td>
<td>$750 Miami/Guatemala City/Miami – Economy from $550; Business from $850. Charter flight – Flores/ Guatemala City: $275. Subject to change.</td>
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</table>
**CATEGORY 1:** Main Deck #301-306
Cabins feature two lower single beds that can convert to a Queen, a writing desk, and two portholes.

**CATEGORY 2:** Main Deck #307-315
Cabins feature two lower single beds that can convert to a Queen, a writing desk, and two portholes.

**CATEGORY 3:** Upper Deck #201-206
Cabins feature two lower single beds that can convert to a Queen, a writing desk, and two large view windows.

**CATEGORY 4:** Upper Deck #207-229
Cabins feature two lower single beds that can convert to a Queen, a writing desk, sliding glass door, and small, private balcony.

**CATEGORY 5 (SUITE):** Observation Deck #101-108
Cabins feature two lower single beds that can convert to a Queen, large view windows, an expanded bathroom, writing desk, ample storage space, and a convertible sofa bed to accommodate a third person.

**NOTE:** Solo occupancy cabins are available in Categories 1 and 2 only. Third person rates are available in Category 5 cabins at one half the double occupancy rate.

**Connecting Cabins via internal doorway access:** Main Deck: #312-314, #311-315, #306-308, #305-307; Upper Deck: #224-226, #225-227

Clockwise from top left: The casual dining room with its expansive windows; Category 4 cabin with lower single beds (which can be converted to a Queen) and a private step-out balcony; relax on the partially covered sundeck; Category 5 cabin is the most spacious aboard.
TERMS AND CONDITIONS

INCLUSIVE PRICING
✓ All meals served in the dining room
✓ All nonalcoholic beverages including unlimited cappuccinos, lattes, coffee, tea, and soda
✓ Hors d’oeuvres and snacks during nightly Recap
✓ Environmentally friendly refillable water bottle
✓ Fully stocked library
✓ Mac computers for downloading your camera’s memory card and Wi-Fi access
✓ Fitness center
✓ The services of a ship physician and expedition staff
✓ Access to the Bridge to learn about navigation

SPECIAL OFFERS
FREE AIR: Book the 9-day Belize to Tikal expedition by Sept. 30, 2020 and receive FREE ROUND-TRIP AIRFARE between Miami/Guatemala City, subject to availability. Complimentary air is based on economy group flights and must be ticketed by Lindblad Expeditions. In the case that Lindblad’s group flight is not available at time of booking, you will receive an air credit. Baggage fees may be additional. New bookings only and not combinable with other offers. Call for details.

BRING THE KIDS: Sharing an expedition with your kids or grandkids is a life-enhancing experience. Take $500 off the double occupancy price for each person under 18.

ABOARD SHIP
✓ Activities
✓ Fitness center
✓ Fully stocked library
✓ Mac computers for downloading your camera’s memory card and Wi-Fi access
✓ Restaurant
✓ The services of a ship physician and expedition staff
✓ Access to the Bridge to learn about navigation

ASHORE
✓ Activities
✓ Fitness center
✓ Fully stocked library
✓ Mac computers for downloading your camera’s memory card and Wi-Fi access
✓ Restaurant
✓ The services of a ship physician and expedition staff
✓ Access to the Bridge to learn about navigation

ACTIVITIES
✓ All shore activities
✓ Zodiac and kayak explorations
✓ Snorkeling and paddleboarding (scuba diving extra cost)
✓ Lectures and presentations in the lounge
✓ Special musical performance
✓ Photo instruction
✓ Morning stretch class with wellness specialist

WILD BELIZE ESCAPE COSTS INCLUDE:
- Five nights’ accommodations aboard ship, all meals and nonalcoholic beverages aboard ship; meals on land as indicated; round-trip charter flight to/from Puerto Barrios (Santo Tomas), Guatemala; shore excursions, sightseeing, entrance fees, and special access permits; use of kayaks, paddleboards, and snorkeling gear; transfers to and from group flights; tips (except to ship’s crew), taxes, and service charges; services of a ship physician, the expedition staff, and local guides. Unused services or items included in this program are non-refundable.
- Belize to Tikal costs include: All inclusions for Belize portion as noted above; three hotel nights in Tikal; charter flight Puerto Barrios/Flores (in lieu of taking the Puerto Barrios/Guatemala City flight). Baggage fees may be additional.
- Belmopan to Tikal costs include: All inclusions for Belize portion as noted above; charter flight Puerto Barrios/Flores (in lieu of taking the Puerto Barrios/Guatemala City flight). Baggage fees may be additional.

BELIZE TO TIKAL COSTS INCLUDE:
- All inclusions for Belize portion as noted above; three hotel nights in Tikal; charter flight Puerto Barrios/Flores (in lieu of taking the Puerto Barrios/Guatemala City flight). Baggage fees may be additional.
- NOT INCLUDED: International air transportation (unless otherwise indicated; charter flight from Flores to Guatemala City for Tikal portion); meals not indicated; extensions; scuba diving; passport, visa, immigration fees; travel protection plan; items of a personal nature such as alcoholic beverages, Wi-Fi access, voyage chronicle, and laundry. Gratuities to ship’s crew at your discretion.
- AIRFARE: Airfare is an additional cost (unless otherwise indicated). Lindblad Expeditions will assist in making your air arrangements for a $50 per person service fee.
- BRYN MAWR HOST: A Bryn Mawr host will accompany the voyage once a minimum number of travelers is reached.
- RESERVATIONS: To confirm your place, an advance payment of US$750 per person is required at the time of reservation and is payable by Visa, MasterCard, American Express, Discover, or check. Receipt of advance payment indicates your acceptance of the terms and conditions.
- FINAL PAYMENT: Payment is due 90 days prior to departure. Lindblad Expeditions reserves the right to cancel your reservation if payment has not been received by final payment due date.

TERMS AND CONDITIONS

TRAVEL PROTECTION PLAN: Because the cancellation policies outlined below are strictly enforced, we strongly recommend that you purchase trip cancellation insurance for your protection. Upon receiving your reservation, Bryn Mawr College will send you information on coverage options.

SMOKING AND VAPING POLICY: Allowed only in designated outdoor areas.

ENTRY AND VISA REQUIREMENTS: All guests are advised to verify travel documents (passport/transit visa/entry visa) for the country through which they are transiting and/or entering. Reliable and most current information regarding international travel can be found by contacting the consulate/embassy of the country(ies) you are visiting or transiting through. We will not be responsible if you are denied entry or transit into a country, if you are unable to provide valid documents as per the country’s requirement.

RESPONSIBILITY AND OTHER TERMS & CONDITIONS: Certain other provisions concerning, among other things, limitations of Lindblad Expeditions’ and the National Geographic Expeditions’ (a division of National Geographic Partners, LLC) liability for loss of property, injury, illness, or death during the voyage will be provided to all guests on the ship’s ticket sent prior to departure or upon request. By registering for a trip, the guest agrees to all such terms and conditions.

Note: Itineraries and prices listed in this brochure are as of publication date and are subject to change. Under normal conditions the total expedition price is guaranteed at the time of booking. However, our expedition pricing is determined far in advance of initial departure on the basis of then-existing projections of fuel and other costs. In the event of increases in those costs, including but not limited to increases in the price of fuel, currency fluctuations, increases in government taxes or levies, or increased security costs, we reserve the right to adjust the price of your expedition or add a surcharge to cover such unexpected increases. We will always provide an explanation of the reason for increase in costs.

CANCELLATION POLICY

<table>
<thead>
<tr>
<th>Number of Days Prior to Expedition Start</th>
<th>Per Person Cancellation Fee</th>
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<tr>
<td>120 or more days</td>
<td>$350</td>
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<td>119—90 days</td>
<td>Advance payment cost</td>
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<tr>
<td>89—60 days</td>
<td>25% of trip cost</td>
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<td>59—45 days</td>
<td>50% of trip cost</td>
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<tr>
<td>44—0 days</td>
<td>No refund</td>
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We strongly recommend that you purchase a travel protection plan.
RESERVATION FORM: BELIZE
ABOARD NATIONAL GEOGRAPHIC QUEST

Please reserve ____________ place(s) on the 6-day Wild Belize Escape, February 21-26, 2021
Please reserve ____________ place(s) on the 9-day Belize to Tikal, February 21-March 1, 2021

Name 1: ________________________________________________________________________
(As it appears on passport)

Name 1:___________________________________  Date of Birth: _______________________
(Preferred name for name badge)

Name 2: ________________________________________________________________________
(As it appears on passport)

Name 2: __________________________________  Date of Birth: _______________________
(Preferred name for name badge)

Street Address: ________________________________________________________________

City:_____________________________________ State:_________________  Zip: __________

Home Phone: _____________________  Business Phone: ___________________________

Cell Phone: __________________________________  Fax: ___________________________

Email: ________________________________________________________________________

Accommodations:  ❑ Double  ❑ Single  ❑ Twin share w/friend
❑ Share with roommate assigned by tour operator

Please indicate choice of cabin category in order of preference:
1st choice: __________________________2nd choice: _______________________________

❑ Enclosed is my advance payment of $ _____________________ (US$750 per person)
Check made payable to Lindblad Maritime Enterprises, Ltd.

❑ Charge my advance payment of $ _____________________ (US$750 per person)
to my  ☐ Visa  ☐ MasterCard  ☐ American Express  ☐ Discover

Account Number: ___________________________ Expires: _______________________

Cardholder Signature: ___________________________ Date: _________________
WILD BELIZE ESCAPE

EXPEDITION HIGHLIGHTS

» Travel aboard National Geographic Quest, one of the only ships exploring the Mesoamerican Reef.

» Kayak and paddleboard turquoise lagoons, and cruise in Zodiacs to wildlife-rich coastal rivers.

» Snorkel or dive the coral gardens of the Belize Barrier Reef.

» Hike the Cockscomb Basin Wildlife Sanctuary, the world’s first jaguar reserve.

» Extend your stay to explore the Maya ruins in Tikal and little-visited Yaxhá.

100% CARBON NEUTRAL
SINGLE-USE PLASTIC FREE

We have chosen Lindblad Expeditions because they care deeply about the planet, and see travel as a powerful force for good.