Welcome to the FirstStudent portal. In this tutorial, you will receive step-by-step instructions on how to waive your student health plan. Please note, you'll need to access your student email account in order to access FirstStudent’s verification code. This code will stay active for 30 minutes. Additionally, please have all your current insurance information easily accessible to complete this process.

1. Enter [www.FirstStudent.com](http://www.FirstStudent.com) in your web browser.

2. When you reach the FirstStudent homepage, select your college or university from the drop down menu on the front page.

3. On your institution’s home page, select the “Waive Your School’s Insurance” option from the list on the left side of the screen.

4. Click the blue “Waive Now” button.

5. Enter your birthday, followed by your student ID number.

6. Check your school email account, there will be a verification code sent to you. Please Note: This code will only be active for 30 minutes.

7. Copy the 6 digit verification code into the provided box and click “Next.”

8. Verify your name, email, student ID number and campus location and click “Next.”

9. Click “Yes” under “Do you currently have health insurance?” and click “Next.”

10. Enter all the required insurance information, click “Next.”

11. Provide your electronic signature and click “Submit” to complete the waiver process.

Questions? Talk to a trusted Advisor.

Tim Cummons | 410.583.5452 | tcummons@rcmd.com