

Thomas P. Le, Ph.D.

211 Bettws-y-Coed, Department of Psychology, Bryn Mawr College
tple@brynmawr.edu

Education

- 2023 **University of Maryland**, College Park, MD
 Ph.D. in Counseling Psychology
- 2022-2023 **Cambridge Health Alliance/Harvard Medical School**, Cambridge, MA
 APA-accredited Predoctoral Internship in Clinical Psychology
 Track: Population Health – Adult Outpatient and Substance Use
 Clinical Fellow in Psychology
- 2022 **Harvard T.H. Chan School of Public Health**, Cambridge, MA
 Summer Program in Clinical Effectiveness
 Certificate in Public Health Research
- 2019 **University of Maryland**, College Park, MD
 M.S. in Counseling Psychology
- 2017 **The College of William and Mary**, Williamsburg, VA
 B.A. in Psychology and English
 Summa Cum Laude, Phi Beta Kappa, Distinction in Psychology

Academic Appointments

- 8/2023 – present **Assistant Professor**
 Department of Psychology
 Bryn Mawr College
 Affiliate Faculty Member, Asian American Studies Program

Clinical Licensure

- 07/2024 – present **Licensed Psychologist**, Pennsylvania (PS 020209)

Peer-Reviewed Publications

Note: *denotes undergraduate student mentee +denotes graduate student mentee

54. **Le, T.P.** & Liu, X.* (2025). Is taller better, or whiter? A racial investigation of Asian American women's height preferences in dating. *Sexuality & Culture*. Advance online publication.
53. **Le, T.P.**, Vedamtam, S.,* Chen, L.,* Liu, X.,* & Forestell, C.A. (2025). Understanding the association between conformity to feminine norms and disordered eating: Emotional eating as a mediator. *Professional Psychology: Research and Practice*. Advance online publication.

52. **Le, T.P.**, Liu, X.,* Chao, M.L.,* Vedamtam, S.,* Mayungo, S.N.,* & Mikita, S.M.* (2025). Of race and romance: A qualitative investigation of queer Asian American men's romantic relationships with queer Asian American men. *Journal of Social and Personal Relationships*, 42(8), 1928-1951.
51. Liu, X.,* & **Le, T.P.** (2025). Gendered racial microaggressions and Asian American women's hazardous alcohol use: Drinking to cope as mediator. *Journal of Ethnicity in Substance Abuse*. Advance online publication.
50. Teran, M.,⁺ Phan, P.,* & **Le, T.P.** (2025). Appearance-related social media consciousness, geosocial networking app use, and sexual risk behaviors among Latinx sexual minority men in the US: Acculturation as moderator. *Journal of Sex Research*. Advance online publication.
49. Powers, J.* & **Le, T.P.** (2025). Resistance and empowerment against racism's association with Latinx adults' body appreciation. *Professional Psychology: Research and Practice*, 56(2), 103-111.
48. Cook, B.L., Flores, M., Progovac, A.M., Moyer, M., Holmes, K.E., **Le, T.P.**, Kumar, A., Levy, D., Saloner, B., & Wayne, G.F. (2025). Association of tobacco dependence treatment coverage expansion with smoking behaviors among Medicaid beneficiaries living with substance use disorder. *American Journal of Preventative Medicine*, 68(3), 485-496.
47. Phan, P.Q.,* & **Le, T.P.** (2025). Sexual racism and queer Asian American men's depression and hazardous drinking. *Journal of Homosexuality*, 72(10), 1918-1936.
46. Phan, P.Q.,* **Le, T.P.**, & Nagata, J.M. (2025). Geosocial networking app use and queer Asian American men's muscle dysmorphia: A test of racially-relevant moderators. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication.
45. Teran, M.⁺ & **Le, T.P.** (2025). Parental racial-ethnic bias preparation, ethnic identity, and psychological distress in Latinx young adults. *Journal of Latinx Psychology*. Advance online publication.
44. **Le, T.P.**, Chan, A.,⁺ Ahn, L.H. (2025). Love isn't colorblind: Internalized racism, resistance and empowerment against racism, and Asian American men's racialized dating preferences. *Psychology of Men & Masculinities*, 26(1), 27-34.
'selected as *Psychology of Men & Masculinities* featured article of the month, writeup [here](#)
43. Soulliard, Z.A., **Le, T.P.**, & Yamasaki, V.* (2025). Pride and body image among transgender and nonbinary adults: The mediating role of body appreciation between gender identity pride and intuitive eating. *Eating Disorders: The Journal of Treatment & Prevention*, 33(1), 60-77.
42. Kook, Y., **Le, T.P.**, Robey, N., & Raposa, E.B. (2025). Mental health and resource utilization among underrepresented students transitioning to college in the United States. *Journal of Diversity in Higher Education*, 18(2), 162-173.
41. Pease, M.V.,⁺ **Le, T.P.**, & Ahn, L.H. (2025). Family rejection and LGBTQ+ Asian Americans' psychological distress and disordered eating: The role of conflicts in allegiances and family shame. *Cultural Diversity and Ethnic Minority Psychology*, 31(2), 285-295.

40. Kang, N.,* Liu, X.,* Ahn, L.H., & **Le, T.P.** (2024). Asian Americans' childhood emotional abuse, emotional neglect, and opioid use: Distress intolerance as moderator. *Journal of Ethnicity in Substance Abuse*. Advance online publication.
39. Kang, N.,* **Le, T.P.**, & Risco, C.M. (2024). Asian Americans' childhood emotional abuse, emotional neglect, and hazardous alcohol use: Resilience as moderator. *American Journal of Orthopsychiatry*. Advance online publication.
38. **Le, T.P.**, Oluwakemi, G.,* Samee, A.A.,* Yeung, C.W., & Chong, E.S.K. (2024). "I find value in myself": Queer Asian American men's self-love and resistance in the face of white supremacy. *American Journal of Orthopsychiatry*. Advance online publication.
37. Lu, F.Q., Flores, M.W., Carson, N.J., **Le, T.P.**, & Cook, B.L. (2024). Trends and disparities in mental healthcare use among Asian American sub-groups, 2013-2019. *Journal of Racial and Ethnic Health Disparities*. Advance online publication.
36. Teran, M.,⁺ **Le, T.P.**, Austin, D., & Shin, R.Q. (2024). Therapist cultural humility, Black LGB identity centrality, client satisfaction with therapist, and future utilization of counseling services among Black LGB adults. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication.
35. Liu, X.,* & **Le, T.P.** (2024). Internalized racism, racial collective self-esteem, and Asian American adults' disordered eating: Psychological distress as mediator. *Appetite*, 201, 107623.
34. Pease, M.V.,⁺ Kang, N.,* Oluwakemi, G.,* Jin, L.,* Bradshaw, B.,* & **Le, T.P.** (2024). "It's like having a superpower": Reclaiming creativity and the intersectional experiences of trans young adults of color. *Journal of Counseling Psychology*, 71(4), 215-228.
'selected as American Psychological Association [Editor's Choice Article](#)
33. Teran, M.,⁺ Stoto, I., Ahn, L.H., & **Le, T.P.** (2024). Skin tone ideologies, body shame, and sexual risk in Latinx young adults: The role of self-esteem. *Body Image*, 50.
32. Parnes, J.E., **Le, T.P.**, Mereish, E.H., & Miranda, R. JR. (2024). Daily associations between resilience factors, substance use, and affect among sexual minority youth. *Psychology of Addictive Behaviors*. Advance online publication.
31. **Le, T.P.**, Iwamoto, D.K., & Ching, T.H.W. (2024). Associations between gendered racism, racial identity, and nicotine use among Asian American men. *Journal of Clinical Psychology*, 80(7), 1582-1595.
30. **Le, T.P.** & Ahn, L.H. (2024). Asian American women's racial dating preferences: An investigation of internalized racism, resistance and empowerment against racism, and desire for status. *Sex Roles*, 90, 363-375.
29. **Le, T. P.**, Pease, M.,* & Chijioke, S.* (2024). Men's preference for a masculine beverage: Examining masculinity threat, drive for muscularity, and body appreciation as predictors. *NORMA: International Journal for Masculinity Studies*, 19(1), 7-23.

28. **Le, T.P.**, Teran, M.,⁺ & Wang, M. Q. (2024). Latinx sexual minority men, psychological well-being, racial sociopolitical involvement, and discomfort in LGBT community. *Journal of Latinx Psychology*, 12(1), 63-78.
27. Iwamoto, D. K., **Le, T.P.**, Clinton, L., Grivel, M., & Lucaine, E. (2024). Why conform?: The implications of conformity to feminine norms on psychological distress among college women. *Current Psychology*, 43(10), 8655-8664.
26. **Le, T.P.** & Kler, S.⁺ (2024). Queer Asian American men's racialized dating preferences: The role of internalized racism and resistance and empowerment against racism. *Psychology of Sexual Orientation and Gender Diversity*, 11(2), 225-236.
25. **Le, T.P.**, Lee, E. A.,⁺ Bansal, P., & Shin, R.Q. (2024). Internalized model minority myth, distress, and anti-Black attitudes among low-income Asian Americans. *Asian American Journal of Psychology*, 15(2), 107-117.
24. **Le, T.P.**, Ali, S.H., Atkin, A.L., Ching, T.H.W., Csizmadia, A., Tran, N.K. & DiClemente, R.J. (2023). Family connectedness and sexual minority Asian Americans' eating behavior regulation. *Eating Behaviors*, 51.
23. **Le, T.P.**, DeJesus-Rodriguez, A., Rihal, T.K., & Raposa, E.B. (2023). Associations between trait food craving and adolescents' preference and consumption of healthy versus unhealthy foods. *Food Quality and Preference*, 108.
22. Tran, N.K., **Le, T.P.**, Krause, K.D., Martino, R.J., & Halkitis, P.N. (2023). An exploration of racial differences of psychosocial stressors and their association with mental health between Asian and White sexual minority men: The P18 cohort study. *Asian American Journal of Psychology*, 14(4), 364-372.
21. Burke, L.A.,* Chijioke, S.,* & **Le, T.P.** (2023). Gendered racial microaggressions and emerging adult Black women's social and general anxiety: Distress intolerance and stress as mediators. *Journal of Clinical Psychology*, 79, 1051-1069.
20. **Le, T.P.**, Jin, L.,* & Kang, N.* (2023). Sexual, gendered, and internalized racism's associations with disordered eating among sexual minority Asian American men: Emotional eating as mediator. *Eating Disorders: The Journal of Treatment & Prevention*, 31(6), 533-552.
19. Yang, N., Jankauskaite, G.,[†] Gerstenblith, J.A.,[†] Hillman, J.,[†] Wang, R.J.,[†] **Le, T.P.**,[†] & Hill, C. E. (2023). Counseling psychology doctoral students' experiences of authenticity: A collaborative autoethnography. *Counselling Psychology Quarterly*, 36(1), 89-111.
[†]indicates equal contribution to manuscript
18. Kler, S.,⁺ Arora, S., & **Le, T.P.** (2023). Validation of the Multidimensional Scale of Perceived Social Support (MSPSS) among LGBTQ+ people of color. *Measurement and Evaluation in Counseling and Development*, 56(4), 283-296.
17. Pease, M.,* **Le, T.P.**, & Iwamoto, D. K. (2023). Minority stress, pandemic stress, and mental health among gender diverse young adults: Gender dysphoria and emotion dysregulation as mediators.

Psychology of Sexual Orientation and Gender Diversity, 10(4), 650-662.

16. **Le, T.P.**, Iwamoto, D. K., & Soullard, Z. A. (2022). Body positivity for Asian Americans: Development and evaluation of the Pride in Asian American appearance scale. *Journal of Counseling Psychology*, 69(5), 614-629.
15. **Le, T.P.**, Bradshaw, B.T.,* Pease, M.,* & Kuo, L.* (2022). An intersectional investigation of Asian American men's muscularity-oriented disordered eating: Associations with gendered racism and masculine norms. *Eating Disorders: The Journal of Treatment & Prevention*, 30(5), 492-514.
14. **Le, T.P.** & Iwamoto, D. K. (2022). Racial discrimination, gender role conflict, and depression in college men of color: A longitudinal test of the racist-gender stress model. *Psychology of Men & Masculinities*, 23(1), 4-12.
'selected as *Psychology of Men & Masculinities* featured article of the month, writeup [here](#)
13. Yamasaki, V.,* & **Le, T.P.** (2022). Family matters: The impact of traditional and egalitarian gender role messages on sexual and gender minority Latinx adults' alcohol use and sexual risk. *Journal of Sex Research*, 59(5), 652-661.
12. Kuo, L.,* Perez-Garcia, S.,* Burke, L.,* Yamasaki, V.,* & **Le, T.P.** (2022). Performance, fantasy, or narrative: LGBTQ+ Asian American identity through Kpop media and fandom. *Journal of Homosexuality*, 69(1), 145-168.
11. **Le, T.P.**, Bradshaw, B.T.,* Wang, M.Q, & Boekeloo, B.O. (2022). Discomfort in LGBT community and psychological wellbeing for LGBT Asian Americans: The moderating role of racial/ethnic identity importance. *Asian American Journal of Psychology*, 13(2), 149-157.
'winner of the *Asian American Journal of Psychology* 2022 Best Student Paper Prize
10. **Le, T.P.**, Iwamoto, D.K., & Samee, A.A.* (2021). Examining the association between sexism, self-objectification, empowerment, and alcohol-related problems: Pathways through drinking to cope. *Addictive Behaviors*, 120.
9. **Le, T.P.**, Hsu, T., & Raposa, E.B. (2021). Effects of natural mentoring relationships on college students' mental health: The role of emotion regulation. *American Journal of Community Psychology*, 68(1-2), 167-176.
8. **Le, T.P.**, Iwamoto, D.K. & Burke, L.A.* (2021). A longitudinal investigation of racial discrimination, distress intolerance, and psychological well-being in African American college students. *Journal of Clinical Psychology*, 77, 745-754.
7. **Le, T.P.**, Pekosz, M.,* & Iwamoto, D.K. (2020). Masculine norms and college men's rape myth acceptance: the mediating role of nurturance. *Psychology of Men & Masculinities*, 21(4), 665-674.
6. **Le, T.P.**, Kuo, L.,* & Yamasaki, V.* (2020). Gendered racial microaggressions, feminism, and Asian American women's eating pathology: An intersectional investigation. *Sex Roles*, 83(3-4), 127-142.
5. Kaya, A., **Le, T.P.**, Brady, J., & Iwamoto, D.K. (2020). Men who intervene to prevent sexual assault: A grounded theory study on the role of masculinity in bystander intervention. *Psychology of Men & Masculinities*, 21(3), 463-478.

4. **Le, T.P.** & Iwamoto, D.K. (2019). A longitudinal investigation of racial discrimination, drinking to cope, and alcohol-related problems among underage Asian American college students. *Psychology of Addictive Behaviors*, 33(6), 520-528.
3. Iwamoto, D.K., **Le, T.P.**, Brady, J., & Kaya, A. (2019). Distinct classes of binge drinking and alcohol-related problems among Asian American young adults. *American Journal of Orthopsychiatry*, 89(5), 549-558.
2. **Le, T.P.** & Raposa E.B. (2019). The role of enculturation and acculturation in Asian and European American college students' daily social stress and support. *Asian American Journal of Psychology*, 10(1), 11-21.
1. **Le, T.P.** (2019). The association of conformity to feminine norms with women's food consumption after a negative mood induction. *Appetite*, 133, 123-129.

Book Chapters

3. Felipe, L., Estrellado, J.E., Pease, M.V., & **Le, T.P.** (in preparation). Queerness and intersectionality as praxis. In L. Felipe, J.E. Estrellado, A. Breen, & G.N. Rider (Eds.), *Queer Asian Americans: A practitioner's guide for working with LGBTQ+ Asian American communities*. Cognella.
2. Chan, A.,⁺ Kawamura, K. & **Le, T.P.** (under review). Asian American body image. Tewari, N., Alvarez, A.N., & Fu, M. (2nd ed.). *Asian American psychology: Current perspectives*. Routledge/Taylor & Francis Group.
1. **Le, T.P.**, & Pease, M.* (2025). LGBTQ+ Asian body image: U.S. and globally. H-L. Cheng & Y. Tsong (Eds.). *Body Image and the Asian experience: Asians, Asian Americans, and Asian diasporas across the globe* (pp. 217-245). Elsevier.

Selected Conference Presentations

54. Phan, P.,* **Le, T.P.**, & Nagata, J.M. (2025, August). *Sexual racism, resistance and empowerment, and queer Asian American men's muscle dysmorphia*. Poster to be presented at the 2025 American Psychological Association Conference, Denver, CO.
53. Mayungo, S.N.* & **Le, T.P.** (2025, May). *Marianismo, sexual and reproductive empowerment, and desire for thinness among queer Latinx women*. Poster to be presented at the 2025 Association for Psychological Science Conference, Washington, D.C.
52. Phan, P.,* & **Le, T.P.**, (2024, November). *Geosocial networking app use and queer Asian American men's sexual risk behavior: Sexual racism and internalized racism as serial mediators*. Poster presented at the 58th Annual Association of Behavioral and Cognitive Therapies Convention. Philadelphia, PA.
51. Chen, C.,* & **Le, T.P.**, (2024, October). *Gendered racial microaggressions and Asian American women's body appreciation: An intersectional investigation*. Poster presented at the 2024 Asian American Psychological Association Conference. Atlanta, GA.

50. Phan, P.,* Nagata, J.M., & **Le, T.P.**, (2024, October). *Geosocial networking app use and queer Asian American men's muscle dysmorphia: A test of racially relevant moderators*. Poster presented at the 2024 Asian American Psychological Association Conference. Atlanta, GA.
49. Teran, M., Phan, P., & **Le, T.P.** (2024, October). Examining Fetishization, Social Media Consciousness, and Disordered Eating among Latinx Sexual Minority Men: Body Dissatisfaction as a Mediator. In Shepherd, B. (Chair), *Sociocultural Factors, Eating Disorder Symptoms, and Mental Health Help-Seeking Among Latinx Queer Persons: An Intersectional, Ecological Approach*. Symposium presented at the 2024 Annual National Latinx Psychological Association Conferencia, San Juan, Puerto Rico.
48. Teran, M.,⁺ Phan, P.* & **Le, T.P.**, (2024, August). *Links between social media appearance-related consciousness, geosocial network app use, and sexual risk behaviors among Latinx sexual minority men in the US: Acculturation as a moderator*. Poster presented at the 2024 National LGBTQ Health Conference. Atlanta, GA.
47. Liu, X.,* & **Le, T.P.**, (2024, August). *Internalized racism, collective racial self-esteem, and Asian American adults' disordered eating*. Poster presented at the 2024 American Psychological Association Conference, Seattle, WA.
46. Phan, P.,* & **Le, T.P.**, (2024, August). *Sexual racism and queer Asian American men's depression and hazardous drinking*. Poster presented at the 2024 American Psychological Association Conference, Seattle, WA.
45. Soulliard, Z. A., **Le, T. P.**, & Yamasaki, V.* (2023, November). Positive body image among trans and nonbinary adults: Gender identity pride as a correlate of body appreciation and intuitive eating. In Z. A. Soulliard (Chair), *Cultivating Trans Joy and Resilience: Positive Body Image among Transgender and Nonbinary Populations*. Symposium presented at the 57th Annual Convention of the Association for Behavioral and Cognitive Therapies. Seattle, WA.
44. Teran, M.,⁺ & **Le, T.P.**, (2023, October). *Parental ethnic bias preparation and psychological distress in Latinx young adults: The role of internalized colorist ideologies*. Poster presented at the 2023 National Latinx Psychological Association Conference. Chicago, IL.
43. Pease, M.V.,* Oluwakemi, G.,* Jin, L.,* Kang, N.,* Bradshaw, B.,* & **Le, T. P.** (2023, August). Discovery, survival, and creation at the intersections of oppression: A qualitative exploration of the experiences of trans young adults of color. In Matsuno, E. (Chair). *The intersectional experiences of trans people and communities of color*. Symposium presented at the 2023 Annual American Psychological Association Convention. Washington, DC.
42. Teran, M.,⁺ **Le, T.P.**, & Shin, R.Q. (2023, August). *Colorist attraction, sexual risk, and body shame in Latinx young adults: The role of self-esteem*. Poster presented at the 2023 Annual American Psychological Association Convention. Washington, DC.
41. Pease, M.V.,* **Le, T.P.**, & Ahn, L.H. (2023, August). *An intersectional investigation of LGBTQ+ Asian American family experiences and mental health*. Poster presented at the 2023 Annual American Psychological Association Convention. Washington, DC.

40. **Le, T.P.**, Parnes, J., Mereish, E.H., & Miranda, R. (2023, June). *Daily associations among resilience factors, affect, and substance use among sexual minority youth*. Poster presented at the 46th Annual Research Society on Alcohol Convention. Bellevue, WA.
39. **Le, T.P.**, Iwamoto, D. K., & Soulliard, Z. A. (2022, November). Body positivity for Asian Americans: Development and evaluation of the Pride in Asian American appearance scale. In J. Hong (Chair). *Combatting anti-Asian racism and supporting AAPI community*. Symposium presented at the 56th Association for Behavioral and Cognitive Therapies Annual Convention.
38. Teran, M.,⁺ **Le, T.P.**, & Wang, M.Q. (2022, October). *Discomfort in LGBT community and psychological well-being among Latinx sexual minority men: Racial sociopolitical involvement as moderator*. Poster presented at the 20th annual National Latinx Psychological Association Conference. Denver, CO.
37. Teran, M.,⁺ Austin, D. & **Le, T.P.** (2022, August). *Intersectional microaggressions and Black LGB adults: The role of social support and religiosity*. Poster presented at the 130th Annual Convention of the American Psychological Association, Minneapolis, MN.
36. **Le, T.P.**, & Iwamoto, D. K. (2021, November). *Racism, gender role conflict, and depression in college men of color: A longitudinal test of the racist-gender stress model*. Poster presented virtually at the 55th Association for Behavioral and Cognitive Therapies Annual Convention.
35. **Le, T.P.**, & Soulliard, Z. A. (2021, November). *Relationships between body appreciation, disordered eating, intuitive eating, and health among transgender and gender non-binary individuals: A preliminary analysis*. Poster presented virtually at the 55th Association for Behavioral and Cognitive Therapies Annual Convention.
34. **Le, T.P.**, Jin, L.,* & Kang, N.* (2021, October). *Sexual, gendered, and internalized racism's associations with gay, bisexual, and queer Asian American men's disordered eating*. Oral presentation delivered virtually at the Annual Asian American Psychological Association Convention.
33. **Le, T.P.**, & Kler, S.⁺ (2021, October). *Queer Asian American men's racialized dating preferences: The role of internalized racism and resistance and empowerment against racism*. Oral presentation delivered virtually at the Annual Asian American Psychological Association Convention.
32. **Le, T.P.**, Bradshaw, B.T.,* Pease, M.,* & Kuo, L.* (2021, August). *An intersectional investigation of Asian American men's muscularity-oriented disordered eating: Associations with gendered racism and masculine norms*. Oral presentation delivered virtually at the 129th Annual Convention of the American Psychological Association.
31. Yamasaki, V.,* & **Le, T. P.** (2021, August). *Family matters: The impact of traditional and egalitarian gender role messages on Latinx LGBTQ+ risky sexual behaviors through alcohol use and internalized stigma*. Poster presented virtually at the 129th Annual Convention of the American Psychological Association.
30. Pease, M.*, **Le, T.P.**, & Iwamoto, D. K. (2021, August). *Minority stress and transgender young adult mental health: The mediating role of gender dysphoria and emotion dysregulation with implications*

in the COVID-19 era. Poster virtually at the 129th Annual Convention of the American Psychological Association.

29. **Le, T. P.**, Pease, M.,* & Chijioke, S.* (2021, August). *Men's preference for a masculine beverage: Examining masculinity threat, drive for muscularity, and body appreciation as predictors.* Poster presented virtually at the 129th Annual Convention of the American Psychological Association.
28. Yang, N., Jankauskaite, G.,[†] Gerstenblith, J.A.,[†] Hillman, J.,[†] Wang, R.J.,[†] **Le, T.P.**,[†] & Hill, C. E. (2021, August). *Authenticity in Counseling Psychology doctoral students: Facilitating and hindering forces.* Poster presented virtually at the 129th Annual Convention of the American Psychological Association.
[†]indicates equal contribution to manuscript
27. **Le, T.P.**, Hsu, T., & Raposa, E.B. (2021, January). *Effects of natural mentoring relationships on college students' mental health: The role of emotion regulation.* Research panel presentation delivered virtually at the 11th Annual National Mentoring Summit.
26. **Le, T.P.**, & Forestell, C.A. (2020, November). *Unpacking the association between conformity to feminine norms and disordered eating: Restrained and emotional eating as mediators.* Poster presented virtually at the 54th Association for Behavioral and Cognitive Therapies Annual Convention.
25. Obleada, K.T., Chae, S.W., **Le, T.P.**, & Vitousek, K.M. (2020, November). *Reliability and validity of the perceived Asian and western media appearance pressure scales: A Chinese developed measure.* Poster presented virtually at the 54th Association for Behavioral and Cognitive Therapies Annual Convention.
24. **Le, T.P.**, Bradshaw, B.T.,* Wang, M.Q., & Boekeloo, B.O. (2020, October). *Discomfort in LGBT community and psychological wellbeing for LGBT Asian Americans: The moderating role of racial/ethnic identity importance.* Oral presentation delivered virtually at the Population Mental Health State of Science Conference, Colorado School of Public Health.
23. **Le, T.P.**, Samee, A.A.,* Pekosz, M.,* & Iwamoto, D.K. (2020, August). *Sexism, empowerment, and alcohol-related problems in college women: Drinking to cope as mediator.* Poster presented virtually at the 128th Annual Convention of the American Psychological Association.
22. Kuo, L.,* Perez-Garcia, S.,* Burke, L.,* Yamasaki, V.,* & **Le, T.P.** (2020, February). *Resistance and resilience: LGBTQ+ Asian American identity through Kpop.* Paper presented at the 16th Annual Graduate Conference on Comparative Literature of the University of Texas at Austin, Austin, TX.
21. **Le, T.P.**, Burke, L.*, & Iwamoto, D.K. (2019, November). *A longitudinal investigation of racial discrimination, distress tolerance, and psychological well-being in African American college students.* Poster presented at the 53rd Association for Behavioral and Cognitive Therapies Annual Convention, Atlanta, GA.
20. **Le, T. P.**, Yamasaki, V.,* Kuo, L.,* (2019, October). *Gendered racial microaggressions, feminism, and Asian American women's eating pathology: An intersectional investigation.* Poster presented at the Asian American Psychological Association Convention, San Diego, California.

19. La Rosa, K. P. & **Le, T. P.** (2019, October). *Facilitating leadership in unsupportive environments*. Dialogue facilitated at the Graduate Student Leadership Institute at the Asian American Psychological Association Convention, San Diego, California.
18. **Le, T.P.**, Pekosz, M.,* Kuo, L.,* Hawkins, T., Yamasaki, V.,* & Iwamoto, D.K. (2019, August). *Masculine norms and men's rape myth acceptance: The mediating role of nurturance*. Poster presented at the 127th Annual Convention of the American Psychological Association, Chicago, IL.
17. **Le, T.P.**, & Iwamoto, D. K. (2019, August). *Discrimination and alcohol-related problems in Asian American students: Drinking to cope as mediator*. Poster presented at the 127th Annual Convention of the American Psychological Association, Chicago, IL.
16. Bansal, P., Sullivan, K.E., Ruogo, J.W., ... **Le, T.P.**, ..., & Estevez, G.C. (2019, August). *Addressing sexual violence and trauma: A content analysis of three Counseling Psychology journals*. Poster presented at the 127th Annual Convention of the American Psychological Association, Chicago, IL.
15. Sullivan, K.E., Bansal, P., Ruogo, J.W., ..., **Le, T.P.**, ..., & Miller, M. J. (2019, August). *Addressing sexual assault and trauma: A content analysis of five school psychology journals*. Poster presented at the 127th Annual Convention of the American Psychological Association, Chicago, IL.
14. **Le, T.P.** (2019, March). *Getting Your Research Published: Demystifying the Authorship Process for Underrepresented Students*. Invited oral presentation given at the 20th Annual National Conference for McNair Scholars and Undergraduate Research, College Park, MD.
13. Kook, Y., **Le, T.P.**, & Raposa, E.B. (2018, November). *Mental health and resource utilization among underrepresented college students*. Poster presented at the 52nd Association for Behavioral and Cognitive Therapies Annual Convention, Washington, D.C.
12. **Le, T.P.**, Brady, J., Kaya, A., & Iwamoto, D.K. (2018, August). *Distinct classes of alcohol use and related problems among Asian American young adults*. Poster presented at the 126th Annual Convention of the American Psychological Association, San Francisco, CA.
11. Tokarsky, M., **Le, T.P.**, Mushiana, S., Farook, M., Garrison, Y., Maung, J., & Phan, V. (2018, August). *Generating future leaders within AAPA: An exploration of the graduate leadership institute*. Interactive session presented at the Asian American Psychological Association Annual Convention, San Francisco, CA.
10. Kaya, A., **Le, T.P.**, Brady, J., & Iwamoto, D.K. (2018, August). *Men who intervene: A grounded theory study on the role of masculinity in bystander intervention for sexual assault*. Poster presented at the 126th Annual Convention of the American Psychological Association, San Francisco, CA.
9. Tse, A.,* **Le, T.P.**, & Iwamoto, D.K. (2018, July). *Depression and sex as moderators of the association between discrimination and alcohol-related problems among Asian American college students*. Poster presentation given at the 2018 McNair Summer Research Institute, College Park, MD.
8. **Le, T.P.** & Forestell, C.A. (2018, February). *The role of conformity to feminine norms on women's food consumption after a negative mood induction*. Poster presented at the 35th Annual Winter Roundtable

Conference on Cultural Psychology and Education at Teachers College, Columbia University, New York, NY.

7. **Le, T.P. & Raposa, E.B.** (2017, October). *The impact of acculturation on Asian and European American college students' daily social experiences*. Poster presented at the Asian American Psychological Association Annual Convention, Las Vegas, NV.
6. **Le, T.P. & Forestell, C.A.** (2017, May). *A caloric preload increases restrained and eaters' evaluation of low calorie foods*. Poster presented at the Association for Psychological Science 29th Annual Convention, Boston, MA.
5. **Le, T.P. & Kook, Y.** (2016, November). *Shedding the silence: A discussion on minority college students' mental health*. Oral presentation given at the BACCHUS Initiatives of NASPA General Assembly National Conference, Kansas City, MO.
4. **Le, T.P. & Forestell, C. A.** (2016, May). *Good mood foods: The effect of induced mood on emotional eaters' attentional bias to foods*. Poster presented at the Association for Psychological Science 28th Annual Convention, Chicago, IL.
3. **Le, T.P. & Wong, A.M.** (2015, November). *NoBody left behind: Creating inclusive eating disorder programming from the biopsychosocial model*. Oral presentation given at the BACCHUS Initiatives of NASPA General Assembly National Conference, Reston, VA.
2. **Le, T. P. & Moss, A. C.** (2015, April). *Having the talk: creating open conversation in peer education*. Oral presentation given at the BACCHUS Initiatives of NASPA Area 12 Conference, Radford, VA.
1. **Le, T. P., Raza, S., & Garg, S.** (2012, November). *Psych 'em out: applying psychological concepts to peer tutoring in writing*. Oral presentation given at the National Conference on Peer Tutoring in Writing, Chicago, IL.

Grants

- Bryn Mawr College Faculty Award and Grant (2025-2026). *Improving Body Image Among Sexual Minority Men: Development and Evaluation of the Male Gaze Rejection Scale*. (\$3,000).
- Bryn Mawr College Digital Research Grant (2023-2024). *Racialized Media and Asian Americans' Mental Health* (\$3,150).
- American Psychological Association Division 50 Student Research Grant (2022-2023). *Sexual Racism and Queer Asian American Men's Alcohol-related Problems* (\$1,000).
- UMD Faculty-Student Research Award (2021-2022). *A Longitudinal Investigation of Sexual Racism and Queer Men of Color's Hazardous Drinking: Resistance and Empowerment Against Racism as Moderator* (\$10,000).
- American Psychological Association of Graduate Students-CSOGD LGBTQ+ Writing Grant (January 2021, \$100).
- UMD Dr. Dennis F. Marion Research Grant (March, 2021), awarded as additional funding for the project below on Asian American men's alcohol use (\$500).
- Asian American Psychological Association Dissertation Research Award, 2021 (\$500 awarded, declined funding).
- American Psychological Association CEMRRAT2 Research Grant for Psychology Students and Recently Graduated Psychologists of Color (December 2020). *Gendered Racism and Asian American Men's*

Hazardous Alcohol Use: The Moderating Role of Resistance and Empowerment Against Racism (\$750).

UMD Bruce Fretz Memorial Research Endowment Award (October 2020). *Gendered Racial Microaggressions and Asian American Women's Body Image: The Moderating Role of Resistance and Empowerment Against Racism* (\$500).

Asian American Psychological Association Stephen C. Rose Scholarship, awarded to one graduate student per year (August 2020). *Sexual Racism and Queer Young Adult Asian American Men's Disordered Eating*. (\$2000).

American Psychological Association of Graduate Students Psychological Science Research Grant for Diversity (February 2020). *Gendered Racism, Masculinity, and Asian American Men's Disordered Eating: An Intersectional Investigation* (\$1000).

UMD Behavioral & Social Sciences Pre-candidacy Dean's Research Initiative Grant (May 2019). *Experimentally Examining the Effect of Masculinity Threat on College Men's Food Preference* (\$750).

W&M Honors Research Fellowship (May 2016). *Feed Your Feelings: Preventing Disordered Eating Through Emotion Regulation* (\$6000, sum includes the below \$3000 grant).

W&M Charles Center Summer Research Grant (April 2016). *Feed Your Feelings: Preventing Disordered Eating Through Emotion Regulation* (\$3000).

W&M Louis E. Catron Artistic Excellence Grant (March 2016). *Advanced Personal Narrative at the Washington University in St. Louis* (\$3612).

W&M Sizemore Journalism Grant (November 2015). *Investigating Factors Underlying Asian-American Suicide and Help-Seeking Behaviors* (\$1000).

W&M Student Research Grant (October 2015). *The Effect of a Preload on Restrained Eaters' Attentional Biases to Foods* (\$500).

W&M Upperclass Monroe Honors Research Grant (May 2015). *The Effect of Induced Moods on Attention to Foods* (\$3000).

W&M Freshman Monroe Honors Research Grant (May 2014). *An Analysis of Eating Disorders Depicted in Memoir* (\$1000).

Awards and Honors

Awards and Honors Received as Bryn Mawr College faculty member

Leadership and Education Advancement for Diverse Scholars Fellow, American Psychological Association, 2025 (deferred due to federal funding cuts)

Early Career Award for Distinguished Contributions to Research, Asian American Psychological Association, 2024

Researcher of the Year Award, Division 51 Society for Psychological Study of Men and Masculinities, American Psychological Association, 2024

Early Career Scholar, The Center for Research on College-Workforce Transitions (CCWT) at University of Wisconsin-Madison, 2024-2025 (\$1,500)

University of Maryland Graduate Awards and Honors

Best Student Paper Prize, *Asian American Journal of Psychology*, 2022 (\$750).

Runner-Up, Terry Tempest Williams Prize for Creative Nonfiction, *North American Review*, 2023

Research Society on Alcoholism Student Merit Award, 2023 (\$475).

Bruce K. Fretz Scientist Practitioner Award, University of Maryland Counseling Psychology Program, 2022 (\$300).

Exceptional Contributions Student Award, Asian American Psychological Association Division on Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning, 2022 (\$500).

Diversity Research Award, Association of Behavioral and Cognitive Therapies Eating Disorders and Eating Behaviors Special Interest Group, 2022 (\$500).
Association of Behavioral and Cognitive Therapies Student Travel Award, awarded for symposium project on Asian Americans' positive body image, 2022 (\$500).
Scholar, NIAAA Grant: Preparing Trainees from Diverse Backgrounds for Alcohol Research Careers (R25AA028464, Flanagan, PI), 2021-2023, Mentor: Robert Miranda Jr., Ph.D.
Dean's Fellowship, University of Maryland, 2022 (\$2,500).
Distinguished Student Scholar Recognition Award on Research, Equity, and Social Justice, Society of Addiction Psychology American Psychological Association Division 50, 2021 (\$250).
Dean's Fellowship, University of Maryland, 2021-2022 (\$25,000).
Dean's Fellowship, University of Maryland, 2021 (\$2,500).
UMD BSOS Excellence in Teaching Award, awarded to one teaching assistant across all behavioral and social sciences, 2021 (\$1,000).
Michael J. Pelczar Award for Excellence in Graduate Study, awarded to two doctoral candidates across all UMD doctoral programs, 2021 (\$2,500).
Outstanding Dedication to Social Justice and Liberation in Counseling Psychology Award, Student Affiliates of Seventeen American Psychological Association Division 17, 2021 (\$100).
Asian American Psychological Association Division on Students Research Award, 2021 (\$500).
Student Convention Award, Asian American Psychological Association Conference, 2021 (\$43.55).
Outstanding Graduate Student Teaching Assistant Award, awarded to top 2% of graduate students at UMD, 2020-2021 (\$417.50).
Graduate Summer Research Fellowship, University of Maryland, 2020 (\$5,000).
Rising Organizers Community Organizing Fellowship, Spring 2020.
Student Travel Award, Asian American Psychological Association Conference, San Diego, CA, 2019 (\$150).
NIAAA Travel Award, American Psychological Association Conference, Chicago, IL, 2019 (\$750).
Jacob K Goldhaber Travel Award, University of Maryland, 2018 (\$400).
Dean's Fellowship, University of Maryland, 2018 (\$2,500).
Honorable Mention, NSF Graduate Research Fellowship Program, 2018.
NIAAA Travel Award, American Psychological Association Conference, San Francisco, CA, 2018 (\$750).
Asian American Psychological Association Graduate Institute Leadership Fellow, 2017 (\$500).
Dean's Fellowship, University of Maryland, 2017-2021 (\$17,500).
Travel Award, University of Maryland, 2017-2018 (\$1,000).

William and Mary Undergraduate Awards and Honors

Excellence in Research in Psychology Prize, given to one graduating Psychology major, 2017 (\$500).
Tiberius Gracchus Jones Prize in Creative Nonfiction, 3rd place, 2017 (\$100).
Honorable Mention, NSF Graduate Research Fellowship Program, 2017.
University of North Carolina at Chapel Hill Diversifying Clinical Psychology Scholar, selected as one of 24 out of over 160 applicants, 2016.
Student Leadership Development Conference Travel Award, 2016-2017 (awarded twice, \$300 each).
David C. Jenkins Memorial Scholarship in Creative Nonfiction, awarded to one student per genre, 2015 (\$3000).
Monroe Scholar (awarded to top 5% of each class year), Fall 2013 – May 2017.

Advisee Awards and Honors

Anadys Rodriguez, undergraduate research assistant: 2024 Bryn Mawr Summer Science research program (\$5000), 2025 APA SUPER Fellowship (\$5000), 2025 BMC Frances Velay Science Research Fellow (\$500)

Gioanna Zhao, undergraduate research assistant: 2024 Bryn Mawr Summer Science research program (\$5000)

Priyanka Regmi, undergraduate research assistant: 2024 Bryn Mawr Summer Science research program (\$5000)

Xiaoyin (Miracle) Liu, undergraduate research assistant: 2024 Bryn Mawr Summer Science research program (\$5000), 2024 BMC Frances Velay Science Research Fellow (\$500), 2024 BMC Dean's Office Award for Conference Travel (\$450)

Liujun (Cynthia) Chen, undergraduate research assistant: 2024 Bryn Mawr Summer Science research program (\$5000), 2024 BMC Dean's Office Award for Conference Travel (\$450)

Sara Mayungo, undergraduate research assistant: 2024 Bryn Mawr Summer Science research program (\$5000), 2024 Frances Velay Science Research Fellow (\$500)

Phúc Phan, undergraduate research assistant: 2026-2029 National Science Foundation Graduate Research Fellowship Award (\$159,000), 2025 AAPA DoLGBTQQ Student Award (\$500), 2024 NYU QUEST program (\$5000), 2024 APA SUPER Fellowship (\$5000), UF Undergraduate Student Travel Award (\$500, awarded 2x), Association of Behavioral and Cognitive Therapies Asian American SIG Honorarium (\$250)

Manuel Teran Hernandez, graduate student mentee: 2024 NLGBTQ Registration Scholarship (\$360)

Naru Kang, undergraduate research assistant: 2023 UMD Summer Scholars Award (\$3000), 2022 UMD Summer Scholars Award (\$3000), 2021 UMD Summer Scholars Award (\$3000), 2021 BSOS Summer Scholars Award (\$3000, declined to accept the UMD Summer Scholars Award), BSOS Scholarship Award, awarded as one of six recipients (\$1000).

Lily Jin, undergraduate research assistant: 2022 Outstanding Accomplishments in Psychology Award (\$100).

Lindsey Burke, undergraduate research assistant: 2021 PSYC Undergraduate Research Fair People's Choice Poster Award, 2020 UMD BSOS Summer Scholars Award (\$2000).

M Pease, undergraduate research assistant/graduate student mentee: 2025 AAPA DoLGBTQQ Student Award (\$500), 2024 Audre Lorde Open Access Grant for Intersectional Trans Research (\$3000), 2023 American Psychological Association Early Graduate Student Researcher Award (\$2500), 2022-2025 National Science Foundation Graduate Research Fellowship Award (\$138,000), 2022 Mark S. Harper Award for Excellence in Psychology (\$250), 2022 Asian American Psychological Association Graduate Leadership Institute Fellow, 2021 BSOS Summer Scholars Award (\$3000), UMD Spring 2021 LBGT Equity Scholarship, awarded to two students total (\$1500), 2021 Winston Family Honor Award in recognition of their undergraduate honors thesis (\$1000), 2020 UMD Summer Scholars Award (\$3000), 2020 UMD Alumni Association Scholarship, awarded to 30 out of 277 applicants (\$2000), 2020 Dr. Dennis F. Marion Undergraduate Mental Health Research Award, awarded to two students total (\$500).

Sandra Chijioke, undergraduate research assistant: 2021 PSYC Undergraduate Research Fair People's Choice Poster Award.

Madeleine Pekosz, undergraduate research assistant: 2020 Outstanding Accomplishments in Psychology Award, awarded to 10 seniors out of the entire graduating class (\$50).

Vic Yamasaki, undergraduate research assistant: 2019 Outstanding Accomplishments in Psychology Award, awarded to 6 seniors out of the entire graduating class (\$50).

Linda Kuo, undergraduate research assistant: 2018 UMD Summer Scholars Award (\$3000).

Research Supervision Experience

Undergraduate Research Students supervised at Bryn Mawr College

^Tindicates senior thesis student

- Priyanka Regmi, Spring 2025 – present

- Sungwon Bae, Spring 2025 – present
- Adara Alexander, Fall 2024 – present
- Gioanna Zhao, Summer 2024 – present
- Anadys Rodriguez, Summer 2024 – present
- Liujun “Cynthia” Chen, Summer 2023 – present^T
- Maya Chao, Fall 2023 – present
- Xiaoyin “Miracle” Liu, Fall 2023 – present^T
- Sara Mayungo, Fall 2023 – present^T
- Sasha Mikita, Fall 2023 – present
- Julianne Powers, Summer 2023 – Spring 2024^T
- Sankeerthna Vedamtam, Summer 2023 – Spring 2024

Undergraduate Research Students supervised at Haverford College

- Emil Turdukulov, Summer 2024 – present

Undergraduate Research Students supervised at the University of Maryland

- Naru Kang, Summer 2020 – Winter 2023
- Eunice Braimoh, Fall 2020 – Spring 2022
- Lily Jin, Fall 2020 – Spring 2022
- M Pease, Summer 2019 – Spring 2022
- Anika Samee, Fall 2019 – Winter 2021
- Sandra Chijioke, Summer 2019 – Spring 2021
- Lindsey Burke, Fall 2018 – Spring 2021
- Benjamin Bradshaw, Fall 2019 – Winter 2020
- Linda Kuo, Fall 2017 – Spring 2020
- Madeleine Pekosz, Fall 2017 – Spring 2020
- Simone Perez-Garcia, Fall 2018 – Winter 2019
- Vic Yamasaki, Fall 2017 – Spring 2019
- Angel Tse, Summer 2018
- Toria Hawkins, Spring 2018 – Summer 2018

Undergraduate Research Students supervised at other institutions

- Phúc Phan, University of Florida (2023 – present)

Graduate Students informally mentored and supervised on research projects

- Aimee Chan, Clark University (2023 – present)
- M Pease, University of Maryland (2022 – present)
- Manuel Teran Hernandez, University of Maryland (2021 – present)
- Satveer Kler, Southern Illinois University (2021 – 2022)
- Alice Lee, University of Maryland (2020 – 2023)

Clinical Experience

Practicing Psychologist, Bryn Mawr Psychological Associates, July 2023 - present.

Practice Director: Dr. Bradley Norford

Provide evidence-based therapy part time to the broader Philadelphia community and across the country to PsyPact participating states

Predoctoral Therapy Intern, Cambridge Health Alliance/Harvard Medical School, June 2022 – June 2023.

Supervisors: Dr. Sana Sheikh, Dr. Southey Saul, Dr. Aviva Katz, Dr. William Pollack, Ana Baumgart-Schreck, LICSW, Dr. Ben Lê Cook

Responsibilities include providing individual therapy to a caseload of 8-10 patients per week from a trauma-informed, evidence-based, and multicultural/feminist framework, co-facilitating three substance use groups with an emphasis on opioid use disorder, conducting intake and assessment appointments, organizing events as a member of the Asian American Alliance, and executing population health-based research projects

Therapy Extern, University of Maryland Counseling Center, September 2021 – May 2022.

Supervisors: Dr. Shealyn Blanchard, Dr. Michelle Farrell

Responsibilities included providing intake appointments as well as individual time-limited therapy to a caseload of 8 clients per week with an emphasis on evidence-based techniques (e.g., IPT, ACT, DBT) within a multicultural and feminist framework.

Behavioral Health Therapist, Whitman-Walker Health, August 2019 – May 2021.

Supervisors: Dr. Rashanta Bledman, Dr. Jeff DiNardo, Kris Oseth, LPC, Dorin Captari-Scirri, LSW, Nicole Armstead-Williams, LICSW

Responsibilities included providing individual therapy to a caseload of 7-10 clients per week with a range of diagnoses including bipolar disorder, post-traumatic stress disorder, and major depressive disorder in a culturally-sensitive framework that honors clients' unique social identities and the systems of oppression that affect their lives, co-facilitating therapy groups including Dialectical Behavioral Therapy (DBT) Skills Group, Harm Reduction for Substance Use, and Transpectrum, a therapy group for transgender and gender-expansive individuals, and consulting with psychiatrists, social workers, and dieticians about clients' holistic wellbeing.

Clinical Supervisor, University of Maryland Department of Psychology, September 2020 – December 2020.

Supervisor: Dr. Mary Ann Hoffman

Responsibilities included supervising one 1st year Ph.D. student in Counseling Psychology and one 1st year Master's student in School Counseling, both seeing volunteer clients with family of origin and relational concerns.

Assessment Extern, Neuropsychology Associates of Fairfax, May 2019 – August 2019.

Supervisor: Dr. Joanna Luzzi

Responsibilities included administering neuropsychological batteries and writing integrative reports for adults presenting with concerns related to memory, learning, attention, processing speed, and more, with common measures delivered including WAIS-IV, WMS-IV, BVMT-R, WSCT, PASAT, CVLT-II, HVLT-R, Trails Making Tests, Independent Living Scales, PAI, BDI-II, BAI, and more.

Career Practicum Therapist, University of Maryland Counseling Center, February 2019 – May 2019.

Supervisor: Dr. Beth Sperber Richie

Responsibilities included providing individual, evidence-based career counseling to six university students with co-occurring issues (e.g., anxiety, emotional eating), as well as conducting career assessments and interpretation (e.g., Strong Interest Inventory.)

Group Co-Facilitator, The Center for Eating Disorders at Sheppard Pratt Hospital, June 2018 – May 2019.

Supervisor: Dr. David Roth

Responsibilities included co-facilitating two weekly eating disorder groups with an emphasis on interpersonal and cognitive-behavioral processes, recording client notes, and monitoring client progress.

Advanced Practicum Therapist, University of Maryland Counseling Center, September 2018 – December 2018.

Supervisor: Dr. Chandni Shah

Responsibilities included providing individual, evidence-based counseling to five university students (e.g., substance use, trauma, anxiety, depression, body image and eating concerns).

Basic Practicum Therapist, University of Maryland Counseling Center, January 2018 – May 2018.

Supervisors: Dr. Noah Collins, Tangela Roberts M.S.

Responsibilities included providing individual, evidence-based counseling to five university students (e.g., anxiety, depression, trauma).

Pre-Practicum Therapist, University of Maryland Department of Psychology, September 2017 – December 2017.

Supervisors: Dr. Clara Hill, Glenn Ireland, M.S.

Responsibilities included providing individual, evidence-based counseling to one university undergraduate student (e.g. trauma, emotion regulation, relational concerns).

Volunteer, Eastern State Hospital, June 2015 – December 2015.

Responsibilities included providing regular socialization for patients with a wide range of diagnoses.

Volunteer, Northern Virginia Mental Health Institute, May 2014 – May 2015.

Responsibilities included interacting and engaging with patients possessing varying diagnoses in conversation and entertainment.

University/Community Service

Major Advisor, Department of Psychology, Bryn Mawr College, Fall 2023 – onward.

Responsibilities include executing declaration meetings with class of 2026 Psychology majors and guiding students through the Psychology major program.

Speaker, Psychology Colloquium Series, Department of Psychology, Bryn Mawr College, Fall 2023 – onward.

Faculty Advisor, Diversity, Equity, and Inclusion (DEI) Committee, Department of Psychology, Bryn Mawr College, Fall 2024 – Spring 2025.

Responsibilities include guiding three student DEI liaisons in creating department newsletters, facilitating a peer partnership program, and generating and executing events designed to promote social justice within the Psychology department.

Search Committee Member, Assistant Professor of Asian American Literature in Literatures in English, Department of Literatures in English, Bryn Mawr College, Fall 2024 – Spring 2025.

Cofacilitator, Rainbow Reading Room, William Way LGBT Community Center, Philadelphia PA, Fall 2023 – Winter 2024.

Search Committee Member, Assistant Professor in Computational Neuroscience, Department of Psychology, Bryn Mawr College, Spring 2024.

Search Committee Member, Assistant or Associate Professor in Cultural Psychology, Department of Psychology, Bryn Mawr College, Fall 2023.

Panelist, Enhancing Diversity in Alcohol Research Series, Medical University of South Carolina, Fall 2023.

Graduate Student Officer, Clinical Psychology at Liberal Arts Colleges Special Interest Group of the Association of Behavioral and Cognitive Therapies, November 2018 – November 2020.

Responsibilities included taking the initiative to launch independent projects related to promoting evidence-based teaching, research, and clinical practices, which included spearheading the creation of a webinar about attaining and holding a liberal arts academic job, as well as incorporating additional resources about inclusive and anti-racist research student mentorship on the organization's website.

Secretary of Division of Students Executive Committee, Asian American Psychological Association (AAPA), September 2018 – August 2020.

Responsibilities included spearheading projects designed to empower student members of AAPA to strengthen their clinical, academic, and activist work such as a webinar series on pertinent social justice related topics, organizing and recording notes for executive committee meetings, and reviewing applications for the 2019 Graduate Leadership Institute.

President of Diversity Committee, UMD Counseling Psychology Dept., Aug 2017 – May 2022.

Responsibilities included leading social justice and diversity efforts within the UMD Counseling Psychology department, facilitating monthly discussions surrounding various social justice topics (e.g., power and oppression, strategies for activism, etc.) as part of the Social Justice Brownbag program, advertising brownbag discussions to faculty and students within the department, and writing grants to obtain funding to maintain the discussions. Also facilitated 1-10 outreach events per semester to broader UMD and Washington D.C. community on topics related to Asian American mental health and social justice engagement.

President of Mental Health Branch, W&M Health Outreach Peer Educators, May 2014 – May 2017.

Responsibilities included writing and presenting programs to W&M students on eating disorders and body image, minority mental health, positive psychology and resilience, suicidality, and other mental health topics, leading and organizing a team of fellow BACCHUS Certified Peer Educators, structuring campus events with over 100+ student turnouts, and collaborating with other student organizations to promote mental health.

Student Advisor, W&M Counseling Center Advisory Council, May 2014 – May 2017.

Responsibilities included promoting mental health and counseling services to faculty and students, spearheading mental health outreach projects within the William & Mary community, and working with faculty to create a more healthful campus for at-risk students.

Teaching Experience

Instructor of Record, Bryn Mawr College Psychology Department.

- PSYC105 – Introductory Psychology (Spring 2024, Spring 2025)

- PSYCB281 – Laboratory in Counseling Psychology (Fall 2023, participated in Teaching and Learning Institute with student consultant, Hallie Kern, Fall 2024)
- PSYCB320 – Helping Skills: Theory and Practice (Fall 2023, Spring 2024, Fall 2024, Spring 2025)

Instructor of Record, UMD Psychology Dept., Winter 2021, Summer 2021.

- PSYC437 – The Assessment and Treatment of Addictive Behaviors (Winter 2021, Summer 2021). Head instructor for an online, lecture-style course (25-35 undergraduates) that covered a variety of topics related to addictive behaviors, including behavioral, psychosocial, and neurobiological risk factors, treatment approaches including motivational interviewing and harm reduction, and the influence of sociocultural factors such as gender roles, racism, and drug policy. Responsibilities included planning and recording lectures, facilitating office hours, discussions, and review sessions, developing exams, and grading assignments.

Teaching Assistant, UMD Psychology Dept., August 2017 – May 2021.

- PSYC336 – Psychology of Women (Fall 2017, Fall 2020, Spring 2021). Presented guest lectures on gender socialization, gender empowerment projects, and body image and eating disorders both generally and within gender and sexual minority communities. Graded exams and essays. Held office hours to address student concerns.
- PSYC200-WB11 – Statistical Methods in Psychology (Winter 2018). Graded students' exams, papers, and homework. Held online office hours to review course content and address student concerns.
- PSYC432 – Counseling Psychology: Theories, Research, and Practice (Spring 2018). Presented guest lecture on masculinity and mental health. Graded exams, papers, and homework. Met with students to address concerns about course content.
- PSYC353-WB11 – Adult Psychopathology (Summer 2020, Summer 2019, Summer 2018). Graded papers and transferred course content to online format. Met with students to address concerns about course content and professional development.
- PSYC433 – Basic Helping Skills: Research and Practice (Fall 2018). Led three lab sections which entailed providing lectures, guiding discussions, and facilitating practice of helping skills in the therapeutic context. Graded papers, exams, and homework. Met with students to address concerns about course content.
- PSYC354 – Multicultural Psychology in the United States (Spring 2020, Spring 2019, Fall 2019). Presents guest lectures on theories of masculinity and Asian American mental health and the model minority myth. Grades homework and essays. Meets with students to address concerns about course content.
- PSYC432-WB11 – Counseling Psychology: Theories, Research, and Practice (Winter 2020). Graded exams, papers, and homework. Met with students during online office hours to address concerns about course content.

Co-instructor, UMD Office of Diversity and Inclusion, August 2018 – Fall 2021.

Responsibilities included co-instructing a seven-week course with groups of 10-20 students across diverse social identity groups to discuss elements of identity within a social justice framework, as part of the Words of Engagement Intergroup Dialogue Program (WEIDP), which aims to complicate and explore who we are, what we know about each other, and how cultural systems of power impact our lives and relationships.

- EDHI338D – Dialogue on Religion and Spirituality (Fall 2018, Fall 2021)

- EDHI338O – Dialogue on Gender (Spring 2019, Spring 2020)
- Faculty/Staff Dialogue – Dialogue on Race (Summer 2019)
- EDHI338L/CHSE338X – Dialogue on Race (Fall 2019, Spring 2021)
- EDHI338L – Dialogue on Immigration (Fall 2020)

Guest Lecturer, Various Psychology departments, August 2020 – present.

- PSYC410 – Research Methods in Developmental Psychology, The College of William & Mary (Fall 2020). Facilitated discussion about intersectionality in research methods.
- PSYC262 – Community-Based Research Methods, Bates College (Fall 2020). Facilitated discussion about research methods related to race and Asian Americans.

Student Administrator and Consultant, W&M Writing Resources Center (WRC), January 2014 – May 2017. Responsibilities included working with W&M undergraduate and graduate students to improve their writing in a variety of academic disciplines and application essays in one-hour consultations, presenting workshops to a diverse range of peers, leading over twenty trained consultants to orchestrate operations of the WRC, creating a course syllabus and training curriculum geared toward accommodating ESL students, and managing the Statistics Committee by using IBM SPSS to analyze data and demographic information about consultees which equips coworkers and administrators with knowledge and generates funds for the WRC.

Peer Scholarship Advisor, Roy R. Charles Center for Academic Excellence, College of William and Mary, August 2013 – May 2017.

Responsibilities included assisting undergraduate students, graduate students, and alumni applying for various campus and national funding to supplement their undergraduate or graduate educations, communicating with advisees about future academic/career goals, revising application essays, publicizing informational events through various forms of media, and facilitating presentations about scholarships and application processes.

Volunteer, Matthew Whaley Elementary School, Williamsburg, VA, September 2014 – December 2015.

Responsibilities included tutoring students in reading, writing, and math, and organizing books while assisting with other administrative duties in the media center.

Teaching Assistant, W&M Peer Advising Program, Williamsburg, VA, May 2014 – August 2014.

Responsibilities included administrating and grading a summer course for incoming students, supporting incoming students with scheduling planning and preparation, and acting as an informed resource for students about W&M procedures and policies.

Postgraduate Pedagogy Training

Teaching and Learning Institute, Bryn Mawr College, Fall 2023
BIPOC Faculty Circle, Bryn Mawr College, Fall 2023

Invited Talks

Le, T.P., Forbes, N., & Raposa, E.B. (2025, March). Associations between discrimination and first-generation college students' belonging and academic well-being. Invited virtual webinar presentation for the Center for Research on College-Workforce Transitions at the University of Wisconsin Madison, Madison, WI.

Le, T.P. (2025, March). Love isn't colorblind: A critical race research talk on Asian Americans' racialized dating preferences. Invited talk for the Asian American Studies program at Haverford College, Haverford, PA.

Le, T.P. (2023, November). Love isn't colorblind: A critical race research talk on Asian Americans' body image and racialized dating preferences. Invited talk for the Asian American Alliance at Oberlin College, Oberlin, OH.

Other Relevant Publications

5. **Le, T.P.** (2023). If You Believe It. *North American Review*, 308(3).

4. **Le, T.P.** (2021, June 16). Who researches my communities? Speaking out about the white academic gaze. APA gradPSYCH blog. <https://www.gradpsychblog.org/who-researches-my-communities-speaking-out-about-the-white-academic-gaze/#.YMocCqhKg2x>

3. Raposa, E., **Le, T. P.**, & Hsu, T. (2021, May 9). Mentors can help young adults transition to higher education. *Community Psychology Entry Point*. Retrieved from: <https://www.communitypsychology.com/mentors-help-transition-to-higher-education/>

2. **Le, T.P.** (2016, May). Hungers. *The Full Spectrum: A New Generation of Writing About Gay, Lesbian, Bisexual, Transgender, Questioning, and Other Identities (expanded edition)*. Knopf, New York, NY. pp 273-278.

1. **Le, T.P.** (2016, April). No more saving face: Empowering Asian-American Women to seek mental health treatment. *Pulitzer Center on Crisis Reporting*.

Professional Review Activities

Academic journal editorial board membership:

Editorial fellow, *Journal of Counseling Psychology* (2025-2026)

Editorial fellow, *Journal of Psychopathology and Clinical Science* (2025-2026)

Editorial fellow, *Health Psychology* (2024-2025)

Editorial fellow, *Professional Psychology: Research & Practice* (2024-2025)

Editorial fellow, *Psychology of Addictive Behaviors* (2024-2025)

Consulting editor, *Current Psychology* (2024-)

Consulting editor, *Health Psychology* (2025-2026)

Consulting editor, *Professional Psychology: Research & Practice* (2025-)

Consulting editor, *Psychology of Addictive Behaviors* (2025-)

Consulting editor, *Psychology of Men and Masculinities* (2025-)

Consulting editor, *Psychology of Sexual Orientation and Gender Diversity* (2024-)

Consulting editor, *Social Issues and Policy Review* (2024-)

Mentorship related to peer review for academic journals:

Mentor, Student Advisory Board membership of Manuel Teran Hernandez, *Journal of Latinx Psychology* (2024-)

Reviewing for academic journals:

Addictive Behaviors [9], *Alcohol: Clinical and Experimental Research* [1], *Appetite* [3], *Asian American*

Journal of Psychology [4], *Body Image* [9], *Counselling Psychology Quarterly* [1], *Cultural Diversity and Ethnic Minority Psychology* [2], *Current Psychology* [36], *Drug and Alcohol Dependence* [2], *Ethics, Medicine and Public Health* [2], *Frontiers in Public Health* [1], *International Journal of Psychology* [2], *Journal of Clinical Psychology* [1], *Journal of Community Psychology* [1], *Journal of Eating Disorders* [2], *Journal of Gay & Lesbian Mental Health* [2], *Journal of Homosexuality* [2], *Journal of Humanities and Applied Social Sciences* [1], *Journal of Sex Research* [1], *Journal of Sexual Aggression* [3], *Journal of Social and Personal Relationships* [1], *Journal of Studies on Alcohol and Drugs* [1], *Journal of Workplace Behavioral Health* [1], *Mass Communication and Society* [2], *Men and Masculinities* [1], *NORMA: International Journal for Masculinity Studies* [1], *Occupational and Environmental Medicine* [1], *Psychology of Men and Masculinities* [4], *Psychology of Sexual Orientation and Gender Diversity* [8], *Scandinavian Journal of Psychology* [1], *Sex Roles* [3], *Sexual and Gender Diversity in Social Sciences* [3], *Sexuality Research and Social Policy* [1], *Social and Personality Psychology Compass* [1], *Social Issues and Policy Review* [3], *Social Science & Medicine* [1], *Sociology Compass* [4], *Stigma and Health* [3], *Substance Use and Misuse* [2], *Translational Issues in Psychological Science* [7]

Reviewing for publishing companies:

Palgrave Macmillan (2024, book proposal on about intersectional health activism for LGBTQ+ people of color)

Grant reviewing:

APA APAGS Psychological Science Research Grant (PSRG), 2020

Conference reviewing:

Poster Reviewer for Asian American Psychological Association conference (2021, 2022)

Media Appearances

Between Two Palms, Asian American Psychological Association (2024). *Episode 4: Thomas Le, PhD* [Audio podcast].
<https://open.spotify.com/episode/1mZegnhVcKn97pr9yiOw2i?si=f4PYl8zoTmiUnnNcmdsujg>

Professional Memberships

American Psychological Association, 2017 – present.

Diversity, Equity, and Inclusion Committee of Division 50, 2020 – 2021.

Asian American Psychological Association, 2017 – present.

Division on Students, 2017 – 2023.

Division on GLBTQQ, 2017 – present.

Association for Behavioral and Cognitive Therapies, 2018 – present.

Clinical Psychology at Liberal Arts Colleges Special Interest Group, 2018 – present.

Association for Psychological Science, 2015 – 2017.

Psi Chi International Honor Society, 2014 – 2017.