Let’s mark an eventful experience that gives a glimpse into the vast stylistic diversity of world cuisine that has come to define the art of cooking today. From the ancient Chinese traditions of silk and porcelain to the more recent New Wave cuisine, we’re sure to be delighted by the myriad flavors you will devour in Xinjiang.

We’ll experience some of China’s minority groups, who have lived in harmony with their natural surroundings for thousands of years. These regions are both rural and extremely beautiful, offering tens of thousands of restaurants and wineries with a wealth of ingredients carefully crafted with an aim towards environmental ethics. In recent years, they have become a popular destination for food and wine connoisseurs, attracting many tourists to the region each year.

China’s National Tour Director on this 12-day tour is none other than Saskia Subramanian ’88, a Bryn Mawr alumnae/i and the Bryn Mawr Alumnae Association’s National Program Director. He has taught in China for over 12 years and studied in China’s best culinary institutes. He will ensure that our tour is an unforgettable experience.

The trip will begin in Beijing, where we will visit the Forbidden City, the Temple of Heaven, and the Great Wall of China. We will also experience the vibrant nightlife and street food culture of Beijing. Next, we will travel to Xi’an and marvel at the Terracotta Army and the ancient city walls. We will also visit the Shaanxi History Museum, which houses thousands of artifacts that shed light on China’s rich history.

Our next stop will be Chengde, where we will visit the Summer Palace and the Temple of Heaven. We will also enjoy a sunset cruise on the Yangtze River, one of China’s most scenic natural wonders. We will also visit the city of Shanghai, where we will witness the city’s skyline and experience its bustling street food culture.

Conclusion:

This tour will strive to showcase the richness of Chinese culture and cuisine, offering an unforgettable experience for all China Advocates. We’re looking forward to sharing this experience with you and your family and friends.

Saskia Subramanian ’88
Bryn Mawr Alumnae Association
China today espouses producers of some of the finest cuisine in the world. From the country’s wondrous pomegranate pine and the emergence of a new keerying trailer class, fine dining experiences are prized in Chinese society, waiting to evolve. A high-flying Chinese dining is unacquainted with the rest of the world.

The procurement of good food is still piteous to be one of the top ten remaining pleasures. Every Chinese region abounds in its cuisine, which means the best way of experiencing China is through tasting its food. Since your tour passes through many of the country’s (and China’s) many opportunities to delight such provinces’ culinary specialties and grow the country’s cultivation, the country’s culinary influence, it is unlikely (yetYour any aldhol strike that just post the splendid eating programs that you still enjoy on your trip.

SHANGHAI: Being at the center of the spirit trade, it is no wonder that the foods of Shanghai have a rich influence along Asia’s East, Eastern Asia, and the Middle East. The Yunnan province could dominate many of their specialities as well poblados de hortalizas and local and food-focused with Cantonese, pepper, and duck. Falafel, in many’s case, a deep-fried meat cutlet that is eaten with sauces, comes together to create a whole. Soup, once often filled with lemon soup studded by beef and tinned which shank for the length of the length while becoming its components. The art of piling noodles is a major accomplishment at the chef’s hands. A hump of flour rests among a dozen of delicate elements without a single cut from a knife. At the table of a family owned restaurant, in the kitchen of the chief (Uyghur family’s haven), you will have delighted by the myriad flavors you will encounter in Shanghai.

XIAN/SHANXIA: It is known for strong and husky flavors that balance the contributions of its hearty domestication. Lamb and mutton stand in a Chinese flatbread, pullet vegetables, and flour-baked soy sauce and noodles are common sights at street stalls and in restaurants. At Changwang restaurant, you will experience the diversity of Sian dumplings with a banquet consisting of over twenty varieties.

SHANGRA-LA: One doesn’t have to be a traveler of the “Shangri-La,” but in Shanghai you will commonly find fish, nuts, and cheese that is pulled, intended to stir- fried in wine and spirits. Chinese food as light, subtle, and slightly, heavier than other provincial fare, Shanghai food resembles traditional and delicacy over the oil. As the Jenny Garcia Delectable you will be delighted by the tender fish as well as the aromatic combination of ingenuity carefully mixed with an ease and modern.

YOU’RE INVITED: Shanghai

Private Airport Transfers
directly at 415-977-7136 or at china-advocates@airtreks.com.
May 7–11, 2017

**SHANGHAI – CHINA’S FUTURE**

Fly to Shanghai in the morning and be greeted by your guide on arrival.

**May 7 – Shanghai**

Tour the Shanghai Municipal Government Building and the Shanghai Urban Planning Exhibition Hall.

**May 8 – Yangsi River Cruise**

Fly from Shanghai to Chongqing in the morning andthen take a cruise down the Yangzi.

**May 9 – Chongqing**

Examine the collections of the China Three Gorges Museum, with its fine collection of terracotta warriors and horses. Afterwards, visit the airport for flights home. Arrive in the evening.

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**Pre- and Post-Tour Extensions**

**Customize Your Own China Experience**

See the multiculturalism that defines Shanghai with an optional viewing of the Shanghai Acrobatic Show.
May 7 • Depart the U.S. for Beijing
May 8 • Beijing
Arrive in Beijing and proceed to hotel. (l, d)
May 9 • Beijing
Visit the Forbidden City (largest imperial palace complex ever built). See the palace of the Chinese emperors. (b, l, d)
May 10 • Beijing
Explore the Temple of Heaven (a beautiful Chinese imperial edifice). Take a tour of the Temple of Heaven Park. Visit the hall of prayer for good harvests. (b, l, d)
May 11 • Beijing
Continue to explore Beijing. Visit the Great Wall of China. Experience the Great Wall at Mutianyu section. (b, l, d)
May 12 • Beijing
Depart for Xian. Visit the Terracotta Warriors (a unique museum). (b, l, d)
May 13 • Xian
Visit the ancient Chinese city of Xian. See the famous small Wild Goose Pagoda. Also visit the ancient city walls. (b, l, d)
May 14 • Xian
Visit the Historic City of Xi’an. Explore the ancient city of Xi’an. See the ancient city walls. (b, l, d)
May 15 • Xian
Definitive cultural landmarks in all
more than 300 years, this is one of

accommodations: New World Hotel Beijing (1 night)
May 10 • Chengde
Arrive in Chengde, birthplace of 18 emperors in Beijing and learn why
the ancient imperial city offers. Marvel
at any given time.

fearful of life beyond the great
Of China.

designated UNESCO World
Resort at Chengde, where Qing
emperors in Beijing and learn why
the ancient imperial city offers. Marvel
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emperors in Beijing and learn why
the ancient imperial city offers. Marvel
at any given time.
Pay 9 • Beijing–Chengde
May 7–11, 2017*

Spend three days experiencing China. Feast upon the world Wall, the most enduring symbol of China. Wander the Great Market, the center of Kashgar’s commercial life of the 20th century have unearthed more than 10,000 objects. A second day in Xian begins with a visit to the National Museum, with its fine collection of antiquities from the ancient caves in Dunhuang Research Academy to learn Dunhuang art and religious artifacts. The museum director will give us an overview of the Dunhuang Research Institute and its collection of thousands of paintings, sculptures, and manuscripts found within the caves. The visitor will hear an introduction to the Dunhuang’s meditation chambers.

Visit the Wild Goose Pagoda, where the ancient Buddhist scriptures are kept. This is the site of the first great translation of the Buddhist scriptures into Chinese. The magnificent tower is 230 feet high, and the ticket includes a visit to the top, where you can see the ancient manuscripts. The spiritual experience of walking around the pagoda, known as “winding the scripture”, is said to bring good karma.

May 14 • Urumqi
Antique street shopping. Then visit the famous tea store and have a tea ceremony. In the evening, fly to Kashgar and check into the evening. (b,l,d)

May 15 • Kashgar
A morning visit to the city under the Xinjiang Museum, which houses mummies recently excavated. (b,l)

May 16 • Kashgar
The impressive minarets and dome are the grand main hall has intricately carved structure in the central Asian style. The grand main hall has intricately carved arches and windows. If time allows, visit the Gobustan Rock Art Cultural Landscape, which is the oldest rock art in the world. (b,l,d)

May 17 • Dunhuang
A morning departure by train to Dunhuang (soft sleeper) (1 night). In the afternoon, visit the Dunhuang Research Institute, the center of ongoing work of Dunhuang art and religious artifacts. The museum director will give us an introduction to the Dunhuang’s meditation chambers.

Visit the Mogao Caves. Cut into steep cliffs along a riverbed, these caves provide a perfect location for the thousands of Buddhist scriptures. The first four caves were created in 366, and in 1907 Sh советский экспедиция (collective) opened the first cave to the public. Try to visit as many caves as possible. The group will be divided into subgroups. Each subgroup will explore a different section of the caves. The group will meet at the entrance of the caves.

May 18 • Dunhuang
Continue exploring the Mogao Caves. After lunch, return to Dunhuang for a music and dance performance. The Dunhuang Research Academy has been awarded UNESCO’s World Heritage Status in 2000. The event will introduce us to Dunhuang’s performance in the Dunhuang’s meditation chambers. The visitor will hear an introduction to the Dunhuang’s meditation chambers.

Visit the Yongle Temple, where the ancient Buddhist scriptures are kept. This is the site of the first great translation of the Buddhist scriptures into Chinese. The magnificent tower is 230 feet high, and the ticket includes a visit to the top, where you can see the ancient manuscripts. The spiritual experience of walking around the pagoda, known as “winding the scripture”, is said to bring good karma.

May 20 • Shanghai
May 20 • Shanghai
The Mounting of Shanghai is an elegant city that is known for its beautiful gardens, beautiful streets, and beautiful people. The city is also known for its beautiful gardens, beautiful streets, and beautiful people. The city is also known for its beautiful gardens, beautiful streets, and beautiful people.

May 21 • Cruise on the Yangtze
Cruise on the Yangtze River, one of the longest rivers in the world. The Yangtze River is a place of great beauty, and it is also a place of great history. The river is home to many different cultures, and it is also a place of great history. The river is home to many different cultures, and it is also a place of great history.

May 22 • Shanghai
Shanghai is a beautiful city with a rich history. The city is known for its beautiful gardens, beautiful streets, and beautiful people. The city is also known for its beautiful gardens, beautiful streets, and beautiful people.

May 23 • Shanghai
Shanghai is a beautiful city with a rich history. The city is known for its beautiful gardens, beautiful streets, and beautiful people. The city is also known for its beautiful gardens, beautiful streets, and beautiful people.
May 8 • Arrive Beijing

May 9 • Beijing

May 10 • Beijing

May 11 • Beijing

May 12 • Beijing

May 13 • Urumqi

May 14 • Turpan

May 15 • Dunhuang

May 16 • Dunhuang

May 17 • Dunhuang

May 18 • Xian

May 19 • Xian

May 20 • Xian – Shanghai

May 21 • Shanghai

May 22 • Shanghai

May 23 • Shanghai

May 24 • Yichang–Shanghai

May 25 • Shanghai–U.S.
Great Civilizations Along the Silk Road

May 10 • Beijing

Depart the U.S. on your flight to Beijing. (b) 

May 11 • Beijing – Urumqi

Take a morning flight to the charming city of Urumqi, the capital of Xinjiang Province. Tour the historic city of Urumqi with its impressively designed buildings and watch the city transform from a fortress to the heart of this region. The city features the Grand Bazaar, one of the largest and longest covered bazaars in the world. Visit the Xinjiang Academy of Fine Arts to admire the large-scale paintings of the historical events of Xinjiang. (b,l,d)

May 12 • Turpan

Meet with the museum curator to learn about the priceless antiquities from the ancient caves in the Turpan Museum, with its fine collection of Tang paintings, sculptures,写经石, and curios. The Great Market has been operating since the Tang dynasty over a thousand years. It is a hub of local economy and culture. It tour the site of Jiaohe, the ancient city in Jiaohe district, where traditional Islamic life still exists as their ancestors did in a picturesque village. Jiaohe was once an important site for international trade on the Silk Road. (b,l)

May 13 • Dunhuang

View the Kung Fu training site. Visit Dunhuang and explore the Mogao Caves, a network of thousand-year-old Buddhist grottos that erupted into the caves. Examine the collection of the Dunhuang Museum and Art Center. The museum director will give us an overview of the natural and man-made environment. The museum will guide us to visit the site’s collection of Buddhist statues and murals from the 4th century to the 14th century. (b,l,d)

May 14 – May 16 • Shanghai

May 14 • Shanghai

Arrive Shanghai. Enjoy an orientation tour of the city. Visit the Bund and the Waibaidu Bridge. (b)

May 15 • Shanghai

Morning: Visit Shanghai Urban Development Museum, including its traditional and modern buildings. Afternoon: Visit the Shanghai Jacks Hall and the Huangpu River Cruise. (b,l,d)

May 16 • Shanghai

Morning: Visit the Shanghai Urban Planning Museum. Afternoon: Visit the Shanghai Museum. (b,l)

May 17 • Shanghai

Afternoon: Visit the Bund. Evening: Travel to the Old Town of Shanghai. Take a night walk through the Old Town. (b,l,d)

May 18 • Shanghai

Morning: Visit the Shanghai Natural History Museum, including its plant, animal, and mineral exhibits. Afternoon: Visit the Shanghai Zoo, which is home to more than 2,000 species, including many rare and endangered species. (b,l,d)

May 19 • Shanghai – Xian

Arrive Xian. Visit the City Wall and the old town of Xian. (b,l)

May 20 • Xian – Shanghai

Morning: Visit the Wild Goose Pagoda, where the famous Silk Road pilgrim Xuanzang is buried. Lunch at Xijiahuayuan Restaurant. Afternoon: Visit the Shaanxi History Museum featuring replicas of ancient sites and artifacts. Visit the Shaanxi Provincial Museum, home of China’s first terracotta army. Evening: Travel to Shanghai. (b,l,d)

May 21 • Shanghai

Morning: Take a morning flight to Shanghai. Tour the Bund to learn more about the fascinating history of the Bund. Visit the Shanghai Urban Planning Museum. Afternoon: Visit the Shanghai Acrobatic Show, filled with wondrous feats of balance and strength. Evening: Enjoy a perfectly timed dinner at the terrace Four Seasons. (b,l,d)

May 22 • Shanghai – U.S.

After breakfast, check out the hotel and fly to the U.S. (b)

Post-Tour Extensions Shanghai – China’s Future

May 20 – 21, 2017

Stay a bit longer in Shanghai and explore the wheels of change in modern China. Discover the dynamic one-and-a-half-century-old Bund and Puxi cityscape. The Bund’s iconic skyline, with its diverse international architectural styles, offers outstanding views of the Huangpu River. Explore the Shanghai Urban Planning Museum, with its fine collection of Shanghai’s history and culture. The museum offers an immersive, interactive experience with multi-dimensional displays and interactive displays of Shanghai’s architecture. The Shanghai Urban Planning Museum, a state-of-the-art facility, demonstrates how Shanghai has grown from a small fishing village into the world’s leading megacity. The museum’s permanent exhibition is divided into two parts: part 1 explains the historical development of Shanghai and part 2 explains Shanghai’s present and future. Our visit will be followed by an interactive workshop with a Shanghai architect.
**Tour Cost**

- Base air price and does not include international air
- Airfare is not included

**Base Rate (Single supplement**

- Single Supplement: $1,500
- Double Supplement: $750
- Triple Supplement: $500

**Groupons and Airfreight**

- Group airfare is available through AirTreks. This option is $1,300 higher than base airrate.

**Mail-in Deposit**

- Mail-in deposit is available for airfares only. You must mail a $1,100 deposit.

**Not Included:**

- Main tour (minimum of 10 participants)
- All meals not listed in itinerary
- Optional entertainment and cultural activities
- Airfare
- Mailed or faxed confirmations
- Single supplement or triple supplement fees
- Airport taxes
- Train fare
- All sightseeing not listed in itinerary

**Refunds and Surcharges**

- Cancellations up to 91 days prior to departure receive a full refund minus a $250 surcharge.
- Cancellations between 90 and 51 days prior to departure receive a 50% refund minus a $500 surcharge.
- Cancellations between 50 and 31 days prior to departure receive a 25% refund minus a $750 surcharge.
- Cancellations 30 days or less prior to departure receive no refund.

- Overseas cancellations are subject to an additional $150 surcharge.

- All changes to reservations are subject to a $50 surcharge per person.

- No refunds will be made as a result of delays or changes in carriers' schedules.

- Cancellations are subject to a $300 surcharge per person.

**Mail-in Deposit**

- Mail-in deposit is available for airfares only. You must mail a $1,100 deposit.

**Tour Form**

- Please make checks payable to
- Signatures ________________________________________________________ Date __________

**To China Advocates**

4505, or e-mail at info@china-advocates.com with questions and to make a reservation.

**Tour Itinerary**

- Great Civilizations Along the Silk Road, May 13 - 30, 2017
- Chengde Private Tour, June 20 - 29, 2017
- Private Transfers
- Airport Arrival/Departure
- Visa and passport processing fees
- Meals within China
- English-speaking local tour guides
- Bryn Mawr Leader (with a minimum of 15 participants)

**Enclosed is a deposit for $ ____________ ($700 per person) to hold ________ place(s). Please make checks payable to
- Signature ________________________________________________________ Date __________

**Passport Name/s _____________________________________Birth date ___________ _ _ _ _ _ _ _

**Bed Request:**

- Single
- Double
- Smoking
- Nonsmoking

**One Bed Two Beds Smoking Nonsmoking **

**Address:**

- City: __________ State: __________ Zip: __________

**Mail-in Deposit**

- Mail-in deposit is available for airfares only. You must mail a $1,100 deposit.

**Optional Excursions:**

- Beijing Pre-Tour: __________
- Chengde Pre-Tour: __________
- Dunhuang: __________
- Xian: __________

**Accommodations:**

- Type: __________
- Hotel or cruise ship room upgrades, hotel service or accessibility facilities. Please consult with
- Special needs or concerns.

**Special Needs:**

- Meals for specific dietary requirements, a medical condition, or an intolerance. Please consult with
- Special needs or concerns.

**Credit Card Number for Deposit:**

- Number: __________
- Expiration: __________
- Security Code: __________

Please fax, email, or mail Reservation Form, with deposit, to:

China Advocates
350 Brickway Blvd. • Suite 210 • Santa Rosa, CA • 95403

For more information, contact China Advocates at 888-333-2585 or 415-334-5000.
Dear Bryn Mawr Alumnae/i, Family and Friends,

We invite you to join professor Robert Dostal and Bryn Mawr alumnae on this trip to China. This tour offers a unique opportunity to experience China's history, culture, and natural beauty, as well as to connect with fellow alumnae.

**Travel in China:** The schedule allows for international travel on a budget, with the option to extend your stay in China Advocates for additional independent adventures. Tours often take place in the spring or fall, providing a more comfortable climate for travelers. Please confirm your travel dates and arrival/departure times with your travel agent in the U.S. prior to departure.

**Cost:** The cost of the tour does not include international airfare, travel insurance, or excess baggage charges. Rates are per person and do not include international air. Please consult with your travel agent or Bryn Mawr College for more information.

**Reservations:** All payments are non-refundable. Please make any changes or cancellations prior to departure and can be subject to a fee. Your deposit is refundable in the event of a natural disaster or health concerns, though the speed with which this can be refunded may vary depending on the insurance company.

**Cancellations:** A cancellation is valid as a result of the following:

- 90-61 days prior to departure, 25% of cost is refundable.
- 60-31 days prior to departure, 50% of cost is refundable.
- 30-14 days prior to departure, all deposits are non-refundable.
- 13 days or fewer prior to departure, 100% of cost is non-refundable.

**Refunds:** If you make a payment and decide to withdraw,consult with your travel agent for more information. A refund of your deposit will be made to the individual or organization that paid for the tour. Please note that all refunds will be made in the original currency of the payment and may be subject to a fee.

**Environmental Ethics:** The tour is committed to minimizing its impact on the environment and promotes sustainable tourism practices. We encourage all participants to follow the guidelines provided by China Advocates and their partners to ensure a safe and enjoyable trip.

**Tour Leaders:** Robert Dostal is a Rufus M Jones Professor of Philosophy and Intellectual History at Bryn Mawr College. He has visited China many times and has been involved in the study of the Silk Road and its cultural heritage. He has contributed to the nation we know today.

**Tour Itinerary:** The tour includes a variety of activities, such as visits to imperial monuments, ancient cities, and fun-loving middle class restaurants. You will have many opportunities to discover each province's unique lifestyle and experiences.

**Reservations:** Please contact your travel agent or Bryn Mawr College for more information. You can also contact us directly at sdoody@brynmawr.edu or 610-526-5316 to request a brochure or discuss your travel plans.