Ancient Traditions of the Inland Sea of Japan

Kyoto • Hiroshima • Miyajima • Matsue • Himeji • Osaka

A voyage aboard the Exclusively Chartered Small Ship
Five-Star M.S. L’AUSTRAL

April 30 to May 10, 2017
Dear Bryn Mawr Alumnae/i and Friends,

*Konnichiwa!* Experience the timeless splendor of Japan and South Korea by sea and on land, the best way to see the richness of this beautiful region. During this custom-designed nine-night itinerary enjoy two nights on land and seven nights cruising while you explore enthralling ports steeped in the traditions of ancient Buddhist shoguns and Samurai warriors, and admire landscapes dotted with Shinto shrines, imperial castles and meticulous Japanese gardens.

Spend two nights in the enchanting city of Kyoto, its serene landscape brimming with fragrant cherry blossom trees. It was the imperial capital of Japan from A.D. 794 until the mid-19th century and has been the cultural capital of this island nation for more than 1000 years. See its historic UNESCO World Heritage-designated monuments, visit the opulent temples of Ryōan-ji and Kinkaku-ji, the imperial Nijo Castle and stroll through the iconic red-orange torii gates and temple grounds of the Fushimi Inari Shrine.

On board the exclusively chartered, Five-Star small ship *M.S. L'Austral*, featuring only 110 ocean-view Suites and Staterooms, cruise for seven nights from Himeji, Japan, along the coast of the tranquil Inland Sea and South Korea, and visit captivating port calls that showcase five UNESCO World Heritage sites. See the impressive 14th-century Himeji Castle complex, the oldest surviving feudal structure of medieval Japan; walk through the poignant Peace Memorial Park and Museum in Hiroshima following President Obama’s recent historic visit; and tour picturesque Itsukushima Shrine in Miyajima with its awe-inspiring Great Torii Gate. Admire the extraordinary collection of Japanese paintings and ceramic works at the acclaimed Adachi Museum of Art near Matsue, whose impeccable gardens are considered “living Japanese paintings.” In Gyeongju, South Korea, see the glorious Buddhist Bulguksa Temple, which symbolizes the material expression of Buddhist utopia on Earth, and the ancient Silla Kingdom Royal Burial Mounds. Visit the Mekari Shrine, a legendary Shinto shrine juxtaposed with Moji’s contemporary architecture, and just outside the city, walk through the beautiful and sacred 12th-century Akama Shrine, dedicated to the child emperor Antoku. Nearby, observe the lively excitement of a Japanese fish market, known for its locally caught *fugu* (pufferfish), a delicacy of Japanese cuisine.

This unique itinerary is an excellent value featuring Five-Star accommodations and at least one included excursion each day, and it highlights the most beautiful and culturally fascinating ports along Japan’s Inland Sea. This program sells out quickly, so I encourage you to book now while space and Early Booking Savings are available.

Warm regards,

Saskia Subramanian, ’88
President
Bryn Mawr College Alumnae Association

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Study Leader - Sharon Ullman
Professor Ullman is a professor of American history. She specializes in 20th-century America with an emphasis on the Korean War, the Cold War, media studies, memory studies and gender studies. Her recent research has included the ways in which the Korean and Vietnam Wars impacted American society from 1950-1980. Her courses include such topics as “Korea, Vietnam, and the Cold War,” “Political Culture of the Cold War,” and “Movies and History.”
Traditions, Ceremony and Ritual

A mysterious island nation, one of unsurpassed natural beauty and a way of life found nowhere else in the world, Japan and its fascinating culture is laden with ancient spiritual rituals, symbolism, stately ceremony and rich, storied tradition—the beginnings of which originated thousands of years ago. Tea ceremonies, Noh drama, ikebana (flower arrangement, also known as kado or “the way of the flowers”), matsuri (the many seasonal festivals of worship) and classical landscape gardens are just some of the long-held traditions an immersion into Japanese culture will unveil. Look for the four different types of gardens: the paradise garden, kare-sansui (dry landscape) garden, stroll garden and tea garden, each with a different symbolic interpretation. Enjoy the opportunity to stroll the harmonious landscaping of the tranquil Koraku-en Gardens near Okayama. And, perhaps silent contemplation will reveal to you the lessons of the kare-sansui rock garden at Ryōan-ji, Kyoto’s Temple of the Peaceful Dragon, founded in 1450. This garden, one of the most famous in the world, represents the ultimate expression of Zen Buddhism—legend says that only 14 of the 15 rocks in the garden can be seen at once, and only when one attains spiritual enlightenment does the final stone reveal itself.

U.S.
Sunday, April 30
Depart the U.S. and cross the International Date Line.

Osaka, Japan/Kyoto
Monday, May 1
Arrive in Osaka, then transfer to beautiful Kyoto, the impeccably preserved former imperial capital of Japan. Check into the ideally located deluxe KYOTO HOTEL OKURA. The remainder of the day is at leisure.

Kyoto
Tuesday, May 2
In timeless Kyoto, discover an ethereal setting of grand imperial castles, tranquil Zen gardens and graceful Shinto shrines that manifest Japanese culture in its purest form. Many of Kyoto’s ancient buildings and gardens are designated UNESCO World Heritage sites, including grandiose Nijō Castle, built by the shogun of the powerful Tokugawa dynasty (1603 to 1867); iconic Kinkaku-ji Temple, the famed 14th-century Temple of the Golden Pavilion, whose top two floors are adorned completely with gold leaf; and the Ryōan-ji Temple, originally an aristocrat’s villa during the Heian Period (794 to 1185), featuring a famous contemplative rock garden. Drawing inspiration from the Zen gardens of Kyoto, Apple™ co-founder Steve Jobs used Ryōan-ji Temple as a place of meditation and its minimalistic simplicity as the guiding aesthetic principle of the company’s products. Join your traveling companions for a Welcome Reception this evening.

Kyoto/Himeji
Wednesday, May 3
This morning, visit the captivating Fushimi Inari Shrine, one of the oldest Shinto shrines in Japan—the earliest structures were constructed in A.D. 711—and dedicated to the deity of sake and rice. Its thousands of carefully aligned iconic red-orange torii gates lead to the magnificent Inari Mountain.

Cover photo: Miyajima’s Great Torii Gate is thought to be the boundary between the spirit and the human worlds. Photo this page: Kyoto’s UNESCO-designated Golden Pavilion functions as a shariden, housing relics of the Buddha.
Enjoy lunch and a scenic transfer to see the extraordinary Himeji Castle complex, a UNESCO World Heritage site regarded as the oldest and grandest surviving feudal castle in the world, dating from 15th- to 17th-century Japan. Admire this elegant structure, which was crafted entirely out of wood and comprises 83 buildings.

Later this afternoon, embark the Five-Star M.S. L’Austral.

**Hiroshima/Miyajima Thursday, May 4**

Visit Hiroshima’s compelling Peace Memorial Park, a tranquil, urban green space where the remains of the Genbaku Dome, which survived the forces of the atomic bomb, are a designated UNESCO World Heritage site and a universal symbol of peace. See the solemn Children’s Peace Monument and explore the Peace Memorial Museum, which chronicles the history of Hiroshima.

Continue to the small island of Miyajima, or “Shrine Island,” and go ashore via Zodiac to tour the impressive sixth-century Itsukushima Shrine, a UNESCO World Heritage site. See its stunning vermilion Great Torii Gate, which appears to float on water during high tide. Attend the Captain’s Welcome Reception this evening.

**Hagi Friday, May 5**

Originally a small fishing port, the cultural town of Hagi was fortified by Mōri Terumoto in 1604. On the walking tour of the old samurai quarter, where many former samurai dwellings still stand and the roads are lined with original 19th-century earthen walls, visit the early 17th-century Kikuya House, the former residence of a merchant wealthy enough to live among the samurai and one of the best-preserved examples of merchant-style architecture from the Edo Period. Tour the 17th-century Toko-ji Temple, from the Obaku School of Japanese Zen Buddhism, and see its 500 moss-covered stone lanterns honoring the Mōri clan lords. Visit the Hagi Uragami Museum, which displays over 5000 traditional woodblock prints and porcelain pieces.

**Sakaiminato for Matsue Saturday, May 6**

Enjoy a scenic drive through Matsue to tour the acclaimed Adachi Museum of Art. This stunning combination of Japanese art and garden design features a collection of 20th-century paintings and modern art, while the perfectly landscaped gardens, featuring celebrated kare-sansui (dry landscape) gardens seen through the museum’s vast

Walk through the elaborately decorated monuments of ancient Kyoto de...
windows as “living Japanese paintings,” are widely considered to be the best in the country.

See distinctive Matsue Castle, a feudal structure whose five-story keep is the tallest in Japan, en route to the ship for lunch and an afternoon of cruising with lectures by our onboard study leaders.

Ulsan, South Korea, for Gyeongju

Sunday, May 7
Travel across South Korea’s verdant rural landscape from Ulsan to the cradle of the Silla Kingdom (57 B.C. to A.D. 935) in the historic city of Gyeongju. Visit the glorious Bulguksa Temple, a UNESCO World Heritage site and part of a religious architectural complex that represents a material expression of Buddhist utopia on Earth. The complex is divided into three areas—the Vairocana Buddha Hall, the Hall of Great Enlightenment and the Hall of Supreme Bliss—and comprises a series of wooden buildings on raised stone terraces, featuring multiple bridges and two pagodas.

Visit Gyeongju National Museum, which houses priceless archaeological and historical artifacts. Enjoy a specially arranged Korean lunch and a traditional dance performance.

After lunch, visit the Royal Burial Mounds at Tumuli Park where, in 1974, the 43-foot-high Cheonmachong (Heavenly Horse) Tomb, dating from the fifth century, was excavated, revealing over 10,000 royal treasures inside.

Moji, Japan

Monday, May 8
Visit the Mekari Shrine, founded in the third century and uniquely juxtaposed against the modern architecture of Moji along the Kanmon Straits. The shrine was built by Empress Jingu, wife of the 14th emperor of Japan, to give thanks to the gods. Nearby, visit the impressive Akama Shrine, built in 1191 and dedicated to the child emperor Antoku. Then, experience the lively excitement of the Karato Ichiba Fish Market, dominated by locally sourced fugu (pufferfish)—a delicacy in Japanese cuisine—where professional chefs come to purchase the freshest seafood to prepare time-honored recipes and sushi in their restaurants.

Enjoy the Captain’s Farewell Reception on board this evening.

Uno

Tuesday, May 9
From the port of Uno, participate in one of two included excursions. Enjoy a scenic drive to the lovely town of Kurashiki, which translates to “storehouse village,” one of the best-preserved mercantile towns in Japan—its distinctive black and white latticed buildings remain from the 17th-century Edo period. Visit the old merchant quarter and walk among the traditional kara (granary) buildings beside small, tranquil canals framed by languid weeping willows. Or, choose to visit the famous Koraku-en Garden, situated on the outskirts of Okayama. Commissioned by Lord Ikedo in 1700, it is a classic strolling garden divided into three sections featuring bamboo, pine, plum and cherry trees and tea bushes.

Osaka/U.S.

Wednesday, May 10
Disembark in Osaka and continue on the Kanazawa Post-Program Option, or transfer to the airport for your return flight to the U.S.
Five-Star Small Ship
M.S. L’AUSTRAL

Five-Star, State-of-the-Art Design
The exclusively chartered M.S. L’AUSTRAL represents the newest generation of Five-Star small ships, featuring only 110 Suites and Staterooms and distinctive French sophistication.

Elegantly Appointed Suites and Staterooms, 95% with Private Balconies
Each air-conditioned, deluxe Stateroom and Suite (200 to 484 square feet) features a private bathroom with shower, luxurious Five-Star hotel amenities and minibar with complimentary beverages; most have two twin beds that convert into one queen bed. Enjoy accommodation amenities including individual climate control, satellite flat-screen television, wireless Internet access, safe, full-length closet, writing desk/dressing table, plush robes and slippers.

Chic and Casual Dining
International and regional cuisine is served in the stylish, spacious Le Coromandel dining room in single, unassigned seatings; alfresco in the casual Le Rodrigues Restaurant; or from 24-hour room service. Complimentary alcoholic and nonalcoholic beverages are available throughout the cruise. Continental and buffet breakfasts, buffet lunch, afternoon tea and a four-course dinner are served daily. Complimentary wine is served with lunch and dinner.

Spacious Public Areas/World-Class Service and Facilities
In keeping with the low passenger density, the public areas are spacious and inviting and can accommodate all passengers comfortably. Enjoy views from the Panoramic Lounge, nightly entertainment in the Main Lounge and lectures, cultural performances and film screenings in the state-of-the-art theater. There is a library, Internet salon, Sun Deck, swimming pool, beauty salon, spa, Turkish bath-style steam room, full range of fitness equipment and two elevators. The infirmary is staffed with a doctor and nurse. The highly trained and personable, English-speaking, international crew provides attentive service.

Respect for the Environment
The state-of-the-art propulsion system and custom-built stabilizers provide an exceptionally smooth, quiet and comfortable voyage. By design, the ship is energy efficient and environmentally protective of marine ecosystems and has been awarded the prestigious “Clean Ship” designation due to its advanced eco-friendly features, a rarity among ocean-cruising vessels. The ship has two tenders and 10 Zodiacs.
Included Features

In Kyoto, Japan
◆ Two nights in the deluxe KYOTO HOTEL OKURA.
◆ Full buffet breakfast each morning.
◆ Welcome Reception.
◆ Tour of the impressive UNESCO World Heritage-designated Nijo Castle, built by a powerful shogun of the Tokugawa dynasty.
◆ Visit to the magnificent UNESCO World Heritage-designated temples of Ryōan-ji and Kinkaku-ji.
◆ Tour of the iconic Fushimi Inari Shrine to see its thousands of beautiful vermilion torii gates.

Transfer from Kyoto to Himeji, including lunch.

On board the exclusively chartered Five-Star small ship M.S. L’AUSTRAL
◆ Seven-night cruise from Himeji, Japan, with port calls at Hiroshima, Miyajima, Hagi, Sakaiminato for Matsue, Moji, Uno for Kurashiki or Okayama, and Osaka, Japan; and Ulsan for Gyeongju, South Korea.
◆ Elegantly appointed, Five-Star Suite or Stateroom, each with a private bathroom.
◆ Captain’s Welcome and Farewell Receptions.
◆ Complimentary alcoholic and nonalcoholic beverages are available throughout the cruise.
◆ All meals—early continental breakfast, buffet breakfast, buffet lunch, afternoon tea and dinner—throughout the cruise, featuring fine international and regional cuisine, served at single, unassigned seatings.

Enhanced Travel Services
◆ Transfers and luggage handling abroad for participants whose arrival(s)/departure(s) coincide with the scheduled group transfer(s).
◆ All excursions and visits, as outlined above, with experienced local guides.
◆ Gratuities to local guides and drivers on included excursions and transfers.
◆ Complimentary bottled water in your accommodations and on excursions.
◆ Hospitality desk in the hotel and aboard ship.
◆ The services of experienced Gohagan & Company Travel Directors throughout the program.
◆ Travel document wallet, name badge and pre-departure information.
◆ Complimentary use of a state-of-the-art audio headset for each participant during guided excursions.
◆ Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
Ex route to Kyoto aboard the Shinkansen Bullet Train, admire majestic Mt. Fuji, Japan’s highest mountain, in the distance.

**Iconic Tokyo**

**Pre-Program Option**

Begin your journey in Japan's vibrant capital city of Tokyo—an iconic Japanese city brimming with UNESCO World Heritage sites and great cultural significance. Beneath Tokyo's layers of thriving business districts, amid the contemporary architectural achievements and a wellspring of Japanese pop culture, you will find venerable wooden houses fronted by bonsai trees and shrines wreathed in incense smoke—the inherent cultural core of this historic city. Explore Tokyo's most important Shinto shrine—the Meiji Shrine—and the magnificent East Garden and Plaza of the Imperial Palace. Enjoy a full-day excursion to Hakone to view the tallest peak in Japan—the iconic Mt. Fuji—a UNESCO World Heritage site. Experience a high-speed transfer aboard the legendary Shinkansen Bullet Train to charming Kyoto, amongst its landscape of flowering cherry blossom trees. Accommodations are for three nights in the prestigious Five-Star ANA INTERCONTINENTAL HOTEL TOKYO.

**Kanazawa’s Cultural Landscape**

**Post-Program Option**

Step back in time into the remarkably well-preserved city of Kanazawa, dating from the early 16th century. Experience the art of Washi papermaking, a centuries-old Japanese handcrafting tradition, noted on UNESCO’s Intangible Cultural Heritage list. Enjoy an excursion to the UNESCO World Heritage site of historic Shirakawa-go and the village of Ogimachi, famous for its traditional gassho-zukuri (praying hands) farmhouses—a reference to the shape of the roofs. In Kanazawa, visit Kenroku-en Garden, one of the three Great Gardens of Japan, created in the kaiyu-shiki style (many pleasures) for the enjoyment of feudal lords who lived in its 16th-century castle; the Higashi Chaya district with historic teahouses where geisha once lived; and the Nagamachi samurai district. Accommodations are for two nights in the deluxe ANA CROWNE PLAZA KANAZAWA and for one night in the Five-Star ANA INTERCONTINENTAL HOTEL TOKYO. Pre- and Post-Program Options are available at additional cost. Details will be provided with your reservation confirmation.

Ogimachi, the largest village of Shirakawa-go—a UNESCO World Heritage site—is home to dozens of well-preserved, centuries-old gassho-zukuri farmhouses.
**LAND/Cruise Tariff** (per person, based on double occupancy)

<table>
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<tr>
<th>Stateroom Category</th>
<th>Description</th>
<th>Early Booking Price through September 26, 2016</th>
<th>Regular Price after September 26, 2016</th>
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<td>Deluxe Suite</td>
<td>Ocean-view, expansive floor-to-ceiling sliding glass door onto private balcony</td>
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<td>Prestige Suite II</td>
<td>Two-room, ocean-view, expansive floor-to-ceiling sliding glass door onto large private balcony, two bathrooms, large sitting area with sofa, two closets, writing desk and dressing table. Deck 5, Bengale. (limited availability)</td>
<td>$11395</td>
<td>$12395</td>
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<td>Prestige Suite I</td>
<td>Two-room, ocean-view, expansive floor-to-ceiling sliding glass door onto large private balcony, two bathrooms, large sitting area with sofa, two closets, writing desk and dressing table. Deck 6, Mahé. (limited availability)</td>
<td>$12395</td>
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<td>Ocean-view, one large window. Deck 3, Calicut, forward. (limited availability)</td>
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<td>$6795</td>
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<td>Ocean-view, small window and single door onto private, partial wall balcony. Deck 3, Calicut, aft. (limited availability)</td>
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<td>6</td>
<td>Ocean-view, small window and single door onto private, partial wall balcony. Deck 3, Calicut, midship.</td>
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<td>5</td>
<td>Ocean-view, expansive floor-to-ceiling sliding glass door onto private, partial wall balcony. Deck 4, Chandernagor, forward.</td>
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<td>4</td>
<td>Ocean-view, expansive floor-to-ceiling sliding glass door onto private balcony. Deck 4, Chandernagor, midship.</td>
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<td>$9795</td>
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**Ancient Traditions of the Inland Sea of Japan Reservation Form**

Send to: 2017 Inland Sea of Japan
Bryn Mawr Alumnae Association
209 South LaSalle Street, Suite 500
Chicago, Illinois 60604-1446

For more information, please call Gohagan & Company at (800) 922-3088.

Title          Full Name (exactly as it appears on your passport)          Class Year

Street Mailing Address (no P.O. Box number please)
City                          State                          Zip Code

Telephone:             (Home)                          (Mobile)

Email Address:                          (Business)

Preferred Name(s) on Badge(s):          Tour No. 140-04/30/17-178

Program reservations require a deposit of $800 per person plus $200 per person Tokyo Pre-Program Option and/or $200 per person Kanazawa Post-Program Option. By reserving and depositing on this program, you agree to the Release of Liability, Assumption of Risk and Binding Arbitration Agreement as printed on the outside back cover of this brochure.

Enclosed is my/our check(s) for $__________, as deposit.

Check (Business)                          (Limited Availability)

Make checks payable to Thomas P. Gohagan & Company.

I/We authorize you to charge my/our deposit of $__________ to:

Visa                          MasterCard

Card Number                          Exp. Date

Signature as it appears on credit card

All FINAL PAYMENTS are required to be made by check or wire transfer by January 25, 2017.

__ M.S. L’Austral __

Deck 6, Mahé
Deck 5, Bengale
Deck 4, Chandernagor
Deck 3, Calicut
RELEASE OF LIABILITY, ASSUMPTION OF RISK AND BINDING ARBITRATION AGREEMENT

RELEASE OF LIABILITY

Agreement for Todos los Santos, Mexico (2016)

Mr. Johnson, an American medical student, has been exposed to a virus during their trip to Todos los Santos, Mexico. They were bitten by a mosquito which transmitted the virus. The virus is a serious threat to their health and may be life-threatening. They must receive immediate medical attention to prevent further complications.

Mr. Johnson is concerned about the costs associated with their medical care. They have not purchased travel insurance and are unsure if they are covered for medical expenses. They want to know if they can hold the travel agency responsible for their medical expenses.

Is Mr. Johnson entitled to a refund of the trip cost? Can he hold the travel agency responsible for his medical expenses?