

# @ ERDMAN DINING HALL

## DINING SERVICES

AT BRYN MAWR COLLEGE

Saturday 9.30

Sunday 10.1

Monday 10.2

Tuesday 10.3

Wednesday 10.4

Thursday 10.5

Friday 10.6

\* = VEGETARIAN  
V = VEGAN  
Δ = PREPARED WHEAT

### BREAKFAST

Oatmeal V Congee ΔV  
Marble Loaf Bread\*  
Chocolate Muffins V  
Tater Tots  
Berry Pancakes\*  
Turkey Bacon Δ  
Breakfast Sausage V  
Hard Cooked Eggs Δ\*  
Scrambled Eggs \*Δ  
Assorted Bagels\* Doughnuts\*  
Yogurt Bar & Omelet Bar

### BREAKFAST

Oatmeal V Congee ΔV  
Blueberry Muffins\*  
Blueberry Muffins V  
Shredded Potatoes ΔV  
French Toast \*  
Bacon Δ  
Breakfast Sausage ΔV  
Hard Cooked Eggs \*Δ  
Scrambled Eggs \*Δ  
Assorted Bagels\* Doughnuts\*  
Yogurt Bar & Omelet Bar

### BREAKFAST

Oatmeal V Congee ΔV  
Banana Nut Loaf Bread\*  
Apple Crunch Muffins V  
Diced Potatoes ΔV Pancakes\*  
Italian Turkey Sausage Link Δ  
Breakfast Sausage ΔV  
Hard Cooked Eggs Δ\*  
Scrambled Eggs Δ\*  
Yogurt Bar Omelet Bar  
Assorted Bagels\*  
Doughnuts\*

### BREAKFAST

Oatmeal V Congee ΔV  
Oreo Muffins\*  
Strawberry Shortcake Muffin V  
Home Fried Potatoes ΔV  
French Toast Sticks\*  
Bacon Δ Breakfast Sausage ΔV  
Hard Cooked Eggs Δ\*  
Scrambled Eggs Δ\*  
Yogurt Bar Omelet Bar  
Bagels\* Doughnuts\*

### BREAKFAST

Oatmeal V Congee ΔV  
Iced Lemon Loaf\*  
Chocolate Banana Muffin V  
Shredded Potatoes ΔV  
Chocolate Chip Pancakes\*  
Pork Sausage Links Δ  
Breakfast Sausage ΔV  
Hard Cooked Eggs Δ\*  
Scramble Eggs Δ\*  
Yogurt Bar Omelet Bar  
Bagels\* Doughnuts\*

### BRUNCH

Oatmeal V  
Iced Carrot Loaf\*  
Nutella Swirl Muffins V  
Crepe Bar\*  
Buttermilk Biscuits\*  
Pancakes\*  
Hash Brown Patties  
Hard Cooked Eggs Δ\*  
Sriracha Scrambled Eggs Δ\*  
Pork Sausage Link Δ  
Turkey Bacon Δ  
Breakfast Sausage V  
Assorted Bagels\* Doughnuts\*  
Yogurt & Omelet Bar  
Mixed Berry Strata\*

### BRUNCH

Oatmeal V  
Chocolate Chip Muffins\*  
Maple Granola Muffins V  
Waffle Bar  
Buttermilk Biscuits\*  
Raisin Bread\*  
Shredded Potatoes ΔV  
Hard Cooked Eggs Δ\*  
Southwest Scrambled Eggs Δ\*  
Turkey Sausage Δ  
Hickory Smoked Bacon Δ  
Breakfast Sausage V  
Bagels\* Doughnuts\*  
French Toast\*  
Yogurt & Omelet Bar  
Crustless Margherita Quiche\*

### LUNCH

Cheese Pizza\*  
Sausage Pepper Pizza  
Bow Tie Pasta with Lentils & Artichokes V  
Baked Potato Chowder\*  
Mushroom Sesame Tofu Soup ΔV  
Grilled Chicken Breast Δ  
Veggie Griller Sandwich V  
Sweet Potato Fries  
Sweet Yellow Corn ΔV  
Rice & Beans V  
Pasta Piccata  
Grilled Romaine Salad  
Salad Bar Deli Bar  
White Bean & Vegetables VΔ  
Selection of Cookies \*  
Chocolate, Strawberry

### LUNCH

Cheese Pizza\*  
Chicken Fajita Pizza  
Chicken Noodle Soup  
Napa & Tofu Sesame Soup ΔV  
Meatball Sandwich  
Mediterranean Turkey Burger Δ  
Kale Burgers V  
Braised Black Beans ΔV  
Crinkle Cut French Fries  
Brown Rice ΔV  
Broccoli Florets ΔV  
Potato Chips ΔV  
Superfoods Salad  
Salad Bar Deli Bar  
Dark Fudge Brownies \*  
Candy Cake Parfait \*

### LUNCH

Cheese Pizza\*  
Roasted Veggie Pizza\*  
Crab Bisque  
Vegetable Soup ΔV  
Grilled Turkey, Swiss & Sun-Dried Tomato  
Black Bean & Corn Burgers V  
Roasted Eggplant with Spinach, Quinoa & Feta Δ\*  
Tavern Fries  
Haricots Vert ΔV  
Tortilla Chips ΔV  
Grilled Shrimp Salad with Champagne Vinaigrette Δ  
Pinto Beans VΔ  
Brown Rice ΔV  
Salad Bar Deli Bar  
Selection of Cookies \*

### LUNCH

Cheese Pizza\*  
Margherita Pizza\*  
Mornay Chicken Soup  
Tuscan Minestrone ΔV  
Crispy Chicken Tenders  
Black Bean Tostada ΔV  
Grilled Chicken Breast Δ  
Veggie Griller Sandwich V  
Baked Sweet Potato Wedges ΔV  
Sourdough Hard Pretzels V  
Grilled Vegetables with Cilantro ΔV  
Navy Beans ΔV  
Brown Rice ΔV  
Salad Bar Deli Bar  
Antipasto  
S'mores Mousse Parfait\*

### LUNCH

Cheese Pizza\*  
Pepperoni Pizza  
Turkey Rice Soup Δ  
Meatball Tortellini Soup  
Cheese Ravioli \*  
Kale Burgers V  
Char-Broiled Beef Burgers Δ  
Roasted Vegetables ΔV  
Onion Rings  
Potato Chips ΔV  
Kidney Beans with Herbs VΔ  
Brown Rice ΔV  
Italian Hoagie Salad with Oregano Vinaigrette  
Salad Bar Deli Bar  
Selection of Cookies \*  
Salted Caramel Parfait Δ\*

### DINNER

Beef Marsala Curry Δ  
Tandoori Chicken Δ  
Indian Style Baked Tofu ΔV  
Lemony Rice ΔV  
Grilled Chicken Breast Δ  
Indian Fried Cabbage ΔV  
Curry Coconut Roasted Cauliflower ΔV  
Bean Gumbo VΔ  
Brown Rice VΔ  
Grilled Chicken Breast Δ  
Marinara ΔV Farfalle V  
Bolognese Sauce Δ  
Garlic Breadsticks\*  
Cardamom Almond Rice Pudding\*

### DINNER

Pot Roast  
Shepherd's Pie ΔV  
Fried Catfish with Tartar Sauce  
Grilled Chicken Breast Δ  
Roasted Broccoli ΔV  
Oven Roasted Tomatoes ΔV  
Roasted Red Potatoes ΔV  
Beans & Rice VΔ  
Steamed White Rice ΔV  
Garlic Breadsticks\*  
Marinara ΔV  
Bolognese Sauce Δ  
Farfalle V  
Sundae Bar

### DINNER

Stir-Fried Veggies ΔV  
General Tso's Chicken  
Sweet & Sour Mahi Mahi Δ  
Grilled Chicken Breast Δ  
Sesame Napa Cabbage ΔV  
Kung Pao Tofu\*  
Fried Rice ΔV  
Jasmine Rice ΔV  
White Beans & Mushrooms ΔV  
Garlic Breadsticks\*  
Marinara ΔV  
Farfalle V  
Creamy Blush Sauce Δ\*  
Funnel Cake Fries\*

### DINNER

Blended Burger Δ  
Malibu "Burger" V  
Shrimp Po' Boys  
Grilled Chicken Breast Δ  
Macaroni & Cheese\*  
French Fries  
Braised Kale ΔV  
Charred Cabbage Slaw Δ\*  
Roasted Cauliflower ΔV  
Black Eyed Pea Gumbo ΔV  
Marinara ΔV  
Spicy Arrabbiata ΔV  
Penne V  
Garlic Breadsticks\*  
Oreo Cream Pie\*

### NATIONAL TACO DAY

Birria Tacos • Crispy Cod Tacos  
Vegan Tacos V  
Chicken Empanada  
Elotes (Corn)\* • Fiesta Rice V  
Fried Pickled Jalapenos  
Mixed Salad V • Papaya Chunks  
Cucumber Sliced • Black Beans V  
Sautéed Peppers & Onions  
Chili Lime Vinaigrette V  
Chunky Guacamole V  
Strawberry Salsa V  
Cantaloupe Cucumber Salsa V  
Fresh Pico De Gallo V  
Taco Shell & Flour Tortillas V  
Tortilla Chips V Cheddar\*  
Sour Cream • Lima Crema  
Churros\* • Pineapple Tajine V  
Helados • Jarritos  
Watermelon Jalapeno Infused H2O

### DINNER

Flank Steak Arrabiatta Δ  
Braised Calamari Δ  
Spinach & Basil Risotto  
Stuffed Peppers\*  
Grilled Chicken Breast Δ  
Grilled Vegetables VΔ  
Cauliflower & Chickpea Piccata V  
Risotto Milanese Δ  
Olive Oil Pasta  
Parmesan, Chili & Garlic\*  
Veg-head Cannellini Beans ΔV  
Garlic Breadsticks\*  
Marinara ΔV  
Carbonara Shells V  
Gelato Affogato Δ\*

### DINNER

Crispy Chipotle Tilapia with Avocado Sauce Δ  
Chicken Quesadilla  
Zucchini, Poblano Chili & Corn Taco ΔV  
Grilled Chicken Breast Δ  
Braised Black Beans ΔV  
White Rice ΔV  
Jicama Slaw ΔV  
Grilled Vegetables with Creamy Guajillo Chili Δ\*  
Marinara ΔV  
Shrimp Scampi Sauce Δ  
Penne V  
Garlic Breadsticks\*  
Peanut Butter Chocolate Cake\*