

Saturday 4/6

Sunday 4/7

Monday 4/8

Tuesday 4/9

Wednesday 4/10

Thursday 4/11

Friday 4/12

III

BREAKFAST

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* = VEGETARIAN

V = VEGAN

Oatmeal V
Congee ΔV
Marble Loaf Cake*
Chocolate Muffins V
Berry Pancakes*
Turkey Bacon Δ Tater Tots
Breakfast Sausage VΔ
Hard Cooked Eggs Δ*
Scrambled Eggs Δ*
Assorted Bagels* & Doughnuts*
Yogurt Bar Omelet Bar

Oatmeal V Congee ΔV
Blueberry Muffins*
Blueberry Muffins V
Shredded Potatoes VΔ
French Toast*
Hickory Smoked Bacon Δ
Breakfast Sausage VΔ
Hard Cooked Eggs Δ*
Scrambled Eggs Δ*
Yogurt Bar & Omelet Bar
Doughnuts* Bagels*

Oatmeal V Congee ΔV
Banana Nut Loaf*
Chocolate Espresso Muffin V
Diced Potatoes
Pancakes*
Turkey Sausage Patty Δ
Breakfast Sausage VΔ
Hard Cooked Eggs Δ*
Scrambled Eggs Δ*
Yogurt Bar & Omelet Bar
Doughnuts* Bagels*

Oatmeal V Congee ΔV
Oreo Cookie Muffins*
Blueberry Lemon Muffin V
Home fried Sliced Potatoes VΔ
French Toast Sticks*
Hickory Smoked Bacon Δ
Breakfast Sausage VΔ
Hard Cooked Eggs Δ*
Scrambled Eggs Δ*
Doughnuts* & Bagels*
Yogurt Bar Omelet Bar

Oatmeal V
Congee ΔV
Lemon Ice Loaf*
Shredded Potatoes VΔ
Chocolate Chip Pancakes*
Pork Sausage PattyΔ
Breakfast Sausage VΔ
Hard Cooked Eggs Δ*
Scrambled Eggs Δ*
Doughnuts* & Bagels*
Yogurt Bar Omelet Bar

BRUNCH

BRUNCH

LUNCH

LUNCH

LUNCH

LUNCH

LUNCH

Oatmeal V
Pancakes*
Hard Cooked Eggs *Δ
Avocado
Scrambled Eggs *Δ
Iced Carrot Loaf*
Ginger Pear
Muffins V
Buttermilk Biscuits*
Hash Brown Patties
Turkey Bacon Δ
Pork Sausage Links Δ
Doughnuts*
& Bagels*
Breakfast Sausage VΔ
Crepe Bar

Oatmeal V
French Toast*
Hard Cooked Eggs *Δ
Akoori Scrambled Eggs *Δ
Chocolate
Chip Muffins*
Maple Granola
Muffins V
Buttermilk Biscuits*
Shredded Potatoes VΔ
Hickory Smoked
Bacon Δ
Turkey Sausage Δ
Doughnuts* & Bagels*
Raisin Bread
Casserole*
Breakfast Sausage VΔ
Waffle Bar

Turkey Rice Soup Δ
Fire Roasted Tomato Soup V
Caprese Grilled
Cheese Sandwich*
Grilled Chicken Sandwich Δ
Veggie Griller Sandwich V
Seasoned Fried
Potato Wedges
Seasoned Vegetable Medley VΔ
White Bean & Vegetables VΔ
Brown Rice VΔ
Cheese Pizza*
Sausage Pepper Pizza
Asian Noodle Salad
Salad Bar
Deli Bar
Selection of Cookies*
Chocolate Oreo
Mousse Parfait*

Chicken Escarole Soup
Lentil Soup VΔ
Kale Burgers V
Tater Tots
Corn Chips VΔ
Fresh Seasoned Broccoli VΔ
Braised Black Beans VΔ
Brown Rice VΔ
Cheese Pizza*
Chicken Fajita Pizza
Salad Bar & Deli Bar
Crunchy Harvest
Vegetable Salad VΔ
Cherry
Chocolate Parfait*
Dark Fudge
Brownies*

New England
Clam Chowder
Tomato Florentine Soup VΔ
Grilled Turkey Burger
with Onions & Mushrooms Δ
"Chicken" Nuggets V
Mushroom Cheddar
Quesadilla*
Baked Sweet
Potato Wedges VΔ
Fresh Baby Carrots VΔ
Pinto Beans VΔ
Brown Rice VΔ
Cheese Pizza*
Roasted Veggie Pizza*
Pretzel Thins V
Grilled Shrimp Salad
with Honey Mustard Vinaigrette
Salad Bar & Deli Bar
Selection of Cookies*
Really Dirty
Dirt Pudding*

Navy Bean Soup VΔ
Chicken Tortilla Soup
Chicken Fajita
Tofu Fajita V
Pork Fajita
Santa Fe Strata* Δ
Black Bean & Corn Burgers V
Sweet Yellow Corn VΔ
Navy Beans VΔ
Brown Rice VΔ
Cheese Pizza*
Margherita Pizza*
Tortilla Chips VΔ
Quinoa, Kale
& Walnut Salad *
Salad Bar Deli Bar
S'mores Mousse Parfait
Rice Krispy Treats

Creole Seafood Gumbo
Local Mushroom Bisque*
Cheesesteak Quesadilla
Kale Burgers V
Quinoa Pilaf
with Edamame VΔ
Friday Fries
Haricots Vert VΔ
Caesar Salad
with Roasted Red Peppers
Kidney Beans with Herbs VΔ
Cheese Pizza*
Pepperoni Pizza
Brown Rice VΔ
Potato Chips VΔ
Deli Bar
Selection of Cookies*
Caramel Pretzel Parfait* Δ
SEE-THROUGH SALADS
Antioxidant Salad
Chicken Taco Salad
Rainbow Salad

DINNER

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Chicken & Waffles
with Maple Syrup
"Chicken" Strips V
Grits with Shrimp & Bacon
Grilled Chicken Breast Δ
Cajun French Fries
Mustard Greens
& Chickpeas V
Smoked Mushrooms V
Chili Cornmeal
Crusted Tofu V
Marinara VΔ
Bolognese Sauce
Penne Pasta V
Garlic Breadsticks*
Mississippi Mud Cake*

"Meatballs"
with Blush Sauce V
Italian Sausage Lasagna
Grilled Chicken Breast Δ
Spinach Rotolo
with Marinara*
Grilled Rapini
with Garlic Δ*
Oven Roasted Vegetables VΔ
Maple Baked Beans ΔV
Marinara VΔ
Rotini V
Bolognese Sauce
Garlic Breadsticks*
Chocolate Mosaic
Layer Cake*

Jerk Chicken Δ
Island Tilapia Δ
Beef Stew with Peas Δ
Grilled Chicken Breast Δ
Jollof Rice VΔ Fried Plantains
Cabbage & Carrots VΔ
Curry Potato & Chick Peas VΔ
White Beans & Mushrooms ΔV
Johnny Cakes ΔV
Marinara VΔ
Bow Tie Pasta V
Creamy Blush Sauce * Δ
Garlic Breadsticks*
Coconut Cake with Rum Sauce*

Argentine Beef Δ
Chicken
with Red Chimichurri Δ
Hominy Stew
& Quiquirimichi V
Grilled Chicken Breast Δ
Grilled Eggplant VΔ
Charred Carrots
with Goat Cheese & Parsley* Δ
White Rice VΔ
Black Eyed Pea Gumbo ΔV
Chipotle Roasted Potatoes ΔV
Marinara VΔ
Spicy Arrabbiata ΔV
Bow Tie Pasta V
Garlic Breadsticks*
Oreo Cream Pie*

"Chicken" & Dumplings V
Roast Turkey Breast Δ
Grilled Chicken Breast Δ
Kale & Artichoke
Stuffed Portabella Mushroom *
Whipped Yukon Gold
Potatoes*Δ
Herbed Bread Dressing V
Sweet Yellow Corn ΔV
Steamed Leaf Spinach VΔ
Veg-head Cannellini Beans ΔV
Corn Bread* Marinara VΔ
Pesto Sauce* Bow Tie Pasta V
Garlic Breadsticks*
Sweet Potato Pie *

Kalbi
Lentils & Rice VΔ
Scallion Pancakes*
Korean BBQ Salmon
Spicy BBQ Tofu V
Pickled Tarragon Carrots VΔ
Sesame Pepper
Bean Sprouts VΔ
Soy Glazed Shiitake VΔ
Peppered Edamame VΔ
Baby Bok Choy VΔ
Pickled Radish V
Sticky Rice VΔ
Marinara VΔ Carbonara
Penne V Garlic Breadsticks*
Cold Banana Bread Pudding*

Grilled Chicken Breast Δ
Grilled Lamb Burger
with Feta Δ
Greek Chicken Cutlet Δ
Horiatiki Tofu ΔV
Greek Lemon Potatoes ΔV
Greek Spinach &
White Beans ΔV
Fasoulia Green Beans ΔV
Marinara VΔ
Bolognese Sauce
Penne Pasta V
Garlic Breadsticks*
Apple Pie*